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9. Student Pastoral Care
10. WYS’s Got Talents – Photography, Poster Design, MC and a lot more!
11. Membership Recruitment – WYS Alumni Association 伍宜孫書院校友會會員招募

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1. Self-Motivation Fund for Health and Well-being Activities
2. Self-Motivation Fund for Sports Activities
3. Self-Motivation Fund for Green Activities
4. Mingle Fund
5. Be Entrepreneurial! Funding Scheme 創出我天地！資助計劃
6. Service-learning Project Funding Scheme 服務學習項目資助計劃
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Other Activities & Announcements 其他活動及宣佈事項
1. Workshops for Students by Independent Learning Centre (ILC) : Job Hunting & Further Studies Series <New>
2. AIESEC x Xccelerate | Code Up! IT Training & Exchange Program Series | Secure an Overseas Internship in a technological firm in 8 weeks
3. The Photography x Meditation Workshop 禪攝影工作坊
4. The GREEN Hackathon and Innovation Night 2022
5. Sunshine@CUHK Mobile App
6. Multicultural Counselling Service for Non-local Students
7. Community Resources for Emotional Support

College Announcements 院務室櫃台服務時間調整

In light of the surging number of COVID-19 cases and the university work-from-home arrangements, the counter service at the College Office on G/F of East Block will be adjusted as follows starting from 8th Feb 2022 until further notice.

Monday: 8:45am – 1:00pm; 2:00 – 5:30pm
Tuesday - Friday: Closed
Saturday, Sunday and Public Holiday: Closed

Students who need urgent assistance please call 3943 3941 or approach the colleagues at Dean of Students' Office on UG/F for advice. Residents may continue to seek necessary assistance from workmen at 3943 3983 or resident tutors beyond office hours
We urge you to stay vigilant and follow all precautionary measures, including mask wearing, social distancing and frequent handwashing. Your cooperation is crucial in keeping our community safe and healthy. Thank you again for your understanding.

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2. Wu Yee Sun Award for the Most Distinguished Graduating Student 2021/22 - Now Open for Application

The prestigious Wu Yee Sun Award for the Most Distinguished Graduating Student 2021/22 is now open to graduating students of 2021/22 for application:

**Eligibilities**
- Proactive **graduating students of 2021/22 academic year** demonstrating the College motto by participating various activities to broaden horizons; and
- Cumulative GPA reaches 3.4 or above or Top 10% of the corresponding department; and
- Have outstanding contribution to the department / college / university or society

Applicants are required to submit a **Personal Statement** of not more than 1,000 words (English or Chinese) which illustrates his/her personality & aspirations, as well as achievement in demonstrating College motto. A **Letter of Recommendation** written by CUHK Teacher is mandatory.

**Award Amount**
Maximum HK$ 50,000

**Online Application**
Enquiries:
Ms. Karen Yiu (karenyiu@cuhk.edu.hk / 3943 3936)

3. Creativity, Student Development and Talents 2021/22 - Now Open for Application

To recognize the talents and contributions of College students in different areas, the following awards are now open for application:

Please note no selection interview will be arranged for "Outstanding Athletic Achievements Award" and "Social Services Award". For the rest of the awards, only eligible and shortlisted applicants will be invited to selection interviews, and be notified via their CUHK email accounts within 14 days after the close of application. Shortlisted applicants are required to reply their availability before stipulated deadline.

Applicants of “Outstanding Student of the Year Award” and “Student Leader of the Year Award” are required to submit a self-introduction video of not more than 3 minutes.

Selection Panel & Process:
- A selection panel normally consists of two to three Committee Members from College Scholarships & Financial Aid Committee (Sunny Sports Committee for "Outstanding Athletic Achievements Award").
- Applicants will be assessed holistically based on their information submitted on the application form and interview performance.
- Selection panels will consider the number of awards a student applied in the same round of applications.
- GPA is not a deciding factor unless otherwise specified.
- The decisions made by the selection panels shall be final.
More about eligibilities:
https://www.wys.cuhk.edu.hk/college-life-support/scholarships/
(Sort by Type > Awards for Creativity, Student Development and Talents)

**Application Deadline: 7th Mar 2022 (Mon)**

**Enquiries:**
Ms. Karen Yiu (karenyiu@cuhk.edu.hk / 3943 3936)

In accordance with the government’s social distancing measures in view of latest epidemic situation, dine-in service at Wu Yee Sun College Student Canteen is suspended after 6:00pm until 17th Feb 2022.

