**The Sunny Weekly**

**Sunny Review 上週回顧**

1. **College Forum: From “Doctors with borders” to “Doctors without borders” (Speaker: Dr. Shannon Melissa Chan 書院論壇 (講者：陳詩瓏醫生)**
2. **College Student Appointed Member of Council for Sustainable Development (可持續發展委員會)**
3. **語文文化桌：花間詞中的「嚴妝」與「淡妝」**
4. **Inauguration Ceremony of Resident Association**
5. **Men’s First Runner-up and Women’s Third Runner-up in Inter-collegiate Tennis Competition 恭賀書院男女子網球隊分別勇奪亞軍及殿軍**

**College Activities 書院活動**

1. **荔枝窩文化生態遊 Lai Chi Wo EcoCultural Tour**
2. **New Zealand Language and Culture Study Tour 2018-19**
3. **Professional Learning Scheme in Shanghai 上海專業研習計劃 (Chinese Only)**
5. **Sunny Yeah Promotion**
6. **Liver Health Seminar 養肝護肝保健康 胡亂補肝易傷肝**
7. **Multi-cultural x Sports – Kabaddi**
8. **將消失的社區：誰人的發展?! 孤老有何依? 古洞義工尋迷 - 服務學習體驗**
9. **Spanish Cooking Class**
10. **電影欣賞 Movie Appreciation: 密陽 Secret Sunshine // 廣告牌殺人事件 Three Billboards Outside Ebbing, Missouri**
11. **Social Issue Workshop: Gender and Power from the view point of #MeToo [從#MeToo 看性別與權力]**
12. **禪陀羅 (Zendala) 正念工作坊**
13. **Outward Bound Camp 外展訓練營**
14. **Fitness Consultation Sessions 健身訓練諮詢**

**College Announcements 宣佈事項**

1. **CUHK Blood Donation Campaign at Wu Yee Sun College 香港中文大學捐血站 - 伍宜孫書院站 (11.03.2019)**
2. **Wu Yee Sun College The Most Popular Canteen Staff Polling (2018-19 Term 2) 伍宜孫書院飯堂最受歡迎員工選舉 (2018-19 下學期)**
3. **Wu Yee Sun Award For The Most Distinguished Graduating Student 2018/19 - Now Open for Application**
4. **Awards for Creativity, Student Development and Talents 2018 – Now Open for Application**
5. **Scholarships for Academic Excellence 2018/19 年度學業優異獎學金**
6. **Arrangement for Gown Borrowing and Photo Day for Graduating Students of 2018/19**
7. **“Meet the Dean” Hours 輔導長時間**
8. **Student Pastoral Care**
9. **Exchange and Travel Grant/Loan 2018/19**
10. **Book Exchange Corner at The Lounge in House of Sunny Living 如日坊—漂書閣**
11. **Venue Booking of Terrace of Dreams for Barbecue Activities 借用圓夢臺 (燒烤活動用途)**
12. **Displaying Promotion Poster and Video in College**

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**College Funding & Award Schemes (Year-round Application) 書院資助及獎勵計劃 (全年可供申請)**

**Other Activities & Announcements 其他活動及宣佈事項**
Sunny Review

1. College Forum: From “Doctors with borders” to “Doctors without borders”
   (Speaker: Dr. Shannon Melissa Chan
   書院論壇 (講者：陳詩瓏醫生)

The College Forum entitled From “Doctors with borders” to “Doctors without borders” was conducted by Dr. Shannon Melissa Chan (陳詩瓏醫生), Resident Specialist of the Department of Surgery last Friday. Dr. Chan went through her experience when serving as a field worker with Medecins Sans Frontieres (無國界醫生) in South Sudan. Through different little stories, she encouraged students to treasure what we have and don’t take anything for granted.

We were grateful to have Dr. Lancelot Mui (梅維浩博士), Associate Dean of General Education and Lecturer at JC School of Public Health and Primary Care, moderating the Forum.
Miss Natalie S.Y. Chung 鍾芯豫同學 (Geography and Resource Management/4) has been appointed Member of the Council for Sustainable Development (可持續發展委員會) for a term of two years starting from 1st Mar 2019.

Natalie is a co-author of the book entitled 《低碳。好行》("Low Carbon Tours"), as well as the co-founder of V’air Hong Kong 低碳本地遊, an environmental education organization promoting local tourism through organizing eco-tours and content creation. Its spin-off projects have also received the Gold Award in the College’s Sunny Passion Programme (愛陽光計劃) 2017 and Dorsett Young Entrepreneur Scholarship (帝盛青年創業家奬學金) 2018.

Press Release of the appointment: [https://www.info.gov.hk/gia/general/201902/21/P2019022100360.htm](https://www.info.gov.hk/gia/general/201902/21/P2019022100360.htm)

Heartiest congratulations to Natalie!

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Congratulations to all Executive Members of Sungrazian (彗宜), Resident Association 2019!

As the first event organized by Sungrazian, the Inauguration Ceremony took place on 21st Feb. While demonstrating appreciation for Resunance (星宜殿), Past Resident Association, Guests of Honour Professor K.P. Pun, Chairman of Student Hostels Committee and Warden of West Block Hostel (學生宿舍委員會主席暨學生宿舍西座舍監潘江鵬教授), thanked the Executive Members of Sungrazian for taking up the challenge to their fellow residents and urged them to strike a balance between organizing hostel activities and their studies.

Delivering his speech at the Ceremony, Mr. Sam C.L. Chung (鍾湛亮同學), President of Sungrazian, expressed strong determination to closely connect residents and the College and to improve residents’ sense of belonging by carrying out a wide range of hostel activities. Also present at the event included our Resident Tutors and representatives from various student associations. Our heartiest congratulations again!

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5. Men’s First Runner-up and Women’s Third Runner-up in Inter-collegiate Tennis Competition

恭賀書院男女子網球隊分別勇奪亞軍及殿軍
Congratulations to College Tennis Team for their outstanding performance in the Inter-collegiate Competition held on 24th Feb. Men’s Team captured the 1st runner-up while Women’s team seized the 3rd runner-up in the tournament.

Our hearty appreciation again for the time and effort every athlete devoted into trainings!

6. College Fire Drill 書院火警演習

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College fire drill was carried out on 19th Feb evening with the assistance of Security Unit. More than 100 College students, members and staff, including the College Master and Wardens, participated in the practice to familiarize themselves with the fire alarm system and evacuation procedures. Immediately after the fire drill at the assembly point (Residence 3 and 4), students watched a demonstration on the use of fire extinguishers and some operated one under the instruction of staff of Security Unit.

