College Orientation Camp 2015
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Sunny Festival 2015
Scholarship and Perseverance

The Doctrine of the Mean Chapter 20: “One must make extensive study of what is good, examine it with a critical eye, reflect upon it with care, judge it with a clear mind, and carry it out earnestly.”

Wu Yee Sun College has been established since 2007 by the generous support of the Wu Yee Sun Charitable Foundation Limited. Foundation Stone Laying Ceremony of the College was held on 9 June 2010. The College has approximately 1,200 students in total, with about 300 students joining every year. The founding class was admitted in September 2012.
To complement the academic training offered by the various faculties and departments, the College proudly carries the collegiate tradition – a hallmark of the CUHK undergraduate education – in providing students with comprehensive whole-person education and pastoral care, thereby developing them into learned and upright leaders and citizens in society.

**VISION**

願景

書院秉承中大書院的優良傳統，與校內各專業學院和學系相輔相成，為學生提供全人教育和全面輔導，為社會培養才德兼備的公民和領袖。
Students will develop the drive for social entrepreneurship: a passion for creativity and innovation, and acumen in pursuing new projects and ideas, not just for personal gain but for the common good.

使命
彰顯創新志業
承擔社會責任
The publicity name of Wu Yee Sun College is "The Sunny College": half wordplay on Dr. Wu's name and half the College vision. May the College and its members, the Sunnies, radiate positive energy and be a passionate force that makes the world a better place.
THE SUNNIES:
WHAT I LOVE IN WYS

我最喜愛伍宜孫書院的是經歷有苦有甜，不完美卻不後悔。

創意最強書院，是IDEA發電站。

實踐環保生活，好鍾意宜孫綠。

不停有意外的世界，驚險有時，驚喜亦有時。

有好大自主發揮的空間，支持學生實現自己所夢所想。

濃濃創新志業的風氣，甚麼妙想天開的IDEA都有機會實現。

IT’S A NEW COLLEGE, WITH NO TRADITIONAL BOUNDARIES.

COZY HALL LIFE, YOU ALWAYS FIND PEOPLE CHATTING FOR HOURS JUST IN HALLWAY.

IT IS A TESTING GROUND, I CAN NOW FACE MORE AND GREATER FAILURES IN THE FUTURE.

GO GREEN, BE SUNNY!

THE PEOPLE, THE SUNNIES.

伍宜孫人，友善丶真摯。

像一個家，半夜在書院大堂為院慶趕工時，院長走來請我們吃蘋果。

有一個可愛可親的院長，非常關心學生，你會定期收到他分享的文章。

THE COLLEGE BELIEVES I CAN PERFORM MY POTENTIAL AND ALWAYS BE SUPPORTIVE.

有好大自主發揮的空間，支持學生實現自己所夢所想。

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THE COLLEGE BELIEVES I CAN PERFORM MY POTENTIAL AND ALWAYS BE SUPPORTIVE.
從服務中學習
書院人生必修科

中大旅居幾度春秋，書院書院有不同書院，書覓的是一同一座山川，不同書院載著不同土壞，培植出不同成果。伍宜孫書院（Wu Yee Sun College）培植出的新人種，就是帶出Sunny Spirit 的Sunnies！乘坐校巴沿林徑小徑緩緩向上爬，走到伍宜孫書院，每個人定必會被落地玻璃窗的景色吸引，走到觀夢室，從山上遙望馬鞍山，欣賞吐露港的海天一色。陽光明媚，亦正帶出書院的陽光精神。書院培養Sunnies的方法，就是強調承擔社會責任。校舍同學來自不同學科組別，成長背景、性格各異，但同樣以服務社會為目標，用創意做義工，書院結合在幕後大力支援，推動同學開發新理念，感受最真切的「務事 面面觀」。接觸不同領域，與同伴一同切磋「書院不一樣」、「高低起伏」等人生必修科。

THE SUNNIES

Kelly
劉珈余

Micki
劉美琪

Vincent
莊業豐

Kiki
陳煒棋

THE SUNNIES

WU YEE SUN COLLEGE / MASTER'S REPORT 2017
參與統籌，最後成為領袖人物。學到的除了是專業技能人情世故，更重要的是堅定了我渴望關懷別人的心。

- Micki
我们最怕只说不做，一腔热血想做就做，
走入真实环境做大事！

-Vincent

創出我天地！
學生生活援助計劃

在大學中邁越自己的姿態，
在課堂上不守本份，
創出新天地！

上山與諸士多
成就社會價值

有人在大學裏求自己的想法、
要在課堂上不守本份，
創出新天地！

Vincent參加了書院的「創出我天地」，
學生生活援助計劃（Students Entrepreneurship Scheme），
要創出生意盎然的生活。

創出的項目除了有商業計劃，
更需要的是將自己
化一為萬，點點滴滴的熱心。

Vincent認為修讀法律，
學生上課時要理解性思維。
要創出新天地，
創出的事業需有商業計劃。

書院的計劃亦教我們希望改變社會，
改變不是一件事從頭到尾，
是幾件事疊加以成。

創意地告訴我們，
創意要從小事開始。

如果上山與諸士多他，
我們都開心！

 última

 HAS：「基於對社會的服務，
可以再學堂內以任何形式，
有沒有商業計劃。

書院亦教我們希望改變社會，
改變不是一件事從頭到尾，
是幾件事疊加以成。

創意要從小事開始。

如果上山與諸士多他，
我們都開心！

 últim

服務學習計劃主任

-服務學習計劃主任

Kelly：「書院生活令我們明白，
很多道理不能用讀書學到，
現在我們知道，
自己是誰，自己是誰。

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創意要從小事開始。

如果上山與諸士多他，
我們都開心！”
A Heart to Serve

The College values not only academic grades but also what the students could achieve once they leave campus. The society offers a myriad of adventures for those who are willing to experience and learn from them. Some learned to be humble, some learned to improvise, some learned to empathize, and some learned to be responsible.

