The Sunny Bi-Weekly 7th June 2021

Sunny Review 上周回顧
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2. Overseas Alumni Sharing - Australia & Sweden <New>

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Sunny Review
1. Wisdom in Hold, Elegance in Mold: Hong Kong Inter-Primary School Chinese Proficiency Competition 腹有詩書 — 全港小學校際中國語文常識問答比賽
Organized by Master Insight.com, sponsored by Standing Committee on Language Education and Research (SCOLAR) and supported by Wu Yee Sun College, the event “Wisdom in Hold, Elegance in Mold: Hong Kong Inter-Primary School Chinese Proficiency Competition” was held on 29th May 2021 (Sat) at YIA of the Chinese University of Hong Kong. The competition aims to encourage students to read more Chinese books and raise their interest in learning Chinese language and culture through joining the competition. Professor Anthony T.C. Chan (陳德章教授), College Master, Professor Kam-fai Wong (黃錦輝教授), Associate College Master, Professor Ming-kay Poon (潘銘基教授), Dean of Students also attended this event on that day to show support to the teams. After the keen competition, the champion went to the team of Ying Wa Primary School.

2. Overseas Alumni Sharing - Australia & Sweden
The second session of the Overseas Alumni Sharing Series was conducted by Miss Alice Hon (Sociology/2019) and Miss Queenie Law (Government and Public Administration/ 2019) on 25th May 2021. Miss Hon and Miss Law shared how they decided to pursue further studies in Australia and Sweden, the challenges they have encountered and the differences in learning style between studying in Hong Kong and other foreign countries. They further shared tips of applying Master’s degree with students and alumni.

We were grateful to Dr Christelle Davis, Lecturer of English Learning and Teaching Unit and Member of Student Exchange Committee, for moderating the Sharing Session.

College Activities

1. Overseas Alumni Sharing - France
Have you ever imagined working in the place where you have exchange? In the third session of the Alumni Sharing Series, we have invited Miss Ceci Yip (Hotel and Tourism Management/2016) to share with us her journey from taking exchange to working in Lille, France.

Register now to know more about the path and get some inspirations from her!

Date: 10th Jun 2021 (Thu)
Time: 6:30 pm
Format: Zoom
Moderator: Dr Celeste Ewig (Senior Lecturer, School of Pharmacy)
Medium: English

Registration:

Ceci Yip graduated from Hotel and Tourism Management in 2016, currently living and working in Lille, France. Her journey in France commenced during the exchange programme in Year 3. The semester in Lille was an eye-opening experience and she fell in love with the French language, culture and the people. After graduation, she joined a travel agency specializing in corporate events and incentive tours. Later, she joined Decathlon Hong Kong as a basketball sport leader, this job opened another door for her and led her back to France. Now she is based in the headquarter of Decathlon France as a freelance content writer and workshop facilitator.

Enquiries:
Miss Kiki Chan (3943 3935 / kikiwkchan@cuhk.edu.hk)
Miss Rachel Poon (3943 3942 / rachelpoon@cuhk.edu.hk)

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你仲記唔記得某年某日，記得當時見到嘅景物？舊地重遊，有些事、有些人與物也許只存留在自己心底之中。

我哋WYS clab以「舊日時光」為主題，舉辦布匹設計比賽，不妨設計出你心底的那個「舊日時光」，於6月17日前把作品遞交到 wysclabcuhk@gmail.com

詳見海報資料。
College Announcements

1. New College Members新增書院成員

The following CUHK staff members have recently joined Wu Yee Sun College as teacher affiliate. Warm welcome from all the Sunnies!

Professor Jacque P.K. IP 葉栢勤教授
Assistant Professor, School of Biomedical Sciences
BSc (Sydney); PhD (HKUST)

Prof. IP obtained his B.Sc. in Biochemistry from the University of Sydney with first class honours and university medal, and then received his Ph.D. in Biochemistry at The Hong Kong University of Science and Technology (HKUST). He received further post-doctoral training at the Picower Institute for Learning and Memory, Massachusetts Institute of Technology (MIT). He has devoted his research to investigate the mechanisms of neuroplasticity, and will continue to expand his research focus on how such mechanistic defects result in autism-related disorders through the use of multidisciplinary approaches. The foundation of his research builds on bridging the gaps between disciplines, particularly in molecular and system neuroscience, and also the gap between neurobiological research and problems in human medicine. His long-term goal is to apply multidisciplinary cutting-edge neurotechnology to probe brain function in health and disease.
Professor LIU Li 劉立教授
Research Assistant Professor, Department of Electronic Engineering
BEng, MEng (Tianjin); PhD (Bern)