College Activities

1. 荔枝窩文化生態遊 Lai Chi Wo EcoCultural Tour

荔枝窩位於新界東北，是一條超過300年歷史的客家圍村，集地質、生態、古村、客家文化元素於一身！Situated in northeastern New Territories, Lai Chi Wo is arguably Hong Kong’s best-preserved Hakka walled village with 400 years history and an intact feng shui woodland. Don’t miss the opportunity to see another side of Hong Kong apart from its skyscrapers!

****荔枝窩有咩睇？****
1) 荔枝窩生態資源
2) 客家村莊佈局及風水信仰
3) 客家人的遷徙歷史
4) 客家文化遺產及傳承

*****What to see in Lai Chi Wo?*****
1) Eco resources
2) Hakka village structure and geomancy belief (Feng Shui)
3) Hakka history of migration
4) Hakka cultural heritage and inheritance

活動詳情 Details
日期及時間 Date and Time: 10th Mar (Sun) 8:45 am – 5:30 pm
集合時間及地點 Meet-up Point and Time: 8:45am @ University MTR Station 港鐵大學站
解散時間 Dismissal: 5:30 pm

領隊老師 Leading teacher:
鄒桂昌教授（校園環境委員會主席及地理及資源管理系客座副教授）
Prof. Kwai Cheong Chau (Chairperson of Campus Environment Committee and Adjunct Associate Professor at the Department of Geography and Resource Management)

活動費用 Fee: 全免 FREE
按金 Deposit: HK$50 (完成活動後可獲全數退還 fully refundable after completion of event)

語言 Language: 廣東話, 輔以英語/普通話 Cantonese, supplemented with English/Mandarin
交通 Transportation: 渡輪 Ferry (如有需要，請自備藥物 please prepare medicine if necessary)
午餐 Lunch: 請自備食物及足夠飲用水 bring your own meal and water
Dress code: 輕便運動服 sports


Quota: 20 (先到先得，以繳交按金時間為準 First come first served; confirmed by submission of deposit)

Registration deadline: 3rd Mar

Deposit submission deadline: 2019 年 3 月 4 日

Enquiries:
Mr. Andy Cheung (3943 9768 / andy_cheung@cuhk.edu.hk)

Remarks: 活動由地理及資源管理系主辦 the event is organized by Department of Geography and Resource Management

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2. New Zealand Language and Culture Study Tour 2018-19

Join us for a unique 3-week language and culture programme in magnificent New Zealand. Stepping outside the four walls of the classroom, this Study Tour will give you a rare opportunity to immerse yourself in New Zealand's culture and the local community of English speakers.

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Enrich your knowledge of New Zealand through a series of short talks and discussions by speakers from Massey University and the University of Auckland.

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Travel throughout the North and South Islands to experience the natural wonders of New Zealand and the history and customs of its people.

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Meet locals in New Zealand’s key agricultural and cultural industries, such as wine makers, farmers and those working at Maori cultural sites.

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Immerse yourself in English through a series of language tasks, culminating with an interactive language/culture project.

If you crave adventure and want to hone your English skills in an authentic environment while learning about a new culture, then come to New Zealand!

Date: 31st May to 19th Jun

Programme Fee (HKD) [After subsidy]: $19,500

Programme fee covers:
- International return flight from Hong Kong to New Zealand
- Domestic return flight to Queenstown
- Accommodation
DIY breakfasts and lunches packed by students (2/3 of total meals) + 2 dinners
✓ Local transport for group activities
✓ Interesting talks and discussions
✓ Unforgettable activities, excursions and tours e.g. Hobbiton Movie Set, Glowworm caves, Maori cultural village, Fiordland tour

Programme fee does not include:
✓ Tourist Visa (tourist visa waiver for HKSAR passport holders)
✓ Dinners (students may prepare their dinners in shared kitchens)
✓ Activities and transport during students’ free time

For tentative itinerary, please click here.

Programme Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6938790

Interview: 18th Mar (Mon), 9:00 am – 2:00 pm
(Please indicate UNAVAILABLE time slot on the application form if any)

Deadline: 13th Mar

Enquiries:
Ms. Michelle Li (3943-3933 / michelleli@cuhk.edu.hk)
Miss Carly Lau (3943-3988 / carlylau@cuhk.edu.hk)

Extra Financial Support:
1. Students who have financial need can apply for extra financial support from the College Exchange and Travel Grant/Loan: https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1549961653ExchangeandTravelGrantandLoan2018192nd.pdf

2. Students receiving means-tested student financial assistance from the Student Finance Office of the Working Family and Student Financial Assistance Agency, or from a family that is receiving Comprehensive Social Security Assistance from the Social Welfare Department can apply for subsidy under the Scheme for Subsidy on Exchange for Post-secondary Students (SSE) / Scheme for Subsidy on Exchange to Belt & Road Regions for Post-secondary Students (SSEBR). Office of Academic Links will invite students via email to submit an application for SSE/SSEBR. For details, please refer to here. (Enquiries : Ms. Elaine Poon at 3943 7588)

Remarks:
1. All students must depart and return together with the arranged flight schedule.
2. The College reserves the right to make changes in fees, schedules, and courses without notice, and to cancel courses in case of insufficient enrollment.

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暑期實習往往要「投資」至少一至兩個月時間，對非主修科行業心動又不敢行動？上海專業研習計劃歡迎不同主修同學參與兩星期研習，直接與資深管理層及年青企業家互動討論，了解不同行業的發展趨勢，對比上海與香港的異同。

同學亦可藉此機會學習與不同背風的專業人士交流，拓闊視野，建立自己的人際網絡。

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<tr>
<th>企業家交流</th>
<th>了解概況 — 與區文中先生、年青企業家、資深企業管理層、專業投資者對談</th>
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<td>1) 職涯規劃</td>
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<td>2) 獵頭公司招聘</td>
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<td>3) 香港人在內地就業/ 創業/ 投資的挑戰</td>
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<td>4) 內地經濟發展與企業投資</td>
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淘課、天絡行、微醫及大搜車的代表與同學共進晚餐，於「企業參觀」前與同學互相認識，促進參觀時的交流。

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<tr>
<th>企業參觀</th>
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<td>1) 個案研究</td>
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<td>2) 與人力資源部、市場推廣部及資深管理層交流</td>
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<th>淘課</th>
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<th>學以致用 — 5 天研習期</th>
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<td>1) 參與前線工作；</td>
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<td>3) 自訂考察題目</td>
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上海半島酒店 | 騰訊 | 馬克華菲 |
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詳情：按此查閱
報名：請於 3 月 10 日前遞交網上申請

Go beyond your own profession! Be the mentee of Rance Lee Mentorship Programme and get yourself ready to cope with peers and professionals from diversified backgrounds!