Since his days in Chung Chi College, College Master Professor P.L. Lee has upheld the key value of Service-Learning, which he has brought along to and successfully implanted in Wu Yee Sun College. As Mei-ki Lau (Micki) (Social Work/5) and Wai-ki Chan (Kiki) (Food and Nutritional Sciences/Class of 2016) recalled, different challenges may arise in all Service-Learning events, like problems with materials and hiccups in transport. All these help develop their problem-solving skills and the experience eventually pushes them to learn and grow faster. But Micki and Kiki didn’t stop there. They want to be sure if their services really helped anyone.

During their fourth year of study, supported by the College’s Service-Learning Project Funding Scheme, they flew back to the service target area waiting for the lift. Her project has since won the Silver Award in the College’s Sunny Passion Programme, and several other awards in Hong Kong and in China, including one by the Environment Bureau.

Kay-yu Lau (Kelly) (Global Economics and Finance/2) studies business but she has a vision far more than mere numbers, prices or funds. She came up with an idea for a “Knowledge Vending Machine”, with which her fellow schoolmates may learn about current affairs around the world while waiting for the lift. Her project has since won the Silver Award in the College’s Sunny Passion Programme, and several other awards in Hong Kong and in China, including one by the Environment Bureau.

A Store selling social values

The College encourages its Sunnies to feel the pulse of the community by proactively taking part in it. Yip-fung Chong (Vincent) (Laws/4) participated in the “Be Entrepreneurial! Funding Scheme”, hoping to start an ambitious business. It was a chance for him and the other entrepreneurial beginners to put themselves on a harsh course of training and exhibit their skills, igniting their own passion as well as the others’.

Law students are trained to be logical and objective. Nevertheless, being a start-up boss sparked Vincent’s inner flame and turned him into a locomotive which is driven by passion and is heading for a better society. “We couldn’t accept the attitude of the majority in Hong Kong on the direction of helping out small local shops, which has no solid action beyond endless debates. Our team would rather take the chance and take action,” said Vincent.

Today, internet shops with similar ideas are gaining popularity in the commercial reality outside the campus. Vincent isn’t sure if he had pioneered the idea in the first place. He only cares if there is anyone willing to take the first step and spark off a movement. The ultimate goal of these projects is to bring changes to society. Changes don’t happen overnight, but one idea may inspire another, and could bring changes eventually.

A College shines in breakthrough

Life at the College is full of sunshine, sweat, hustle, and joy. Our four Sunnies, with different major studies and personality, are connected by the same aspirations to serve the society. The enormous support from the College helps them incubate new ideas and utilize their boundless creativity.
創意實驗
培植新類型人

在教室中央，有一個標誌性設施，內裡有不同的工具、器材，由電腦、攝影器材到3D打印機，甚至電繪電腦都有。處處有一堆回收木條、銅條甚至一個玻璃槽。\n
不過這裡不是工廠，而是一個實驗室，數位創意實驗室。參與實驗室的同學，不再是冷冰冰的工件，而是熱情、創意的未來人。\n
Gundam
鄧建達

Candice
吳卓恩

THE SUNNIES

在創意實驗室中，有一個標誌性設施，內裡有不同的工具、器材，由電腦、攝影器材到3D打印機，甚至電繪電腦都有。處處有一堆回收木條、銅條甚至一個玻璃槽。\n
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Gundam
鄧建達

Candice
吳卓恩

THE SUNNIES
提升膽量 改變社會

Gundam 說道，因為一個叫 c!ab 的地方。c!ab 是一個創意實驗室，讓每個人都可以有自己專屬的空間，和同道中人一起實踐創意。來到 c!ab 就會有種感覺，這裡沒有傳統的課堂，沒有刻板的評分標準，大家可以一起實踐，一起改變，一起創造。Dawn 說：『每個人都有創意，只是看 你有沒有機會去實踐。』

其實每個人都有創意，只是看 你有沒有機會去實踐，有沒有 膽量去實現。來到 c!ab 就有種 感覺，大家都視破格、反傳統、 瘋狂為平常。

Dawn：『假如大學的課程都是按 照一個嚴格的標準進行，那麼 每個人都會受限於條條框框。 然而 c!ab 是一個創意的實驗 室，讓每個人都可以自由地實 踐自己的想法。』

有自己專屬空間，同道中人就 可以聚集，很多時候一個新點 子就是這樣開始。——Gundam

24 hours

Day

The Sunnies

創意實驗室 (c!ab)

c!ab 創意實驗室 (c!ab) 是一個沒有界限的實驗場，讓每個人都可以自由地實踐自己的想法。來到 c!ab 就有種感覺，大家都視破格、反傳統、 瘋狂為平常。
BOOK REVIEW

"自我,為幼苗催生。"

Candice說，當孩子初認識世界時，因好奇想辦法推開了未知的大門。

Do not hallucinate.