Professor Liu received his Ph.D. degree in Biomedical Engineering from the University of Bern, Switzerland, and then worked as a postdoctoral fellow at the University of Bern and the Chinese University of Hong Kong. He held the position of assistant professor in the School of Biomedical Engineering at Shenzhen University since 2016. In 2019 he joined CUHK as a faculty member. He has served as Program and Publication Chair of many international conferences including Publication Chair of IEEE ICIA 2017, 2018 and Program Chair of ICIA 2019. He is a recipient of the Distinguished Doctorate Dissertation Award, Swiss Institute of Computer Assisted Surgery (2016), the MICCAI Student Travel Award (2014) and the Best Paper Award of IEEE ICIA (2009).

Professor Jerry J.K. XU 許建坤教授
Assistant Professor, Department of Orthopaedics and Traumatology
MB, MM (Shantou); PhD (CUHK)

Professor Xu is an Assistant Professor in the Department of Orthopaedics & Traumatology, the Chinese University of Hong Kong (CUHK). With clinical training background in Orthopaedics and in-depth understanding on musculoskeletal disorders, Professor Xu has devoted himself as an independent clinician-scientist and is good at establishing animal models which is relatively important for orthopaedics research. He is the founding member of Sports Medicine Physician Union in Guangdong-Hong Kong-Macao Greater Bay Area, and members of ten other associations including Hong Kong Scientist Association.

Online application for hostel residence 2021-22 (for local students) will be due on 9th Jun 2021 (This Wed). Before applying for student hostel residence, please carefully read the Application Note at https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1622182406WYS_Hostel_202122_LocalNF_ApplicationNote.pdf.

While embracing summer, we are planning for better preparation in the next academic year. The University has issued an announcement recently entitled “Latest Health Advisories from the University for New Academic Year” to strongly encourage students to receive COVID-19 vaccination at the earliest opportunity and lay out directions on student activities and hostel accommodation arrangements for 2021/22. In alignment with the University policy, we strive to resume normal capacity at hostels while safeguarding the health and wellbeing of all our students and colleagues.

Hostel accommodation presents challenges for physical distancing. Shared spaces can also increase the risk of cross-infections. Student residents are therefore strongly encouraged to get COVID-19 vaccine. Vaccination bookings could be made via the following link: https://www.covidvaccine.gov.hk/en/. Students who have queries on the efficacy and safety of vaccination may refer to the recording of “Information Session on Vaccination and Testing Arrangements” held on 17th May at https://www.wys.cuhk.edu.hk/news/information-session-on-vaccination-and-testing-arrangements/. The session was conducted in Cantonese and supplemented by slides in English. You may also consult with your family doctor for medical advice.
To identify infected people who are asymptomatic, student residents who have not been vaccinated against COVID-19 will be required to undergo an entry test before admission to hostel and a COVID-19 test every two weeks afterwards at their own expense. Those who have been fully vaccinated for more than 14 days can be exempted from entry and serial tests. Detailed arrangements will be worked out in due course. Students who have a contraindication to vaccination and encounter financial difficulties to cover the cost of serial test may seek assistance from College.

Whether you are vaccinated or not, all members of College should continue to follow all College preventive and control measures against COVID-19, including mask wearing, social distancing and frequent hand washing.

Stay healthy and positive. We look forward to welcoming you back to the campus in September!

Non-residents may return to College during 9:00 am – 10:30 pm daily starting from 26th Apr 2021. Please be reminded that ALL students must follow below procedures before entering into College. If students have taken a COVID-19 test, please stay at home until the test result is available.

1. Tap students’ own CU Link to access the main entrance of College buildings
2. Measure body temperature at the counter at College Gallery (If body temperature is above 37.5 °C, s/he will not be allowed to enter into College)
3. Fill in the registration form with complete and accurate information (e.g. fill in FULL name, not alias) at the same counter
4. Sanitize hands

Please be reminded that NO VISITORS (including WYS non-residents) will be allowed to enter the hostel floors. Students cannot bring in unauthorized persons or allow them to follow behind you to enter into the College. Unauthorized persons or illegal residents will jeopardize the accuracy of contact tracing. In order to protect your own health, violations will result in disciplinary actions.