Objectives: Enrich students’ social networking, people skills and career development

Benefits for Mentees:
- Identify needs and goals for personal development
- Broaden horizons in real-life workplace
- Extend personal network for future development
- Brainstorm and act on new ideas together with mentors

Mentorship Format
- “Group-to-group Mentor-mentee” model: We match 2-4 mentors and 4-6 mentees of diversified backgrounds so as to bring in more creative insights.
- Two-year Programme Period: Mentors and mentees can utilize two years to establish closer bonding and pursue new goals together.

Eligibility: Year 2 and Year 3 full-time undergraduate students affiliated to Wu Yee Sun College (Priority will be given to Year 2 students)

Application: Submit online application on or before 1st Mar 2019

Selected students are required to attend the following activities

Activity Fund for Mentorship Gatherings
Each group is entitled for $3,000 per programme year (January – December) to arrange meet-up for learning and/or service.
5. Sunny Yeah Promotion

[以下內容為宜嘢依夜籌委會撰寫，並經書院電郵傳送。]
The following message is drafted by Organizing Committee of Sunny Yeah and sent via College.]

如果覺得平時係沖涼個陣唱歌唔夠喉
咁就一定要黎參加伍唱啦
除左可以比更多人聽到你既天籟之音之外
又唔洗係房到嘈住 roommate
更有機會能夠晉級到決賽
今年我地為左可以有更公平更多元素既賽事
仲增設咗 rap 組同唱跳組
所以唔好再諗啦~ 快 d 報名參加啦!

Here comes the Wu Yee Sun Singing Contest!!!
If you are still unsatisfied with just singing in the bathroom while taking a shower, the singing contest is definitely a way to go!!
Joining the contest, you can freely show off your beautiful voice without disturbing your roommates. All participants will get the chance to advance to the final round. Maybe you will be the next CHAMPION!!
In pursuit of fairness and diversification, divisions of RAP and DANCE-SING have been newly added this year. Looking forward to your active participation!!

報名傳送門 Registration Form:  https://goo.gl/forms/xHQMtMcdUcddA8Hp1

日期 Date and Time：13th – 14th Mar (Wed-Thu) 7:00 pm - 10:00 pm
地點 Venue：伍宜孫書院 UG/F 樓演藝廳 College Theatre, UG/F, Wu Yee Sun College

報名費用 Participatory Costs:
- 個人組別 Solo | $ 60
- 組合組別 Group | $ 80
- **饶舌组别** Rap $60  报名人數少於3隊將不設開此組別，參加者自動撥入個人組別或組合組別，組合需補回二十元參加費 If there is less than 3 units of participants, this category will be closed. Participants in this category will automatically arranged into the Solo or Group. For those assigned to Group, they have to pay extra $20.

- **唱跳组别** Dance-sing $60  报名人數少於3隊將不設開此組別，參加者自動撥入個人組別或組合組別，組合需補回二十元參加費 If there is less than 3 units of participants, this category will be closed. Participants in this category will automatically arranged into the Solo or Group. For those assigned to Group, they have to pay extra $20.

- **搞笑组别** Variety Group $120  报名人數少於2隊將不設開此組別，參加者可獲全額退回報名費 If there is less than 2 units of participants, this category will be closed. Participants in this category can have full refund of application fee.

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詳情請參閱賽制 Detailed information:
https://drive.google.com/file/d/1mlZGc12H4cZx2BmUl4_o8TMt8Vup8R3/view?usp=drivesdk (中文版)
https://drive.google.com/file/d/16TVjvrStbbU6D_XGVM5vGQEkXYbQZu1A/view?usp=drivesdk (English)

截止報名時間 Registration Deadline：10 Mar, 11:59 pm (Walk-in 參加者除外)

請於【2019年3月10日】或以前將參賽曲目、已去人聲的純音樂(MMO)及歌詞傳送至wy2019yyyy@gmail.com  ; 參加者亦可通過Facebook Messenger把檔案傳至「宜嘢依夜 SunnyYeah」，並於攤位開放時於攤位以現金付費，方為完成報名手續。(Walk-in 參加者除外)

攤位開放時間待定，詳情請留意我地 Facebook page
Booth operation time will be announced on our Facebook page: 宜嘢依夜 SunnyYeah

**每次填寫參賽表格只限申請單一參賽組別。參賽者如欲申請參加多個組別，請再次填寫此表格。**

**Each submission should only involve the registration of one category of the competition, if you wish to participate in more than one category, please submit this form again, accordingly.**

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### 6. Liver Health Seminar 養肝護肝保健康 胡亂補肝易傷肝

你食你膚皆黃，會吾會個肝有事呀?
成日捱夜好傷肝，係咪可以食啲咩補番呢?
成日坐吾做運動、進食過多肉類及油炸食物，或者經常飲酒，都有機會引致脂肪肝，你又知吾知呢?

你係咪仲有好多關於肝臟健康嘅迷思呢？快啲報名參加今次活動同填寫你想知道嘅問題，中醫、西醫及藥劑師將會即場解開大家對肝臟健康嘅疑團，參加者仲有機會進行**肝臟纖維掃瞄測試**，千祈咪錯過呀！

日期：2019年3月7日 (星期四)
時間：6:00 - 8:00pm
地點：伍宜孫書院西座112室
活動內容:
第一部份：肝臟問題齊拆解
講者：內科及藥物治療學系黃麗虹教授、中醫學院張保亭教授及藥劑學院左中教授
主持：保健處陳忠牧醫生

第二部份：肝臟纖維掃瞄測試 (名額 15 個)
註:
1. 肝臟纖維掃瞄測試將會與健康講座同步進行
2. 名額有限，先報先得，成功報名者將另獲電郵通知
3. 測試者請於檢查前兩小時避免進食 (可飲用少量清水)
費用：全免

講座後設有小食招待
歡迎同學、教職員及教職員家屬參加
立刻報名及填寫問題: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6524463

查詢：
劉欣誼小姐 (3943-3988 / carlylau@cuhk.edu.hk)

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7. Multi-cultural x Sports – Kabaddi

Playing sports can be more than training your fitness.
Learn more about **KABADDI** and multi-cultures in Hong Kong!