1. **Experiment 2**

植入設計觀

正如Dan所说，人類是動靜結合的，看書看書時，造成靜的過程，

2. **Experiment 3**

育成同理心 創意為人

『培養社會價值觀』讓孩子張開視野。書籍是非常重要的學習工具，

**Summary**

Natalie非常注重環境，書房也吸引很多價值相同的朋友來分享，

**Do on/Off**

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**Experiment 3**

育成同理心 創意為人

書房非常重要，書房是你的第二個家，是你可以在書房裡

書房創業坊

**Do on/Off**

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**Experiment 2**

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Do not hallucinate.
CREATIVITY EXPERIMENTS: INCUBATING NEW MINDS

In the middle of the Wu Yee Sun College campus stands a monumental facility. Resources from recycled wood, glass, 3D printers to electric drills are found there. This, however, is not a workshop but a laboratory. Students experimenting with their ideas here at “clab”, the Creativity Lab, do not aim at achieving personal craftsmanship or developing a profitable business. They are here to explore possibilities - possibilities of actualizing their widest ideas. Through countless experiments, some students learn more about themselves, some learn to empathize, and some take on a distinctly different path in life. Underlying all their bright ideas is always the intention to preserve our core values, our traditional virtues.

Step 1: Emboldened to change the society

clab, which opens 24 hours a day, is a space for students to indulge in their widest imaginations, which could eventually lead to concepts that reform current social norms. Students with pioneering ideas gather at this hub to see what interactions could happen.

Environmental protection has always been one of the essential elements of the College. For the annual Photo Day, Lok-hei Leung (Dawn), (Journalism and Communication/ 3) had the idea of replacing the usual balloon arch by a wooden one made of recycled legs. Bamboo recycled at the end of the day were made into dried flowers. “Everyone is creative, but not everyone is bold enough to make it work. Working in clab is one of my best times in campus life,” said Dawn.

Step 2: Implant design thinking

clab has an “idea wall” posted with loads of post-it stickers, each with a peculiar idea. This is what the College values. “Design Thinking”, Kin-tat Tang (Gundam) (Chemistry/ Class of 2016) recalled how a trip to Tainan with his parents. The unique architecture and the creative atmosphere inspired him to think outside the box. “Everyone at clab, which opens 24 hours a day, is a space for students to indulge in their widest imaginations, which could eventually lead to concepts that reform current social norms. Students with pioneering ideas gather at this hub to see what interactions could happen.

The College’s emphasis on environmental protection drives students with the same perception like Sum-yue Chung (Natalie) (Geography and Resource Management/ 2), who started the local travel advice website “Vian”. It promotes lesser-known locations in Hong Kong to encourage local travelling in order to reduce the need to travel abroad, and thus contribute to the carbon footprint. “The General Education course offered by the College enriched my knowledge and encouraged me to join various competitions.” She interviewed numerous citizens in public and found out most people know very little about local attractions. Utilising their expertise, her team made the “Vian, a local travel website with a touch of social responsibility. “We were the College for providing a platform to gather talented partners in the University, as well as providing connections to us, from acquiring professional advice to media interviews.”

Step 3: Nurturing empathy: people oriented creation

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Step 4: Through trial and error

The critical lesson learned in the College is the will to try, and the mind to accept failures. “The College Master repeatedly advised on the importance of learning how to accept failure. After years of lessons learned in the College, I am calmer now when facing setbacks. Failure is not always unacceptable, nor is it the end. We should keep up and work harder until more people see the full picture,” said Gundam.

“Even if sometimes our imaginations are too wild, the College provides detailed explanation on possible limitations in reality and risk analysis to make us understand fancy ideas do not equate with thoughtlessness actions,” said Dawn.

“I used to point the finger at and hold a grudge on failures. Through participating in various projects and talking with many different people, I learn to be in other’s shoes and understand everyone has his own difficulties,” said Candice.

Modern education nowadays is being criticized for indoctrinating instead of educating, cloning instead of enlightening. Here in clab, we are nourishing a new breed, which will be creative, empathetic, courageous, compassionate, studious, steadfast, and with the heart to preserve traditional virtues.
Personal Growth

Year 1

**Orientation Camp**
Freshmen begin their journey and meet new friends

**General Education Course**
Entrepreneurial Spirit and Social Responsibility – Learn the concept of university education, social justice and responsibility, fundamentals of social issues, the nature of the market economy and the role of social ventures, and appreciate design thinking from an interdisciplinary perspective

**College Student Advisor Scheme**
Gather with teachers and peers to know more about university life and set goals for the forthcoming years

Year 2

**Mentorship**
Enrich students’ personal skills, social network and career development through learning from professionals of various sectors

Year 3

**Professional Learning Scheme in Shanghai**
Gain holistic understanding of business operations and socio-cultural landscapes of Shanghai, hence develop students’ personal network in mainland China and encourage them to embrace challenges

Year 4

**General Education Course**
College Senior Seminar – Design and plan, in small groups, innovative social ventures that promise to bring social benefits to the community

**College Forum and High Table Dinner**
Opportunities to interact with distinguished speakers from different professions and academic disciplines
The College encourages students to utilize the knowledge and experience they have learned from various programmes and courses and convert them into a range of project ideas which echoes with the core values of the College: Creativity, Entrepreneurial Spirit and Social Responsibility.

**BEST FINAL-YEAR PROJECTS**

A mobile application to promote environmental friendliness in University Photo Days by providing landing services of graduation dolls, flowers and props. The project was also awarded the Bronze Award of the Sunny Passion Programme 2015/16.

**Community Store**

An extension of the "CUHK Store" which aims to encourage the general public and students to pay more attention to their heritage and the historical development of Hong Kong. They can explore a place that they may call a second home during their short visit and the App can provide them with a deeper appreciation and understanding of Hong Kong.