College Student Canteen adopts the following dine-in and takeaway arrangements:

<p>| | |</p>
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Breakfast</td>
<td>8:15am – 11:00am</td>
</tr>
<tr>
<td>Lunch</td>
<td>11:00am – 2:00pm</td>
</tr>
<tr>
<td>Tea</td>
<td>2:00pm – 4:30pm</td>
</tr>
<tr>
<td>Dinner</td>
<td>4:30pm – 8:30pm</td>
</tr>
<tr>
<td></td>
<td>(Last order for dine-in service is 5:30pm, and takeaway service will be provided)</td>
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In accordance with the government’s social distancing measures in view of latest epidemic situation, Wu Yee Sun College Gymnasium has been closed from 7th Jan 2022 until further notice.

Full-time undergraduate students are now invited to apply for the **Reaching Out Award 2021/22 (ROA)** offered by the HKSAR Government. The award, in the amount of HK$10,000 for each successful applicant, aims to support students in participating in events / competitions (e.g. conferences / forums / workshops / seminars / training camps / competitions / service projects etc.), internships or placements (credit-bearing / non-credit bearing), field / study trips or courses (e.g. foreign language immersion programmes / academic exchange programmes etc.) which are **conducted outside Hong Kong in 2021/22 academic year (1st Sep 2021 – 31st Aug 2022)**.

Kindly note that preference is given to local students and financial need may also be considered. Please visit the link below to learn more about the eligibility and application procedures, and pay special attention to the submission requirements and supporting documents needed. For those who are applying for Term 2 exchange programme, please be reminded to submit the required documents to the College Office before departure.


Application Deadline: **5:00pm, 8th Feb 2022 (Tue)**
Please note that students can only be awarded **once** throughout the entire study programme.

Late applications and incomplete submissions will not be processed.

Enquiries: Ms. Karen Yiu ([karenyiu@cuhk.edu.hk](mailto:karenyiu@cuhk.edu.hk) / 3943 3936)

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### 7. Rance Lee Mentorship Programme – Open for Enrollment

With the initiation of our CUHK alumnus Mr. Sai-Yung Lau and the generous funding support of our CUHK alumni Mr. Albert Wu and Mr. Philip Li, this programme has been restructured.

The group-to-group mentor-mentee model, which is comprised of senior mentors, alumni mentors and student mentees, will be adopted. With the support of alumni mentors, a new element of this programme, it is believed that the bonding within a group or among WYS members will be stronger.

This programme aims to promote a multi-functional social networking for
- Providing practical advice and assistance
- Sharing information and interests
- Nurturing close friendship and emotional support

This programme offers a lifelong membership for all the participants. It is now open for enrollment. Should you be interested in it, please click this [link](https://www.wys.cuhk.edu.hk) to register.

For details, please check out College website
[https://www.wys.cuhk.edu.hk/whole-person-development/mentorship/](https://www.wys.cuhk.edu.hk/whole-person-development/mentorship/)

For enquiries, please contact Miss Florence Tsui at 3943 9767 or e-mail [florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk)
8. “Meet the Dean” Hours 輔導長時間

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Enquiries:
Ms. Sammy Kwan (sammykwan@cuhk.edu.hk / 3943 9775)
Miss Florence Tsui (florencetsui@cuhk.edu.hk / 3943 9767)
Miss KiKi Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

9. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON’T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please email sammykwan@cuhk.edu.hk for arrangement.

2) You may also approach the University’s Wellness and Counselling Centre at 3943 7208 for help.

3) A 24-hour Emotional Support Hotline at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

10. WYS’s Got Talents – Photography, Poster Design, MC and a lot more!
Are you interested in or excellent at any of the fields below?