**Date:** 5th Mar (Tue)  
**Time:** 18:30 – 20:30  
**Venue:** Central Courtyard  
**Programme:**  
- Brief introduction about multi-culturalism  
- Game demonstration  
- Competition  

**Quota:** 14
**Application:** complete application at [https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6865393](https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6865393) AND submit $100 refundable deposit to College Dean of Students’ Office (UG09) **on or before 5:30 pm, 26th Feb 2019**

**PE Marks:** 4

**Details:** [https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/](https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/)

**Enquiries:**
Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

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**8. 將消失的社區: 誰人的發展?! 孤老有何依? 古洞義工尋迷 - 服務學習體驗**

新界東北發展對整個社區帶來極大影響，書院特選古洞作為服務學習的地區，讓同學透過與當地老人家接觸、交談及服務，深入了解空巢老人的生活，從而認識當地老人所面對的困難及問題。

**日期:** 2019 年 3 月 20 日 (三)
**時間:** 14:30 - 18:00
**地點:** 上水古洞基督教香港信義會靈合長者健康中心
**交通安排:** 參加者可於活動當日 13:30 選擇於伍宜孫書院或大學站民主女神廣場集合，以便乘坐旅遊巴一同出發
**導師:** 周昭和博士
**費用:** 全免

報名: [https://webapp.itsc.cuhk.edu.hk/ras/restricted/event?id=29025](https://webapp.itsc.cuhk.edu.hk/ras/restricted/event?id=29025)

截止日期: 2019 年 2 月 28 日 (四)

備註: 參加者須於 3 月 8 日 (五) 11:30-13:00 到伍宜孫書院出席活動簡介工作坊

查詢: Miss Evelyn Chong (3943-1882 / evelynchong@cuhk.edu.hk)

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**9. Spanish Cooking Class**

*Get bored with Canteen food? Why not join our Spanish Cooking Class to have great fun and yummy food? You can better understand the Spanish culture as well!*
Date: 5th Mar (Tue)
Time: 6:30 pm - 8:30 pm
Venue: College Student Canteen

Instructor: Miss Maria Consuelo VEGA LEON (Department of Linguistics and Modern Languages)

Quota: 40
Deposit: $50 (Refundable upon completion of activity)
Deadline: 26th Feb
Registration: [link]

*Please submit the deposit to the College Office before application deadline for successful registration and seat reservation. Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Enquiries:
Miss Carly Lau (3943-3988 / carlylau@cuhk.edu.hk)

10. Movie Appreciation:
密陽 Secret Sunshine // 廣告牌殺人事件 Three Billboards Outside Ebbing, Missouri

密陽 Secret Sunshine
分析主題 Theme: 人生的矛盾 Contradictions in Life
日期 Date: 26.02.2019 (Tue)
時間 Time: 7 – 10pm
地點 Venue: 書院演藝廳 College Theatre, Wu Yee Sun College
電影語言 Movie Language: 韓語, 配以中文字幕 Korean, with Chinese subtitles

廣告牌殺人事件 Three Billboards Outside Ebbing, Missouri
分析主題 Theme: 人生的焦慮 Anxiety in Life
日期 Date: 02.04.2019 (Tue)
時間 Time: 7 – 10pm
地點 Venue: 書院演藝廳 College Theatre, Wu Yee Sun College
電影語言 Movie Language: 英語, 配以中文字幕 English, with Chinese subtitles

主持 Moderator:
鄭政恒先生 --- 影評人、書評人，曾任香港電影金像獎、國際影評人聯盟獎、金馬獎評審。2012年獲得香港藝術發展奬年度最佳藝術家奨。
Mr. Matthew Cheng --- Film critic, Book critic; Judging Panel member of various film awards; Recipient of “Award for Best Artist” in Hong Kong Arts Development Awards 2012

報名 Enrollment: [link]
已透過 RAS 登記出席是次 GEYS1010 活動之一年級同學不需重覆報名
No enrollment needed for Year 1 students who have registered for this GEYS1010 Activity via RAS
11. Social Issue Workshop: Gender and Power from the view point of #MeToo

With the controversy of #MeToo, how could we correlate gender and power? Why is there solecism relating to feminism? Dr. Li Ming will discuss the topic in the perspective of sociology.

Speaker: Dr. Li Ming, Former Lecturer at CUHK Department of Sociology

Date: 4th Mar (Mon)
Time: 6:30pm – 8:30pm
Venue: W112, Wu Yee Sun College
Language: Cantonese
Registration: [https://webapp.itsc.cuhk.edu.hk/ras/restricted/event?id=29023](https://webapp.itsc.cuhk.edu.hk/ras/restricted/event?id=29023)

All College students are welcome!

Enquiries:
Miss Yolinda Wong (3943-3932 / yolindawong@cuhk.edu.hk)
13. Outward Bound Camp 外展訓練營

Outward Bound Camp is an adventure-based experiential programme which will offer you a live-changing experience leading to self-challenge and discovery. Activities includes: Sea Jumping, Camping, Land Expedition (walking from Saikung to CUHK on foot), Sunrise Challenge, Bon Fire etc.

You will not have access to technology, but your inner self.
Time to ponder upon your life.

Outward Bound = Physical Fitness + Crafty Skills + Self-reliance + Sense of Compassion
FACE YOURSELF. CHALLENGE YOURSELF. EMBRACE YOURSELF.
**Dates:** 30.03 – 02.04.2019 (4 days 3 nights)
**Route:** Saikung, Ma On Shan, CUHK

**Fee:** HK$500
(Plus deposit of HK$500 refundable upon activity completion)

*Camp fee includes equipment rental. In general, participants will not need to purchase additional equipment just for the camp.*

**Deadline:** 28.02.2019

**Enquiries:**
Ms. Candy Shek (3943-1615 / candyshek@cuhk.edu.hk)

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### 14. Fitness Consultation Sessions 健身訓練諮詢

Ever have doubts about all sorts of training techniques and effects? Ask our personal trainers at College Gym!