**Knowledge Vending**

The team connects the idle time while waiting for the lift at hostel with promoting global citizenship. By producing a machine with a question bank of global issues such as famine and global warming, students can entertain themselves with a few MC questions about poverty or climate change while waiting for the lift. The team set up a booth in the lift lobby and showed display board and questions in the initial stage and finally turned their idea into reality. With the assistance from CUHK Pre-incubation Centre (Pi Centre) and the College, a kiosk was placed in the Lift Lobby of the College hostel.

**Beyond Times**

In view of the rising rate of youth suicide in recent years, Beyond Times wishes to educate the public and raise awareness towards mental health through organizing workshops where participants can experience a simulation of their death. Through the programme, they guide people to confront, understand, accept and honor the meaning of death of their death. Through the programme, they guide people to understand, accept and honor the meaning of death of their death. Through the programme, they guide people to understand, accept and honor the meaning of death of their death.

**PERSONAL GROWTH**

**Easiotherapy**

A mobile application that promotes occupational health by providing guidance and advice of regular exercise and better mental health by providing occupational health by providing guidance and advice of regular exercise and better mental health.

**Venture HK**

Venture HK is a campaign launched by Venture which aims to organize a competition similar to orienteering targeting at educating secondary school students to discover the inherent assets of Hong Kong and acquire low-carbon living.

**Five vs Wild**

The project investigates more on the insect eating habits globally and give suggestions on how to educate the community and promote the overall consumption of insects in the College and Hong Kong to cope with the global warming problem which is worsened by the over consumption of meat.
BE ENTREPRENEURIAL! FUNDING SCHEME

CUHK Store
Yip-fung CHONG
Chin-cheng WAN

It is a social enterprise taking the shape of an online grocery store which aims to support local economy by sourcing and redistributing unique products made by a host of small local stores. Not only does it provide students with another shopping option, it takes upon itself to promote small, traditional businesses and enhance students’ knowledge of them by shortening distance between consumers and producers. It also encourages schoolmates to reduce reliance on consortiums, consider other choices and promote ethical consumption. The project was supported by the College’s Be Entrepreneurial! Funding Scheme for the start-up capital.

Precious Plastic
Shirley H.Y. LEE
Kai-lai NG
Tsai-ching TANG

By building the small-scale plastic recycling machines from the blueprints that originally designed by Dave Hakkens, individuals can use the machine to complete the entire recycling process - shredding, melting and remolding - to transform plastic into new objects. The group hopes to boost plastic recycling, clean up plastic waste and provide new raw materials for makers to work with in CUHK. With these machines, creative and environmentally conscious students can be brought together to protect the environment and raise awareness on plastic waste problem.

OTHER STUDENT SELF-INITIATED PROJECTS

V’air
Sum-yue CHUNG
Suet-ying LI
Tsai-chung YEUNG

Tsai-chun Yeung and Sum-yue Chung teamed up with another HKUST student to realize their creative and innovative idea “V’air”, which is an Airbnb-style platform that encourages local travel to decrease carbon footprint by allowing individuals and groups to list local tours available and offering various incentives to attract customers to spend their money and holidays locally.

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Kai-lai NG
Tsai-ching TANG

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Mobile App Development for SEN students
Wai-kwan LAM

Wai-kwan Lam teamed up with three other CUHK students and championed in the “SAMSUNG Solve for Tomorrow 2015” App Development Competition. The competition was organized by SAMSUNG HK with various partners and aimed to deliver positive social change and help students with special education needs (SEN) through technology. The team’s project titled ‘GalaxyMaze’, targeted at training children with Attention Deficit Hyperactive Disorder (ADHD) in their three major weaknesses - inattentiveness, hyperkinesia and weak short-term memory.

Mobile App Development for SEN students
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多啦再生門
Zhiyuan ZHANG

Zhiyuan Zhang teamed up with her friend and proposed a mobile application for selling and buying used products. Sellers can list their unwanted things and reach buyers through the app. It provides a solution to the gargantuan amount of waste caused by students upon moving out of their dormitories at the end of each academic year.
### COLLEGE FORUMS, HIGH TABLE DINNERS & NIGHT TALKS