--- Photography / Video-production
--- Art & Design (e.g. posters or infographics)
--- Simultaneous Interpretation
--- Master of Ceremonies
--- Audio & Video Support
--- Writing (e.g. creative writing or student reporter in publications)

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don’t hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

Enquiries:
Miss Elsus Yeung (elsusyeung@scuhk.edu.hk/ 3943 3934)
Ms. Sammy Kwan (sammykwang@scuhk.edu.hk) / 3943 9775

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College Funding & Awards Schemes

1. Self-Motivation Fund for Health and Well-being Activities

*Self-Motivation Fund for Health and Well-being Activities* encourages students to participate in various kinds of health and well-being activities in order to strengthen your physical health and mental wellness.

**Eligibility:**
For Wu Yee Sun College students who participate in health and well-being activities organized by organization(s) other than the College.

**There are two categories of activities you can apply:**

**(i) Health and Well-being Activities**

*Examples:*
Healthy Cooking Class, Trial Course on Musical Instruments, Course about Nutrition or Chinese Medicine, Mindfulness Workshop, Mental Health First Aid Course

*Funding amount:* Maximum $1500 or Up to 60% of application fee and course fee (whichever is lower)

**(ii) Qualification Courses for Health and Well-being Instructors**

*Examples:*
Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course, Art or Music Therapy Instructor Course

*Funding amount:* Maximum $3000 or Up to 60% of course fee (whichever is lower)

Take a look at the guidelines and the reflection template to start your healthy life now!!!

2. Self-Motivation Fund for Sports Activities

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities and qualification courses for sports coach, in order to live up the spirit “Sports for Everyone”.

**Funding Amount:**
Sports Activities: Maximum $1500 or Up to 60% of application fee and course fee (whichever is lower)
Qualification courses for sports coach: Maximum $3000 or Up to 60% of course fee (whichever is lower)

Take a look on the guidelines and report template, and challenge yourself with different activities.


Enquiries:
Ms. Elsus Yeung ([elsusyeung@cuhk.edu.hk](mailto:elsusyeung@cuhk.edu.hk) / 3943 3934)
Self-Motivation Fund for Green Activities encourages students to participate in various kinds of green activities and qualification courses for instructors of green activities that promote sustainability and environmental consciousness.

**Funding Amount:**
- Green Activities: Maximum $1500 or Up to 60% of application fee and course fee (whichever is lower)
- Qualification courses for instructors of green activities: Maximum $3000 or Up to 60% of course fee (whichever is lower)

Take a look on the guidelines and reflection template, and challenge yourself with different activities.


**Enquiries:**
Ms. Sonia Yu (soniayu@cuhk.edu.hk / 39433937)

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Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of both local students and international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK$100 subsidy for the activity.

More Details: [https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/](https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/)

Enquiries:
Miss Kiki Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

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5. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Grab the chance, be creative!

**Be Entrepreneurial! Funding Scheme** supports students to implement various short-term projects fulfilling college’s core values of **creativity, entrepreneurial spirit, and social responsibility**.

All undergraduate students, regardless of discipline and year of study, are welcome to submit application all year round. **The maximum funding amount is up to HK$20,000!**

Online application is now available, simply submit your application through one click - [https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13638278](https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13638278)

Check out the details through this [link](https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13638278).

**Enquiries:**
Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)
6. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College’s Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:
Miss KiKi Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)
The Global Learning Award Scheme (GLAS) aims to encourage students to initiate or participate in non-local academic or experiential learning programmes with the main purpose of LEARNING. Applicants will be awarded the “Global Learning Award” and receive the award amount after completing all post-trip requirements on time.

Students can apply funding for the self-initiating trips, overseas programmes, and virtual programmes. For further details, Please refer to college website for application guidelines.

<table>
<thead>
<tr>
<th>Round</th>
<th>Applying for trips taken during</th>
<th>Application period</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(for trips overlapping both rounds, first date of the trip shall determine the application period)</td>
<td></td>
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<tr>
<td>Summer</td>
<td>May 1 – Oct 31</td>
<td>Dec 1 – Apr 30</td>
</tr>
</tbody>
</table>


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If you are interested in organizing activities to promote cross-cultural integration, we support you to kick-start your plan!