**Trainer:** Mr. Sebastian Chan  
**Dates:** (Every Wed, Except Public Holidays):
- Jan 16, 23, 30  
- Feb 13, 20, 27  
- Mar 6, 13, 20, 27  
- Apr 3, 10, 17  
**Time:** 7:00pm - 9:00pm  
**Venue:** College Gymnasium

**Trainer:** Ms. Vanessa Chan  
**Dates:** (Every Thu, Except Public Holidays):
- Jan 17, 24, 31  
- Feb 14, 21, 28  
- Mar 7, 14, 21, 28  
- Apr 4, 11, 18  
**Time:** 6:00pm - 8:00pm  
**Venue:** College Gymnasium

No prior applications required! Kick-start your workout plan now!

**Enquiries:**  
Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

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**College Announcements**

1. CUHK Blood Donation Campaign at Wu Yee Sun College  
香港中文大學捐血站 - 伍宜孫書院站 (11.03.2019)
All WYS members aged between 16 and 66, weighing 41KG or above and in good health are welcome to join. A blood donation station will operate at WYS College on 11th Mar (Mon). Please drink sufficient water, consume food within four hours before donation, get adequate rest the night before and do not wear clothing with tight sleeves for blood donation.

Date: 11th Mar (Mon)  
Time: 11:30 am – 6:30 pm  
Venue: College Gallery, G/F, WYS College

There will be various donation spots set up across CUHK campus from 4th to 22nd Mar. For more details, please refer to www.osa.cuhk.edu.hk/news.

2. Wu Yee Sun College The Most Popular Canteen Staff Polling (2018-19 Term 2)  
伍宜孫書院飯堂最受歡迎員工選舉 (2018-19 下學期)

Thank you very much for voting the Most Popular Canteen Staff Polling in the past. Since the establishment of the Polling, the catering services have been improved largely. Another round of voting will be conducted in...
March 2019. Please be reminded to give a vote. Let’s work together to improve the catering service of College canteen.

Please click the link below to vote for the most popular canteen staff. Each student/staff can vote for three canteen staff at most.


Voting period: 1st to 31st Mar

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3. Wu Yee Sun Award For The Most Distinguished Graduating Student 2018/19 - Now Open for Application

The prestigious Wu Yee Sun Award For The Most Distinguished Graduating Student 2018/19 is now open to graduating students of 2018/19 for application:-

**Eligibilities**
- Proactive graduating students of 2018/19 academic year demonstrating the College motto by participating various activities to broaden horizon; and
- Cumulative GPA reaches 3.4 or above or Top 10% of the corresponding department; and
- Have outstanding contribution to the department / college / university or society

Applicants are required to submit a Personal Statement of not more than 1,000 words (English or Chinese) which illustrates his/her personality & aspirations, as well as achievement in demonstrating College motto. A Letter of Recommendation written by CUHK Teacher is mandatory.

**Award Amount**
HK$50,000

**Online Application**
https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6682748

**Application Deadline**
5th Mar (Tue)

**Enquiries:**
Ms Karen Yiu (3943-3936 / karenyiu@cuhk.edu.hk)

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4. Awards for Creativity, Student Development and Talents 2018/19 – Now Open for Application
To recognize the talents and contributions of College students in different areas, the following awards are now open for application. Please note the amount for some of the awards have been updated:

<table>
<thead>
<tr>
<th>#</th>
<th>Name of Award</th>
<th>Award Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Lau Yiu Po Wah Scholarship for Outstanding Social Services</td>
<td>HK$10,000</td>
</tr>
<tr>
<td>2</td>
<td><strong>Outstanding Student of the Year Award</strong></td>
<td><strong>Max. HK$10,000 (Updated)</strong></td>
</tr>
<tr>
<td>3</td>
<td>Student Leader of the Year Award</td>
<td>Max. HK$10,000 (Updated)</td>
</tr>
<tr>
<td>4</td>
<td>Student Leader of the Year Award (for Freshmen)</td>
<td>Max. HK$10,000 (Updated)</td>
</tr>
<tr>
<td>5</td>
<td>Innovation and Creativity Award</td>
<td>HK$7,000/5,000 (Updated)</td>
</tr>
<tr>
<td>6</td>
<td>Social Services Award*</td>
<td>HK$7,000/5,000 (Updated)</td>
</tr>
<tr>
<td>7</td>
<td>College Services Award</td>
<td>HK$7,000/5,000 (Updated)</td>
</tr>
<tr>
<td>8</td>
<td><strong>Outstanding Student Organization Award</strong></td>
<td><strong>Max. HK$10,000 (Updated)</strong></td>
</tr>
<tr>
<td>9</td>
<td>Outstanding Athletic Achievements Award*</td>
<td>HK$10,000/8,000/5,000</td>
</tr>
<tr>
<td>10</td>
<td>Outstanding Artistic Achievements Award</td>
<td>HK$5,000</td>
</tr>
<tr>
<td>11</td>
<td><strong>Environmental Conservation Award</strong></td>
<td><strong>HK$7,000/5,000 (Updated)</strong></td>
</tr>
<tr>
<td>12</td>
<td>Gestalt Music Scholarship</td>
<td>HK$4,000 (Updated)</td>
</tr>
<tr>
<td>13</td>
<td>Lam Ding Kwong Scholarship in Social Service</td>
<td>HK$5,000</td>
</tr>
<tr>
<td>14</td>
<td>Lau Cheung Kwai Lan Service Award for Residential Students</td>
<td>HK$3,500</td>
</tr>
</tbody>
</table>

*Please note no selection interview will be arranged for “Outstanding Athletic Achievements Award” and “Social Services Award”. For the rest of the awards, only eligible and shortlisted applicants will be notified via their CUHK email accounts within 14 days after the close of application, and they are required to reply their availability before stipulated deadline.

**Selection Panel & Process**

- A selection panel normally consists of two to three Committee Members from College Scholarships & Financial Aid Committee (Sunny Sports Committee for Outstanding Athletic Achievements Award).
- Applicants will be assessed holistically based on their information submitted on the application form and interview performance.
- Selection panels will consider the number of awards a student applied in the same round of applications.
- GPA is not a deciding factor unless otherwise specified.
- The decisions made by the selection panels shall be final.