#### 2015/16

<table>
<thead>
<tr>
<th>Year</th>
<th>Event Type</th>
<th>Guest Speakers Topics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>College Forums</td>
<td>Dr. Rebecca L.S. Lee (Adventure and Scientist)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mr. Lao C.W. Lam (Professor of Sociology)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Professor Siu-kai Lau (Professor of Department of Sociology)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Professor David S.C. Hui (Professor of Department of Medicine and Therapeutics)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mr. Park-lai Choi (Editor of Chinese Almanac and Chairman of Shun Lung Yat Chak Foundation)</td>
</tr>
<tr>
<td></td>
<td>High Table</td>
<td>Ms. Lili Tsang (Affiliated College Fellow; Practicing Solicitor of Rowdget W. Young &amp; Co.)</td>
</tr>
<tr>
<td></td>
<td>College</td>
<td>Mr. Nicholas W. Yang (Emeritus Professor of Sociology)</td>
</tr>
<tr>
<td></td>
<td>Term 1</td>
<td>Mr. John K.H. Lee (Affiliated College Fellow; Practicing Solicitor)</td>
</tr>
<tr>
<td></td>
<td>Night Talks</td>
<td>Mr. Stephen Chau (Executive District Director of AIA International Ltd, Hong Kong)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mr. Darius L.Y. Yuen (Interim CEO of China Goldjoy Asset Management)</td>
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<tr>
<td></td>
<td></td>
<td>Mr. Nicholas W. Yang (Emeritus Professor of Sociology)</td>
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<tr>
<td></td>
<td></td>
<td>Mr. Leo C.W. Lam (Emeritus Professor of Sociology)</td>
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<tr>
<td></td>
<td></td>
<td>Mr. Philip Li (Chairman of China Chenglin (Asia Pacific) Credit Rating Company Limited)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mr. Stephen Wong (Managing Director of Genesis)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mr. Hung Chan (Founder, Principal Chan Free Tutorial World)</td>
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<td></td>
<td></td>
<td>Mr. Tak-sing Tsang (Former Secretary for Home Affairs of Hong Kong)</td>
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<tr>
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<td></td>
<td>Mr. Gilbert Y.C. Chow (General Manager HK for Northwest Airlines of the USA)</td>
</tr>
<tr>
<td>Term 2</td>
<td>College Forums</td>
<td>Mr. Philip Li (Chairman of China Chenglin (Asia Pacific) Credit Rating Company Limited)</td>
</tr>
<tr>
<td></td>
<td>Night Talks</td>
<td>Mr. Hung Chan (Founder, Principal Chan Free Tutorial World)</td>
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<td>Mr. Hung Chan (Founder, Principal Chan Free Tutorial World)</td>
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<tr>
<td></td>
<td></td>
<td>Ms. Lili Tsang (Principal, Dansaa a Lili Ballet Academy)</td>
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</table>

#### 2016/17

<table>
<thead>
<tr>
<th>Year</th>
<th>Event Type</th>
<th>Guest Speakers Topics</th>
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</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>College Forums</td>
<td>Mr. Yu-siu Lau (Professor of Sociology)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mr. Philip Li (Chairman of China Chenglin (Asia Pacific) Credit Rating Company Limited)</td>
</tr>
<tr>
<td></td>
<td>High Table Dinners</td>
<td>Dr. Peter C.W. Pang (Plastic surgeon)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mr. Gilbert Y.C. Chow (General Manager HK for Northwest Airlines of the USA)</td>
</tr>
<tr>
<td>Term 2</td>
<td>College Forums</td>
<td>Mr. David M.H. Fong (Managing Director, Hop Shing Hong Group of Companies)</td>
</tr>
<tr>
<td></td>
<td>Night Talks</td>
<td>Professor Kwok-choung Tso (Adjunct Assistant Professor of Philosophy)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mr. Hung Chan (Founder, Principal Chan Free Tutorial World)</td>
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<td></td>
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<td>Mr. Stephen Wong (Managing Director of Genesis)</td>
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</tbody>
</table>

#### Student Organizations

- **Student Union (學生會)**
- **Executive Council (幹事會)**
- **Judiciary Committee (法務會)**
- **Representative Council (代表會)**
- **Student Publication Committee (出版委員會)**
- **Astronomy Society (天文學會)**
- **Economics Society (商業學會)**
- **Creativity Laboratory (創意實驗室)**
- **Dessert Society (甜點學會)**
- **Drama Society (戲劇社)**
- **Green Team (環保小組)**
- **Music Team (音樂小組)**
- **Non-Resident Association (名譽會友)**
- **Resident Association (會員會友)**
- **Rotaract Club (視障青少年服務會)**
- **Sports Association (體育會)**
- **The Nethersole School of Nursing Association (护理學會)**
- **The Society of Business Administration (工商管理學會)**
- **Toastmasters Club (英語論壇會)**
- **Wu Yee Cell (基督徒社)**

**Topics**

**Mental Health Forum**

**Financial Planning and Your Life**
International Exposure

The College supported 437 students to visit over 50 countries or regions to gain international exposure in the past two years.

I have tried and learned many things while staying in Australia, like Australian slang. I am also attempting to get used to Australian food, like the infamous breakfast spread Vegemite. I am optimistic that weather will improve and can’t wait for it to warm up so I can wear my Wu Yee Sun Go Green shirt around campus!

We in Hong Kong treat Easter as a short holiday to relax (or to get prepared for mid-terms and final examinations) but in here, Sweden, we really meet up with friends and family to enjoy the weekend.

I think it will take time for me to reflect and realize how much I have learned after these experiences but I will surely call this trip a real eye-opener.

132 students from 20 countries coming to our College for study
The College has been organizing Term-long Exchange Programmes to provide opportunities to students to study outside Hong Kong. Students can apply to go on exchange to other institutes worldwide for one semester or one year.

### TERM-LONG EXCHANGE

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<thead>
<tr>
<th>America</th>
<th>Canada</th>
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<tr>
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<tr>
<th>United States</th>
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<td>University of Pittsburgh</td>
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<td>University of Rochester</td>
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<td>Northwestern University</td>
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<td>Zhejiang University</td>
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<th>South Korea</th>
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<td>Korea University (Division of International Studies)</td>
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<thead>
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<td>University of Economics, Prague</td>
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<td>University of Tampere</td>
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<th>Germany</th>
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<td>Albert-Ludwigs-Universitat Freiburg</td>
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<th>The Netherlands</th>
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<td>University College Maastricht</td>
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<tr>
<td>University of Groningen</td>
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<th>United Kingdom</th>
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<td>University of Aberdeen</td>
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<tr>
<th>Oceania</th>
<th>Australia</th>
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<tr>
<td></td>
<td>The University of Adelaide</td>
</tr>
<tr>
<td></td>
<td>Monash University</td>
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</tbody>
</table>

### SHORT-TERM EXCHANGE

The College offers a wide range of short-term programmes for students to participate. The duration of the programme varies from a few days to one month.