The opening hour of College facilities is also updated in below table.
<table>
<thead>
<tr>
<th>Yan Chak Study Room <em>(for non-residents only)</em></th>
<th>N/A</th>
<th>9:00 am - 10:30 pm (Daily)</th>
</tr>
</thead>
<tbody>
<tr>
<td>College Gymnasium* <em>(for authorized users only)</em></td>
<td>9:00 am - 5:30 pm (Monday to Friday, EXCEPT public holidays)</td>
<td>9:00 am - 5:30 pm (Monday to Friday, EXCEPT public holidays)</td>
</tr>
</tbody>
</table>

*Please read through and follow guidelines on the latest arrangement of College Gymnasium via mass email dated 21st Apr 2021. First-time users should bring the valid (i) CU Link Card and (ii) CUHK Fitness Room User Card to College Office (G03) for registration. Please be reminded to wear masks during exercises as well.*

5. Temporary Closure of College Catering Outlets 書院膳堂暫停營業

Due to the spread of the novel coronavirus, Student Canteen, Staff Dining Room and Café at Wu Yee Sun College are temporarily closed until further notice. We are sorry for the inconvenience caused.

6. “Meet the Dean” Hours 輔導長時間

["Meet the Dean" Hour is temporarily suspended and will be resumed once the circumstances allow. If you wish to talk to Dean of Students during this period, please email sammykwan@cuhk.edu.hk for arrangement.]

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

-  Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Associate Professor at the Department of Chinese Language and Literature
-  Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
-  Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Enquiries:

Ms. Sammy Kwan (sammykwan@cuhk.edu.hk / 3943 9775)  
Miss Florence Tsui (florencetsui@cuhk.edu.hk / 3943 9767)  
Miss KiKi Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

7. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON’T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.
1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email [sammykwan@cuhk.edu.hk](mailto:sammykwan@cuhk.edu.hk) for arrangement.

2) You may also approach the **University's Wellness and Counselling Centre** at 3943 7208 for help.

3) A **24-hour Emotional Support Hotline** at **5400 2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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### 8. WYS’s Got Talents – Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at any of the fields below?
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**Photography / Video-production**
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**Art & Design (e.g. posters or infographics)**
---
**Simultaneous Interpretation**
---
**Master of Ceremonies**
---
**Audio & Video Control**
---
**Writing (e.g. creative writing or student reporter in publications)**

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don’t hide your talents, shine in the College!

**P.S. CREATIVITY COUNTS!!!**

Let us know what you are interested in and excellent at: [https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838](https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838)

**Enquiries:**
Miss Chillies Tam ([chilliestam@cuhk.edu.hk](mailto:chilliestam@cuhk.edu.hk)) / 3943 3934

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### 9. Membership Recruitment – WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just $500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the **application form**, and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫？想擴闊人際網絡？想回饋書院？透過伍宜孫書院校友會，你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請，更可獲贈一套四支環保飲管（先到先得，送完即止）。

各位同學只須填妥申請表，連同會員費，交回伍宜孫書院地下院務室即可。

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### College Funding & Awards Schemes

1. **Self-Motivation Fund for Green Activities**
**Self-Motivation Fund for Green Activities** encourages students to participate in various kinds of green activities that promotes sustainability and environmental consciousness.

**Funding Amount:**
Green Activities: Max. $1,500
Qualification Courses for Instructors of Green Activities: Max. $4,000

**Details:** [https://www.wys.cuhk.edu.hk/whole-person-development/green/](https://www.wys.cuhk.edu.hk/whole-person-development/green/)

Applications for Self-Motivation Fund for Sports Activities and Self-Motivation Fund for Health and Well-being Activities are CLOSED as the funds are exhausted. Students may apply again starting from 1st Aug 2021.

Self-motivation Fund for Green Activities is still open for application.

**Enquiries:**
Ms. Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

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## 2. Mingle Fund
Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of both local students and international/incoming exchange students (i.e. there should be at least one local student AND at least one international/incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK$100 subsidy for the activity.

More Details: [https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/](https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/)

Enquiries:
Miss Rachel Poon ([rachelpoon@cuhk.edu.hk](mailto:rachelpoon@cuhk.edu.hk) / 3943 3942)

3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Grab the chance, be creative!

**Be Entrepreneurial! Funding Scheme** supports students to implement various short-term projects fulfilling college’s core values of **creativity, entrepreneurial spirit, and social responsibility.**

All undergraduate students, regardless of discipline and year of study, are welcome to submit application all year round. **The maximum funding amount is up to HK$20,000!**

Online application is now available, simply submit your application through one click

Check out the details through this [link](https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10631420).