**More about eligibilities**

Go to [https://www.wys.cuhk.edu.hk/college-life-support/scholarships/](https://www.wys.cuhk.edu.hk/college-life-support/scholarships/)
(Sort by Type > Awards for Creativity, Student Development and Talents)
Application Deadline
10th Mar (Sun)

Enquiries:
Ms Karen Yiu (3943-3936 / karenyiu@cuhk.edu.hk)

5. Scholarships for Academic Excellence 2018/19 年度學業優異獎學金

To recognize College students with outstanding academic performance, the College is pleased to offer:

(1) Master’s List [院長嘉許狀] – Honor Award
   To acknowledge Top College student of each academic programme of each class, with year GPA not less than 3.5 in 2018/19 academic year
   Quota: One student from each programme of each class will be awarded

(2) Academic Excellence Scholarship [學業優異獎學金] – HK$10,000
   To acknowledge students with excellent academic performance - Highest 2018/19 Year GPA in each Faculty (with not less than 3.4)
   Quota: 25 [Arts(3), Business Administration(4), Education(2), Engineering(3), Law(2), Medicine(4), Science(3), Social Science(4)]

(3) Academic Improvement Award [學業成績進步獎] – HK$5,000
   To recognize Top 3 College students who have shown the greatest improvement in terms of Term 1 & Term 2 GPA of 2018/19 academic year
   Quota: 3

Application to the above scholarship is NOT required. Scholarship recipients will be notified in August and awards will be presented in the College Inauguration Assembly in Sep 2019.

More about eligibilities
Go to https://www.wys.cuhk.edu.hk/college-life-support/scholarships/
(Sort by Type > Scholarships for Academic Excellence)

Enquiries:
Ms Karen Yiu (3943-3936 / karenyiu@cuhk.edu.hk)
6. Arrangement for Gown Borrowing and Photo Day for Graduating Students of 2018/19

The College Photo Day will be held on 29th Mar (Fri). Graduating students of 2018/19 please refer to the below for photo-taking schedule:

The gown borrowing period is from 28th Feb (Thu) to 15th Apr (Mon). Class Representatives will collect gowns on behalf of graduating students. Please note return of gowns should be made by individual students. All gowns should be returned on or before 15th April (Mon) during office hours to the College Office (G03, G/F, East Block). Please note the returning place will be changed to College Theatre, UG/F on 15 April (Mon).

Enquiries:
Ms. Cassie Li (3943-3941 / cassiel@cuhk.edu.hk)

7. “Meet the Dean” Hours 輔導長時間

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at the Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics

Every Sunnie is welcome!

Academic Year 2018/19
Date: Every Wednesday
Time: 4:30 pm – 5:30 pm
Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries:
Ms. Sonia Yu (3943-3937 / soniayu@cuhk.edu.hk)
Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

8. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON’T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call 3943 3942 for arrangement.
2) You may also approach the University’s Wellness and Counselling Centre at 3943 7208 for help.

3) A 24-hour Emotional Support Hotline at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

9. Exchange and Travel Grant/Loan 2018/19

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes/activities held in Feb – May 2019, application is now open until 18th Apr 2019.

For programmes/activities held in Jun – Sep 2019, application will be open from 19th Apr – 16th Aug 2019.

Check out the following link for more information including eligibility:

Enquiries:
Ms Karen Yiu (3943-3936 / karenyiu@cuhk.edu.hk)

10. Book Exchange Corner at The Lounge in House of Sunny Living

A Book Exchange Corner has been set up at The Lounge in House of Sunny Living. Students and staff are welcome to donate good books for exchange. You can come to The Lounge to pick a book which is of interest to you and at the same time, please leave down a good book for exchange.

11. Venue Booking of Terrace of Dreams for Barbecue Activities

If students would like to reserve Terrace of Dreams for Barbecue activities, you may follow the procedures below to submit application.

Step 1: Reserve Terrace of Dreams at https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4082730 at least THREE working days prior to the event date.
Step 2: Receive booking results via email from College
Step 3: Go through the rules & regulations, then submit application to Student Union for reserving BBQ Stove https://drive.google.com/drive/folders/0B2BJiMcr2icqWkE4V3dmMWJXYkE

Please be reminded BBQ can only take place in designated time and location:
Booking Period: Mon – Thu, 4:30 pm - 11:00 pm
Designated Location for BBQ: Terrace of Dreams
*Booking of Terrace of Dreams via this online application can only be made for BBQ activities. For other activities organized by student bodies, student bodies concerned should submit booking request via online booking system (https://www6.cuhk.edu.hk/WYS/frs/WYSLogin.aspx).

Enquiries:
Miss Rachel Poon (3943-3942 / rachelpoon@cuhk.edu.hk)

12. Displaying Promotion Poster and Video in College

To enhance the promotion channels and encourage student creativity, College student bodies may submit online application to display poster and video in College for their activities.

Display Locations*:
1. Video wall at College Gallery (G/F)
2. TV at Lift Lobby, East Block (G/F)
3. TV at Lift Lobby, West Block (G/F)
4. TV at Student Canteen (LG/F)

*College student bodies cannot select display locations.


College Funding & Awards Schemes

1. Care and Well-being Fund for Mental Wellness Activities

Care and Well-being Fund for Mental Wellness Activities encourages students to participate in various activities to strengthen mental wellness, including workshops, talks, symposiums etc. to release their stress as well as training classes and courses such as counselling training to enrich their knowledge on mental health in order to improve students’ overall mental wellness.

Eligibility:
For Wu Yee Sun College students who participate in mental health activities and trainings organized by organization(s) other than College

Examples:
Mindfulness Workshop, Laughter Yoga, Art or Music Therapy Class, Counselling Workshop, Talk or Symposium on Mental Health, Mental Health First Aid Course

Funding Amount per student per activity:
Maximum $800 or 80% of the course / activity fee (whichever is lower)

Take a look at the guidelines and the report template, and start your healthy life now!!!

Application: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6754853

Enquiries:
Miss Carly Lau (3943-3988 / carlylau@cuhk.edu.hk)
2. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK$100 subsidy for the activity.


**Enquiries:**
Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone! A SMALL change can make a BIG difference!
If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply “Be Entrepreneurial!” Funding Scheme.

**To provide more support to students, the maximum funding amount has been raised to $20,000!!!**

**Maximum Funding Amount:** HK$20,000

**Eligibility**
- All WYS undergraduate students
- Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
- Applications are welcome all year round

What are you waiting for? Click HERE to find out more information!