#### PROGRAMME HIGHLIGHTS

2. Summer Overseas Language Programme: The University of Western Australia 2016/17
3. Spanish Language and Cultural Tour
4. The 13th Moonlet Programme: Sino-Russian Cultural Exploration
5. Professional Learning Scheme in Shanghai

#### INCREASE VARIETY

To provide more different choices to the students on top of term-long exchange programme.

- **Language**
- **Service**
- **Culture**
- **Business**

139 students were supported by the College to attend exchange programmes in 27 countries in the past two years.

In order to allow students who cannot study one term or one year away from Hong Kong to expose themselves to different cultures, the College offers a wide range of short-term programmes for students to participate. The duration of the programme varies from a few days to one month.
GLOBAL LEARNING
AWARD SCHEME

95 students visited over 40 countries or regions through the Scheme in the past two years.

in support of students’ initiation

In addition to organizing various cultural exchange programmes, the College also expects students to unleash their creativity, design and plan their own non-local programmes so as to broaden their international perspectives and enrich their experiences. Selected students are awarded the Global Learning Award to support pursuit of their dreams.
The establishment of "House of Sunny Living (ハウスリビング)" is Wu Yee Sun College’s new initiative for promotion of healthy living style. It aims to transform our students into a positive and radiating energy force to make the world a better place. Our whole person approach starts with helping students discover their passions, dreams and sense of purpose in life so that they can form their own identity and develop a character of integrity and perseverance.

The House adopts a holistic three-pronged community approach by integrating three dimensions of “health and spiritual well-being”, “sports for life” and “go green and lead the society” to target the well-being of the body, mind and spirit of our students and encourage their contributions to the environment and society.

Health and Spiritual Well-being
initiated by the Health and Spiritual Well-being Committee to nurture positive energy, self-confidence, competence, leadership and management skills among students through counseling, art and music therapies, relaxation and meditation techniques, career life planning talks and seminars.

Sports for Life
led by the Sunny Sports Committee to create passion and perseverance for sports and practice for lifelong physical strength and mental fortitude through fitness training such as pilates, gym and sports events.

Go Green and Lead the Society
spearheaded by the Campus Environment Committee and Green Team to care for the environment and society through “learning in” and “learning out” the community via green initiatives and social servicing outreach.

Full Sea View Gymnasium - The gymnasium overlooking Tolo Harbour is the perfect place to keep both body and mind fit.

Multi-purpose Sports Room - It provides an excellent place for students to practice dancing, yoga and conduct any other healthy activities.

The Lounge - The Lounge not only provides an intimate environment for relaxation, it is also equipped with AV equipment to allow students to conduct various forms of activities.
“House of Sunny Living” Open Day
House of Sunny Living was open for visit in 2016 and a range of health-related activities were offered to participants, including tasting fresh salad and flower tea, making creative artwork and doing health assessment and fitness test.

Walking Campaign
On the same day, the College organized “Walking Campaign 2016” together with the University’s Committee on Health Promotion and Protection (CHPP). Hundreds of participants including a team of teachers and students from Wu Yee Sun College set off from the University Piazza and headed towards our College.

Route of Walking Camping
Sports for Life

Sportsmanship

We treasure our students’ sports talents and provide training support for the College sports teams. Each of our 17 College Teams has delivered their best and shown progressive improvement over the past few years.

- Rowing Team captured the Men’s Champion and Tennis team won the Women’s first runner-up
- Soccer Team and Table Tennis Team entered the semi-final for the first time
- Some individual athletes also achieved excellent results in open competitions such as the Standard Chartered Hong Kong Marathon

What we value most is the strong sense of sportsmanship of each and every athlete. They may have gained victory, but they also encountered bottle-neck situations in training, and confronted defeats in competitions. No matter what they encounter, they go through all the hardship and happiness as a team, because they enjoy the journey with team members.

Self-Motivation Support

- Sports for Life Award Scheme and Self-motivation Fund for Sports Activities were set up to encourage students to participate in College sports activities, while the latter subsidizes students who joined non-College-organized sports events (e.g. Standard Chartered Marathon and Spartan Race). We dedicate to motivate students to establish routine exercise practice and live a healthy lifestyle.

Personal Fitness

- Fitness Consultation Sessions – In-house certified fitness trainers stationed at our gymnasium to provide personal fitness advice and lead fitness class

Round Campus Run

- A signature College sports event which motivates almost 300 CUHK students’ participation and enjoyment in working out.

A wide array of sports activities is provided to students to let everyone enjoy sports fun

- Hip Hop Dance Class
- Sports Climbing Certificate Course
- Woodball Workshop
- Yoga Class
- Darts Training Class
- Water Sports
- Enhancement Programme
- Thai Boxing
- Nike+ Training Club
- Hiking
Health and Spiritual Well-being

Relaxation through Music
A group of Sunnies enjoyed a relaxing evening at a music workshop and the participants relieved stress by listening to different songs.

Liver Health Seminar
To make the students and staff better understand their liver health, a seminar on liver health with Fibroscan test was organized.

Meditation – Mind, Body and Spirit
Participants learned the fundamental theory of meditation and practised meditation to wipe away the day’s stress and restore the calmness and inner.

Healthy Cooking for Christmas
To teach the students and staff how to eat and cook healthily, the College conducted a Healthy Cooking for Christmas workshop.