Enquiries:
Miss Florence Tsui ([florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk) / 3943 9767)
Miss Phoebe Wu ([phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk) / 3943 3988)

4. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College’s Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:
Miss KiKi Chan ([kikiwkchan@cuhk.edu.hk](mailto:kikiwkchan@cuhk.edu.hk) / 3943 3935)
Miss Rachel Poon ([rachelpoon@cuhk.edu.hk](mailto:rachelpoon@cuhk.edu.hk) / 3943 3942)
Other Activities & Announcements

1. **Online Survey for Full-time Year One Undergraduate Students**

The Centre for Learning Enhancement and Research would like to investigate the impacts of online or blended learning (Mixed Mode) on the First-year University students under the COVID-19 pandemic. Year one Undergraduate students are invited to complete the following survey:

(Facilitating Blended Learning (Mixed Mode) Research on First-year University Students)

**All the information will be kept confidential** for research in teaching and learning purposes. The survey has obtained approval for ethics clearance from the Survey and Behavioral Research Ethics Committee of CUHK for collecting data involving human participants. Ethics Reference No: SBRE-20-667.

The duration of the survey will be from now onwards up to the end of July 2021.

**Enquiries:**
Ms. Jesse Lee (jesselee@cuhk.edu.hk3 / 3943 6460)

2. **CUHK Motion E-sports Triathlon**

**E-Rowing | E-Cycling | E-Racing**

**Qualifying Round:** 24th May – 11th Jun 2021  
**Final:** 19th Jun 2021  
**Venue:** AME Stadium – Shop 2, UG Floor, H Zentre, 15 Middle Rd, Tsim Sha Tsui  
**Application:** Walk-in & Free of Charge  

Details: https://www.peu.cuhk.edu.hk/images/content/other/esports/esports-poster-mix.pdf
3. The Esther Yewpick Lee Millennium Scholarship 2022

(Application Deadline: 6th Sep 2021 (before 5:30 p.m.))

This Scholarship is EXCLUSIVELY offered to CUHK final-year students or graduates of undergraduate and postgraduate degree programmes. The scholar will be FULLY sponsored for a maximum of 3 years to read for a postgraduate degree or a second bachelor’s degree at the University of Oxford, U.K. commencing Oct 2022.

Value of the Scholarship
One Scholarship for two to three years will be awarded to a degree graduate or final-year student of CUHK.

All amounts due in respect of University and College fees at Oxford will be paid direct to the College concerned. The Scholar will be provided with a return economy class airfare between Hong Kong and London, charges for land transportation between London and Oxford, and an annual personal allowance which is expected to take care of board and lodging and other maintenance costs.

Eligibility
- Applicants should be either final-year students in the academic year 2021/22 including both undergraduates and postgraduates of degree programmes, or graduates holding degrees awarded by CUHK.
- Successful candidates must have outstanding academic records and have a respect for humanity, a curious mind, moral integrity and a spirit of adventure and reveal the potential to make a contribution to the well-being of the community.
- Candidates must be under 25 years of age on 1st Oct 2022.

Application Procedures
1. Details of the Scholarship and its application form are obtainable from our website at http://admission.cuhk.edu.hk/ (Financing Your Studies → Scholarships → Open for Applications).

2. Applicants should read the Memorandum and Checklist of Supporting Documents carefully and strictly follow the instructions.

3. Completed application form together with ALL the requisite documents should be submitted online, unless otherwise specified, not later than 5:30 p.m., 6th Sep 2021 (Hong Kong time). Late or incomplete applications will not be considered.

Enquiries
Office of Admissions and Financial Aid (3943 7204 / sfas@cuhk.edu.hk)
已經三月啦，寄咗好多份 CV？煩緊唔夠工作經驗？心思思想去外國實習，但又想係香港公司儲經驗？ 好消息！依家 AIESEC 嘅‘Twinternship’可以一次過滿足你兩個願望！參加 Twinternship 就可以獲得海外 intern 機會，踏出自己舒適圈，體驗外國工作文化，返黎之後仲會直接得到香港初創公司實習面試機會，成功就有海外加本地兩份 intern。即刻實踐返係第一份實習學到嘅嘢，雙重提升你嘅競爭力！

你嘅實習旅途並不孤單，過程中我地會提供專業指導，確保你嘅旅途豐富充實，服務包括：

- 全方位職涯規劃諮詢，幫你揔最適合嘅海外同香港實習
- 撰寫 CV 技巧同面試技巧專業意見，搵工冇難度
- 個人學生夥伴支援實習旅途

AIESEC 致力於提供不同海外實習同義工機會，開拓同學嘅發展潛能同領導能力。 唔好諗啦，快啲報名參加啦！

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The world may somehow be too busy and unrestful for you to breathe, how about unwinding yourself under the nice and warm sunshine? Sunshine at CUHK would like to invite you to join us in an “Emotion Sunbathing” at the Patio of Wellness and Counselling Centre, a restful place where you can embrace your deepest feelings and thoughts. Come to enjoy the tranquility and have a good chat with yourself.