**Enquiries:**
Miss Florence Tsui (3943-9767 / florencetsui@cuhk.edu.hk)

4. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

**Introduction**
Global Learning Award Scheme aims to encourage students to create, design, plan or participate in non-local academic or experiential learning programmes, so as to broaden students’ international perspectives and enrich their experiences. Students need to demonstrate from the application documents and interview that the programme applied is beneficial and valuable to them instead of just simply for entertainment. The College Student Exchange Committee will then determine if the students can be awarded, and the award amount (if any). For successful applicants, they will be awarded “Global Learning Award” and receive the award amount after fulfilling all post-trip requirement on time. For more details, please refer to the [webpage of GLAS](#).

**Eligibility**
All Wu Yee Sun College students (except Exchange students) are eligible for application. The programme joined or planned must be finished by their corresponding graduation date. Some examples are students self-initiating or joining overseas tours, academic conferences, competitions, field trips, courses, internship/major-related
placement, research, voluntary service. Programmes organized and subsidized by the College and Term-long Exchange Programmes are excluded.

**Maximum Award Amount**
The maximum award amount varies with the programme length and programme nature.

<table>
<thead>
<tr>
<th>Programme Length</th>
<th>Programme Nature</th>
<th>Maximum Award amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short-term</td>
<td>Self-initiated programmes</td>
<td>HK$12,000 or 100% of cost of the particular items (whichever is lower)</td>
</tr>
<tr>
<td></td>
<td>Participating in organized programmes</td>
<td>HK$5,000 or 50% of cost of the particular items (whichever is lower)</td>
</tr>
<tr>
<td>Long-term</td>
<td>Self-initiated programmes</td>
<td>HK$15,000 or 100% of cost of particular items (whichever is lower)</td>
</tr>
<tr>
<td></td>
<td>Participating in organized programmes</td>
<td></td>
</tr>
</tbody>
</table>

**Application**
Before submitting the online application form ([https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6237886](https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6237886)), please read through all guidelines and samples on the webpage.

<table>
<thead>
<tr>
<th>Round</th>
<th>Applying for trips taken during (for trips overlapping both rounds, first date of the trip shall determine the application period)</th>
<th>Application period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter</td>
<td>1st Nov – 30th Apr</td>
<td>1st May – 31st Oct</td>
</tr>
<tr>
<td>Summer</td>
<td>1st May – 31st Oct</td>
<td>1st Nov – 30th Apr</td>
</tr>
</tbody>
</table>

**Enquiries:**
Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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**5. Service-learning project Funding Scheme** 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College’s Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

**Enquiries:**
Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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**6. Self-Motivation Fund for Sports Activities** 「自選遊」體育活動資助計劃

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Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities and qualification courses for sports coach, in order to live up the spirit “Sports for Everyone”.

More Diversified and Greater Support!

Eligibility
Application Fee of Sports Events --> BOTH application fee and course fee of sports activities and workshops

Funding Amount
Sports Activities: Max. $500 --> $1,000
Qualification Courses for Sports Coach: Max. $800 --> $2,000

Details: https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/

Enquiries:
Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

Other Activities & Announcements

1. Call for Entries: Social Innovation+ Competition
The Social Innovation+ Competition, sponsored by Bank of China (Hong Kong) and organized by Education For Good (仁人學社) is now open for application! Join the competition to unleash your creativity in solving socio-economic problems with a viable business model, with the application of Design Thinking, Finance and Technology. Submit a simple 2-page Executive Summary and stand a chance to win up to HK$30,000 and Paid Summer Internship Opportunities in Bank of China (Hong Kong) Limited, or Bank of China’s entities in the mainland of China and the ASEAN countries.

Join as a team of 2-3 tertiary students and apply before 5th Mar!

**Important Dates of Social Innovation+**
- 23rd Feb: Design Thinking & Green Finance Workshop [Optional]
- 5th Mar: Application Deadline
- 8th Mar: Unleash! Design Thinking Forum [Optional]
- 11th Mar: Announcement of Semi-Final Teams
- 14th Mar: Social Innovation Workshop [Optional]
- 24th Mar: Semi-Final Submission Deadline
- 31st Mar: Announcement of Final Teams
- 9th Apr: Grand Final & Result Announcement
- 27th Apr: Award Presentation Ceremony

**Awards & Prizes**
1. Cash prize: Champion - HK$30,000; 1st Runner-up - HK$20,000, 2nd Runner-up - HK$10,000
2. Paid internship Opportunities in one of the subsidiaries of Bank of China’s entities, in Hong Kong, Mainland China and the ASEAN* (including Shanghai, Singapore and Vietnam)
3. Certificate of Appreciation for all Semi-Finalist teams


**Competition Details:** www.socialinnovationplus.org

**Application Deadline:** 5th Mar

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2. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2018/19

CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature aims to encourage and recognize the excellence of research, analysis, and writing by the students of CUHK in the use of primary sources and rare materials held by the Hong Kong Literature Collection of The Chinese University of Hong Kong Library (CUHK

(Application Deadline: 28 June 2019)
Library). Applicants can visit the website of CUHK Library for the information on Hong Kong Literature Collection (香港文學特藏) at http://www.lib.cuhk.edu.hk/tc/collections/spc/theme/hklit.

**Number and Value of Scholarship**
There will be two scholarships of HK$10,000 each. The scholarship recipients should be able to demonstrate their strong competence in using the Hong Kong Literature Collection for their outstanding research papers on Hong Kong literature and related fields. No award will be granted if there is no suitable candidate.

**Eligibility**
Applicants must:
- Be full-time students taking undergraduate / research postgraduate programmes;
- Submit a research paper / thesis / dissertation * on Hong Kong literature and related fields; and
- Submit a statement in 500-800 words, written in either English or Chinese, on how to make use of the Hong Kong Literature Collection for the research paper / thesis / dissertation.

* For research paper, thesis and dissertation written in language other than English or Chinese, applicants are required to translate the academic works into either English or Chinese for submission.

**Selection Criteria**
A panel will meet to review applications and take into account the following during selection:
1. The originality, quality of analysis and interpretation of the research paper.
2. The excellence of writing style and thoroughness of documentation of the paper.
3. The extent and effectiveness of the applicant’s use of the Hong Kong Literature Collection in the research.

**Application Procedures**
Information on the Scholarship and its application form can be downloaded from the website of our Office at http://admission.cuhk.edu.hk/ (Financing Your Studies > Scholarships > Open for Applications).

Completed application form together with all requisite documents should be submitted in person to the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park during office hours (Monday – Friday 8:45 a.m. - 1:00 p.m. and 2:00 p.m. - 5:30 p.m. except Public Holidays) on or before 28 June 2019. Late or incomplete applications will NOT be considered. Please refer to Notes for Applicants attached to the application form for the requisite documents to be submitted by the applicants. Selection results will be announced by August 2019.