The Internationalization Activity Fund aims to support students or student bodies to organize college- or hostel-level extracurricular activities which promote internationalization and inter-cultural exchange opportunities among members of the WYS community.

**Eligibility**
1. All registered WYS student associations will be eligible for applying for financial support from the Fund.
2. Local and non-local student bodies/students are also encouraged to apply for the funding to organize activities for promoting campus integration and cohesion.
3. At least 70% participants should be local undergraduate students.

**Examples**
- Experience of Clothing, Dining, Living & Transport in Hong Kong
- Hong Kong Sightseeing Tram Tour
- Thanksgiving Festival Celebration
- Korean Night

**Funding Amount:** Maximum $20,000


**Other Activities & Announcements**

1. Workshops for Students by Independent Learning Centre (ILC):
   Job Hunting & Further Studies Series
The ILC has two collaborative workshops with the University Library. Interested students please find the details below:

Workshop 1:
**All You Need to Know about Preparation for Further Studies – From Searching for Information to Writing Personal Statements**
**Date**: 9th Feb 2022 (Wed)
**Time**: 2:30pm - 4:15pm

Workshop 2:
**All You Need to Know about Job Hunting – From Searching for Information to Composing CVs & Attending Interviews**
**Date**: 22nd Mar (Tue)
**Time**: 2:30pm - 4:15pm


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Becoming a Global Tech Talent?

Are you ready to compete in the tech world? Are you ready to upskill and unleash your next best self? Are you ready to prepare yourself for the jobs of tomorrow? Whether you want to supercharge your career or hone your skills by learning the most in-demand tech skills today, the following beginner-friendly courses offered by Xccelerate are here to offer you a great deal.

Course overview

<table>
<thead>
<tr>
<th>Date</th>
<th>February - March 2022</th>
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<tbody>
<tr>
<td>Time</td>
<td>7:30p.m. - 9:30p.m. (or 10:30p.m.)</td>
</tr>
</tbody>
</table>
| Track      | 1) Website Development for Absolute Beginners  
             2) User Experience Designer |
| Scale      | 30 students per class |
| Mode       | Hybrid |
| Venue      | Innoport, CUHK (TBC) |

* For detailed course information will be available [here](#).
Guaranteeing an overseas internship?

Possible to embark on my tech career journey within just 8 weeks and successfully land an internship offer? If that’s your concern, take it easy, we’ve got you covered. We promise that you will be learning the most in-demand skills with one-on-one personal assistance; also giving you an opportunity to springboard yourself into the tech field through our Global Talent (Internship) Extension.

Find it intriguing? Click on Apply Now to grab this chance!

Click here for more information about application instructions and course descriptions. If you have any questions about this programme, please email chit.wong@aiesec.net or contact Manager of Global Talent, Chit Wong at +852 96769509.
3. Photography x Meditation Workshop  禪攝影工作坊

Photography x Meditation Workshop

To experience Mindfulness from Photography
Mindfulness is to feel and present the moment without judgement

Time (Venue):
Class A: 19 Feb 2022 (Sat) 10am-1pm (Sir Run Run Shaw Hall)
Class B: 19 Feb 2022 (Sat) 2pm-5pm (Sir Run Run Shaw Hall)
Class C: 21 Feb 2022 (Mon) 10am-1pm (Shaw College)
Class D: 21 Feb 2022 (Mon) 2pm-5pm (Shaw College)

Target: CUHK Students, Staff & Alumni
Quota: 4 classes, 40 persons per class
Fee: $100 (Refundable upon completion of programme for undergraduate students)

截止日期: 2022 年 1 月 26 日 (星期三)
查詢: 徐小姐 (adatsui@cuhk.edu.hk / 3943 1549)

To experience Mindfulness from Photography
Mindfulness is to feel and present the moment without judgement