日期 Date: 5th Mar – 30th Jun 2021
地點 Venue: 龐萬倫學生中心 2 樓心理健康及輔導中心靜觀庭院
Patio at 2/F Wellness and Counselling Centre, Pommerenke Student Centre

6. CUHK Independent Learning Centre (ILC)

Here are some workshop highlights for academic year 2020/21 which is organized by CUHK Independent Learning Centre (ILC). You are welcome to visit the ILC website (https://www.ilc.cuhk.edu.hk/EN/) for a short ILC video for their major work and services or check out their new link on “Tips for Successful Online Learning @ CUHK”.

1. University Study Skills Series – this series is particularly useful for incoming UG students
   - Study Skills in English at University Level
   - Academic Reading: Strategies for Success
   - Ace Your Oral Presentations
   - Discussion Skills and Current Affairs
   - Saying What you Mean: English Pronunciation for Cantonese and Mandarin Speakers
   - Listening to Learn: Academic Listening and Note-Taking Skills
   - Building a Bigger and Better Vocabulary

2. Writing Series
   - Academic Essays
   - Research Papers
   - Reflective Journals
   - Personal Essays
3. **Job Preparation Series** – this series is particularly useful for graduating students and students who are interested in applying for exchange/ internship opportunities
   - Writing Impressive Resumes
   - Writing Impressive Application Letters
   - Ace Your In-person and Video Job Interviews
   - Standing Out in a Group Interview
   - Interview Practice and Self Reflection

4. **CRE/ JRE Series**
   - Preparing for the CRE – Use of English
   - Tips and Strategies in Tackling the JRE
   - JRE Writing Practice (Practice writing for the JRE under exam conditions)
   - Feedback on JRE Writing Practice (Discuss exam strategy and student writing)

5. **Exam Preparation Series**
   - Taking the IELTS Challenge: Reading & Writing
   - Taking the IELTS Challenge: Speaking & Listening
   - Mastering the TOEFL: Reading and Listening
   - Mastering the TOEFL: Speaking and Writing

Students who think they will benefit from having a one-to-one meeting with the teachers on their specific learning needs or need guidance in devising their independent learning plan can book a consultation session. The schedule can be found at: [https://www.ilc.cuhk.edu.hk/EN/consultation.aspx](https://www.ilc.cuhk.edu.hk/EN/consultation.aspx). Besides, the ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support students. Details are available at: [https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx](https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx).

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7. **Flourishing First Year Programme 心盛計劃 2020-21**

Flourishing First Year@CUHK is a tailor-made programme for all NEW students. A series of workshops are provided for supporting you to flourish and grow from failures.

**How does Flourishing First Year@CUHK work?**

**Step 1:** All new students are eligible for receiving information about upcoming activities/workshops and have the priority in enrolling in these activities/workshops

**Step 2:** Enroll in the workshop and get our welcoming gift in your first workshop (on a first-come-first-serve basis)

**Step 3:** Be a flourishing learner!

**Step 4:** Get your reward! (coffee making workshop/pottery class; on a first-come-first-serve basis)

**Step 5:** Complete all workshops from PERMA (Positive Emotions, Engagement, Relationship, Meaning, Accomplishment)

**Programme Details and List of Workshops:**
[https://www.osa.cuhk.edu.hk/services/flourishing-first-year-programme](https://www.osa.cuhk.edu.hk/services/flourishing-first-year-programme)

**Enquiries:**
Office of Student Affairs ([osa@cuhk.edu.hk](mailto:osa@cuhk.edu.hk) / 3943 8652)

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Community Resources for Emotional Support

*Samaritan Befrienders HK*
Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

**24-hour Hotline: 2389 2222**
Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead.

**Suicide Crisis Intervention Centre: 2341 7227 for appointment**
Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services.

**Family Helpline: 2319 1177**
Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis.

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