**Enquiries:**
Office of Admissions and Financial Aid (3943 9285/ sfas@cuhk.edu.hk )

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### 3. HKMA Youth Development Scheme Company Visit - UA Cinema

**Date:** 4th Mar (Mon)  
**Time:** 09:45 am – 11:45 am  
**Gather point:** UA Megabox House 4 Oscars Club  
**Language:** Cantonese  
*Seats are limited and on a first-come-first-served basis.*

**Application:** Interested students please email soniayu@cuhk.edu.hk on or before 27th Feb with following details:

1. Student ID  
2. English Full Name
4. Summer Subsistence and Travel Loan Scheme 2018/19

The Summer Subsistence and Travel Loan Scheme is to provide interest-free loan to needy full-time local undergraduate students who will participate in academic exchange programmes abroad in summer of current academic year / term time of next academic year or to those who will join other extra-curricular activities or academic trainings / programmes in summer.

Students should complete and submit online application in CUSIS during the period from 1st Feb to 15th March 2019. They are also required to submit the supporting documents as specified on Section 12 of the online application form to Room 1206, 12/F, YIA during the period from 11th to 15th March 2019. Students may visit http://admission.cuhk.edu.hk for application details.

Applicants will be informed of the results by the end of May via CUHK@link email.

Enquiries
Office of Admissions and Financial Aid (3943 1898)

5. Show Me Around! CUHK Photo Competition 帶我遊 • 中大攝影比賽

As a member of CUHK, you may be very familiar with the campus environment. Yet, have you taken a careful look around to notice any age-friendly places, practices or buildings in the campus? Things such as a long bench, or cultural activities and learning opportunities that also suit the interests of elderly people, or a pleasant resting area with green spaces are all examples of age-friendly facilities and services suitable for people of all ages including elderly people.

To promote age-friendly messages, Jockey Club Institute of Ageing organizes “Show Me Around! CUHK” Photo Competition to collect photos on age-friendly campus. All CUHK students are welcome to join the
competition and snapshot age-friendly facilities, places and services in the campus. Competition details are as follows and further information can be obtained at http://www.ioa.cuhk.edu.hk/en-gb/afc.

**Target:** Full-time / Part-time CUHK students

**Entries:** Using the theme of “Age-friendly CUHK campus^”, submit
1) a photo (e.g. people, events, still-life, campus environment, etc.);  
2) a brief description of the photo with at least 50 words

^ For the scope of CUHK campus, please refer to www.cuhk.edu.hk/english/campus/cuhk-campus-map.html

**Enrollment:** Submit your entry with photo, title, brief description and the information of shooting location, together with the entrant’s personal particulars (i.e. name, student ID, contact number and email), and send to Jockey Club Institute of Ageing (“IOA”) through afpcig@cuhk.edu.hk with the email subject of “Jockey Club Institute of Ageing Photo Competition”. Photo entries should be submitted in JPEG format with a file size of at least 2MB.

**Deadline:** 11 March 2019 (Monday), 5 pm (All submissions are based on the time of IOA’s server, and late entries will not be accepted)

**Prizes:**
1st prize (one) : $1,500 Cash Coupon*  
2nd prize (one) : $1,200 Cash Coupon*  
3rd prize (one) : $800 Cash Coupon*  
**Shortlisted entries** : $50 Cash Coupon*  
* Cash Coupon are from Eslite Bookstore or Commercial Press Bookstore

**Enquiries:**
Rina Ko (3943 9399 / rinako@cuhk.edu.hk)

6. Ambassador of ECF Fairness Under the Sun

Climate change is not only an environmental issue, but also an issue about fairness. Producers in the least developed countries are the ones who suffer the consequences of climate change, yet they get the least help. Globally, Fairtrade Carbon Credits have been introduced to mitigate the effects of climate change. Locally, the Hong Kong government has recently launched the Feed-in Tariff Scheme and other renewable energy projects to tackle it. How fair are they?

ECF Fairness Under the Sun programme is now recruiting student ambassadors, who will be responsible for guiding community tours showcasing local solar power facilities and delivering education workshops, to raise public awareness of environmental issues from June to Dec 2019. Before the tours, students will receive 8 sessions of training about climate change, renewable energy, Fair Trade and related topics from Mar to May 2019. Application deadline of the programme: 28th Feb.

Programme details: [https://goo.gl/forms/xALTpKtrqUZ2B4Qp1](https://goo.gl/forms/xALTpKtrqUZ2B4Qp1)

7. Student Residence Bursary Scheme 2018/19
(for students who reside in hostel for the second term only)
In order to help those needy students who are not able to benefit substantially from the Community Care Fund (CCF) hostel subsidy, the CUHK Student Residence Bursary Scheme was launched in 2014/15 academic year.

Eligibilities
To be eligible to apply for the CUHK Student Residence Bursary 2018/19, applicants must:
(1) be local full-time undergraduate students;
(2) be registered residents of the hostel and have resided in hostel for at least 75% of the term;
(3) have average monthly household income (during 1st Apr 2017 to 31st Mar 2018) lower than the median of the monthly household income published in the most recent Quarterly Report on General Household Survey by the Census and Statistics Department as follows:

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Monthly Household Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 person</td>
<td>$8,500</td>
</tr>
<tr>
<td>2 persons</td>
<td>$21,100</td>
</tr>
<tr>
<td>3 persons</td>
<td>$33,100</td>
</tr>
<tr>
<td>4 persons</td>
<td>$42,100</td>
</tr>
<tr>
<td>5 persons</td>
<td>$43,700</td>
</tr>
<tr>
<td>6 persons or more</td>
<td>$44,000</td>
</tr>
</tbody>
</table>

(4) be not able to benefit from CCF hostel subsidy or receive less than $1,360 per term under the CCF hostel subsidy.

The value of bursary will be maximum $1,360 per term. Eligible students who live in hostel for the second term only should submit their online application via CUSIS from 7th Jan to 28th Feb. Applicants are required to print out Section 7 of the online application form and submit together with supporting documents to the College Office on or before 28th Feb 2019. Students who reside in hostel for whole year and have submitted their applications in the first term need not submit their application again.

Details: [http://admission.cuhk.edu.hk](http://admission.cuhk.edu.hk)

Enquiries:
Office of Admissions and Financial Aid (3943-1898)