Time (Venue):
Class A: 19th Feb 2022 (Sat) 10am-1pm (Sir Run Run Shaw Hall)
Class B: 19th Feb 2022 (Sat) 2pm-5pm (Sir Run Run Shaw Hall)
Class C: 21st Feb 2022 (Mon) 10am-1pm (Shaw College)
Class D: 21st Feb 2022 (Mon) 2pm-5pm (Shaw College)

Target: CUHK Students, Staff & Alumni
Quota: 4 classes, 40 persons per class

從攝影體驗禪修
用心感受，呈現原貌，接受而不判斷，這就是禪
4. The GREEN Hackathon and Innovation Night 2022

Registration for the GREEN Hackathon and Innovation Night (26th Feb 2022) is now open!

The GREEN Hackathon and Innovation Night 2022 is organised by GREEN Hospitality and funded by the Innovation and Technology Commission*. This event is a unique space for innovators, hospitality employees, and youth to collaborate and create practical solutions for the environmental challenges faced by the Hospitality industry. The theme this year is "Circularity in Hospitality - Transform Waste into Innovative Marketable Products & Solutions". Teams will be encouraged to focus on creating solutions either on Food, Textile or Packaging innovation. If you are a creative person and are interested in these topics, come and join us!

Winning prizes include exciting internship opportunities for university students at The Mills Fabrica, a cash prize and more. The Hackathon will also be a professional opportunity to meet and be mentored by hospitality, innovation and social impact experts and a chance to showcase your ideas to investors and representatives of start-up incubators.

**REGISTER HERE**, as part of a team or as an individual to take part in the GREEN Hackathon and Innovation Night 2022.

We look forward to seeing all you fellow changemakers there!

Best regards,

Fee: $100 (Refundable upon completion of programme for undergraduate students)
Application Deadline: 26th Jan 2022 (Wed)
Enquiries: Ms. Ada Tsui, Shaw College (adatsui@cuhk.edu.hk / 3943 1549)
The GREEN Hospitality Team

*Events are subject to change without prior notice

**Acknowledgment & Disclaimer: This event is funded by the Innovation & Technology Commission of the HKSAR.

Any opinions, findings, conclusions, or recommendations expressed in this material/event (or by members of the project team) do not reflect the views of the Government of the Hong Kong Special Administrative Region, the Innovation and Technology Commission, or the Vetting Committee of the General Support Programme of the Innovation and Technology Fund.

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5. Sunshine@ CUHK Mobile App

The Sunshine@CUHK Mobile App is now available to download for free!

iOS: https://apple.co/3qKoTDK
Android: https://bit.ly/3wS5JNt

The mobile app is a wellbeing app where students would be engaged in various mental wellness related exercises and counselling hotline/services on the go. Key features include Mood Diary and Mindfulness Exercise. Students could have a more systematic view of their emotions and mood trends by recording their moods in the Mood Diary. Another feature, Mindfulness Exercise, assists students to face the emotional ups and downs with an opening and accepting attitude.

What’s more, Seek Help and Aid Button provide lists of major community resources for students to seek help both within and outside CUHK including community online counselling services and 24-hours counselling hotlines, all-at-a-glance and just a click away.
6. Multicultural Counselling Service for Non-local Students

To strengthen counselling support to non-local students, Wellness and Counselling Centre is launching a pilot programme to provide multicultural counselling service to non-local students. The service will be provided by native Putonghua or English speaking counsellors from an external counselling service provider, St. John's Cathedral Counselling Service (https://www.sjcshk.com/). Subject to the availability of their counsellors, counselling sessions might also be conducted in other languages such as Dutch, French, Spanish, Japanese, Korean, Hindi and Sindhi. For more details, please visit: https://www.osa.cuhk.edu.hk/services/multicultural-counselling-service for more information.

7. Community Resources for Emotional Support

<Samaritan Befrienders HK>
Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

24-hour Hotline: 2389 2222
Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

Suicide Crisis Intervention Centre: 2341 7227 for appointment
Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

Family Helpline: 2319 1177
Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

To unsubscribe, please email us at info.wys@cuhk.edu.hk.