Reading Club
The Reading Club gatherings are held at The Lounge in House of Sunny Living where a relaxing and comfortable environment is provided for the participants and authors to share their feelings on the books and exchange writing ideas.
Go Green and Lead the Society

Freecycling at Hostel Check-out

At the hostel check-out period every year, many useful household products like hangers, rubbish bins and laundry baskets are collected from resident students, and then re-distributed to new residents during hostel check-in of the next year.

Rooftop Organic Farming + Harvest Sharing + Salad Making

The College Green Team (環保小組) regularly plant different edible vegetables and fruits, including papaya, cherry tomatoes, strawberries and lettuce, at the College rooftop garden.

Different types of workshops, visits and outings are organized to enhance students’ exposure to the natural environment.
Hop Wai Art and Cultural Programme: “Demonstration on Seal Carving” by Visiting Artists Professor Aiguo Zhang and Professor Yongjiang Wang

Hop Wai Art and Cultural Programme: “Watercolor Workshop – Daily Sketching with Watercolor” by Visiting Artist Ms. Larine Chung

Hop Wai Art and Cultural Programme: “Printmaking and Sculpture Workshop” by College Honorary Advisor Professor Hon-ching Lee

Hop Wai Art and Cultural Programme: “Drawing Workshop – Learning Drawing from Renaissance Masters” by Visiting Artist Ms. Larine Chung

Chinese Calligraphy Class

Drama Society participated in CUHK Drama Competition

Arts & Culture
ARTS AND CULTURE

Chinese Painting Workshops

English through Music and Songs Appreciation

Film Festival

Art Festival – Singing Contest

The Articulate Artist

Salsa Dance Night

English through Wine Appreciation

Music Concert organized by c!ab and Music Team

English through Nature and Bird Watching

Arts & Culture
About College

ADMISSIONS IN 2016/17

- 75 College students received Admission Scholarship from the University and/or College, accounting to about 25% of the total number of admitted students in 2016 entry

Student Compositions

- About 1,200 students in total, admits approximately 300 students every year
- 86% local students
- 14% non-local students (from Mainland China, Taiwan, Malaysia, South Korea, Denmark, Germany, Italy and others)
- About 40 incoming exchange students in each term

Faculty Distribution of Students of All Years

<table>
<thead>
<tr>
<th>Faculty</th>
<th>%</th>
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<tbody>
<tr>
<td>Arts</td>
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<tr>
<td>Science</td>
<td>13</td>
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<tr>
<td>Business Administration</td>
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<tr>
<td>Law</td>
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<tr>
<td>Social Science</td>
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<tr>
<td>Medicine</td>
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<td>Engineering</td>
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<td>Centre for China Studies</td>
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<tr>
<td>Interdisciplinary Major Programmes</td>
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University & College Admission Scholarship Overview (2016/17)

Scholarship Recipients by Admission Channel

<table>
<thead>
<tr>
<th>Channel</th>
<th>Recipients</th>
</tr>
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<tbody>
<tr>
<td>JUPAS</td>
<td>28</td>
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<tr>
<td>Non-JUPAS (local)</td>
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<tr>
<td>Mainland China</td>
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<tr>
<td>Other Regions</td>
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Scholarship Recipients by Faculty Distribution

<table>
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<th>Faculty</th>
<th>Recipients</th>
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<tbody>
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<tr>
<td>Business Administration</td>
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<td>Law</td>
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</tr>
<tr>
<td>Science</td>
<td>6</td>
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<tr>
<td>Interdisciplinary</td>
<td>6</td>
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<td>Social Science</td>
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<tr>
<td>Education</td>
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<tr>
<td>Engineering</td>
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<tr>
<td>Arts</td>
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New Students Admitted Via Different Channels in 2016/17

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<th>Recipients</th>
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<tbody>
<tr>
<td>JUPAS</td>
<td>61%</td>
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<tr>
<td>Non-JUPAS (local)</td>
<td>21%</td>
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<tr>
<td>Mainland China</td>
<td>10%</td>
</tr>
<tr>
<td>Other Regions</td>
<td>8%</td>
</tr>
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</table>

SCHOLARSHIPS & AWARDS

More than 1,500 students

- Over the past five years, more than 1,500 students received various kinds of scholarships and financial aid

HK$3 million

- In 2015/16, the College presented about HK$3 million scholarships and awards as well as financial aid to a total of 450 students

HK$4.5 million

- For 2016/17, the College has budgeted about HK$4.5 million scholarships and awards as well as financial aid for about 640 students

Types

- Admission Scholarships and Awards
- Scholarships and Awards for Academic Excellence
- Scholarships and Awards for Creativity, Student Development and Talents
- Student Exchange Scholarships and Awards
- Grants and Financial Aid

Wu Yee Sun Awards for the Most Distinguished Graduating Student

- The most prestigious award for recognizing graduating students who demonstrate the College motto with all-rounded development

Financial Aid

- Different bursary schemes available including
  - Student Grant
  - Hostel Grant
  - Exchange and Travel Grant
  - Emergency Grant
- ranging from HK$3,600 to HK$20,000

35% of students received College’s scholarships and awards in 2015/16

- About 50% of students can receive different kinds of College’s scholarships and financial aid in 2016/17
- Average amount of scholarships offered in 2016/17 – approximately HK$7,200 per recipient
- Award amount for Admission Scholarships offered to freshmen ranging from HK$5,000 to HK$50,000

3.5 million HK$

- In 2015/16, the College presented about HK$3 million scholarships and awards as well as financial aid to a total of 450 students

4.5 million HK$

- For 2016/17, the College has budgeted about HK$4.5 million scholarships and awards as well as financial aid for about 640 students
Several new initiatives and facilities were established and set up in the past two years in order to provide a more encouraging and comfortable environment for students’ betterment.

During the academic year 2016/17, our podium, an iconic feature of the College, has been named the Terrace of Dreams. Facing the Tolo Harbour, the podium enjoys a picturesque view with Pat Sin Leng. The Founding College Master, Professor Rance P.L. Lee, started it with a ceremony in November 2016.

The Graduates Plaque engraving the names of all College graduates was installed in the College Central Courtyard. An unveiling ceremony was held by College Chancellor, Mr. Albert P.C. Wu (Cum representative of the College Alumni Association Preparatory Committee), Mr. Sam L.H. Cheung (Chairman of the College Alumni Association Preparatory Committee) and Mr. Arthur Wu (Alumni representative of the College Alumni Association Preparatory Committee).

Over the years, Seeds Foundation (仁澤基金會), Yan Chak Foundation (嚴震基金會) and Hengdeli Holdings Limited (恆迪控股有限公司) have supported the College in providing various innovative facilities for students.

The Lounge was set up not only to provide an intimate environment for relaxation, it is also equipped with AV equipment to allow students to relieve their pressure through enjoying various multimedia resources. A new vending machine is also installed to provide healthy choices of snacks and drinks. Students are most welcome to come to relax and mingle with their friends.

The Lounge of House of Sunny Living

With the generous donation from the Hong Kong Shun Lung Yan Chak Foundation (香港順倫嚴基金會), our study room has been recently renovated to provide a cozy environment for the students to study.
STUDENT ACHIEVEMENTS

SPORTS

2015/16

2016/17

CUHK Aquatic Meet

09/10/2015

07/10/2016

Second runner-up

Second runner-up

Women’s 50m Backstroke (Cynthia H.Y. NGAI 馮敏仪)

Men’s 4 x 50m Freestyle Relay (CUHK Team)

Women’s 100m Backstroke (Cynthia H.Y. NGAI 馮敏仪)

Women’s 200m Breaststroke (Cynthia H.Y. NGAI 馮敏仪)

CUHK Athletic Meet

19/11/2015

16/11/2016

First runner-up

Champion

Men’s 200m (Man-tsun WU 吳日松)

Men’s 300m (Hannesl H.N. CHOW 周漢斯)

Men’s High Jump (Ka-sang LEUNG 梁家聲)

Men’s Discus (Kung-yip KUNG 黃永耀)

Second runner-up

Second runner-up

Women’s Team

Women’s 4 x 100m (Women’s Team)

Women’s Long Jump (Women’s Team)

Third runner-up

Third runner-up

Women’s 100m

(Wing-ming YUEN 袁永明)

Women’s 4 x 100m World Champions

Men’s 5000m First runner-up

11/03/2017

Dr. Wai-shan LUI 吕偉珊

Dr. Suet-ying LI 李思盈

Proposal Award

Second-class Prize in category Entrepreneurship

Challenge Cup National Competition Hong Kong Regional Final – Hong Kong University Student Innovation and Entrepreneurship Competition 2016

Environment Bureau Sustainable Development Promotion Award for Students of Higher Education Institutions

Proposal Award

Proposal Award

Sustainable Development Promotion Award for Students of Higher Education Institutions

Proposal Award

WHAT is LOVE

Kai-yu LAU 潘家祐

Second runner-up

USFHK Woodball Competition

13/03/2016

USFHK Men’s Soccer Competition

11/03/2017

Overall Champion

Women’s Champion

Men’s First runner-up

CUHK Team participating students: Chi-ho LAW 洛智伯

Chi-ho LAW 洛智伯

Champion

Women’s Individual

Champion

Women’s Individual

USFHK Most Valuable Player

3/04/2017

CUHK Most Valuable Player

20/04/2017

Men’s and Women’s Individual

Champion

Men’s and Women’s Individual

Champion

22/04/2017

Rock Cawen Development Policy in Keolion

2016

Galfed 2016 4A Finalist in Sports Competition

Second runner-up

Women’s Individual

Second-place prize in category Entrepreneurship Prize in category Entrepreneurship

Silver Award

Proposal Award

The Cross-Strait Green University Consortium Green Competition (Higher Education Institutions)

Champion

Second-class prize in category Entrepreneurship

Drama

10/11/2016

2015-16 Music Festival

Music Festival

Dr. Charis Li 梁宜思

Dr. Charis Li 梁宜思

"I Life is A Journey, These are the Rules to Live Well"

"I Life is A Journey, These are the Rules to Live Well"
MILESTONE

2007
- May: Establishment of Wu Yee Sun College
- November: First Meeting of College Planning Committee

2010
- June: Foundation Stone Laying Ceremony
- August: College Committee of Overseers formed
- September: Admission of first cohort of students

2012
- May: First time celebrating College Anniversary

2013
- August: College Campus Move-in

2014
- November: First Sunny Festival
- November: College Grand Opening Ceremony
- November: First College Student Union Inauguration

2016
- November: First College Graduation Ceremony

2017
- May: Last Closing Assembly hosted by Founding College Master Professor Rance P.L. Lee

ABOUT COLLEGE
“Embrace Losses Embrace Failure”

Professor Rance P.L. LEE
Founding College Master

「唔好怕蝕底唔好怕失敗」

創院院長
李沛良教授
沈祖堯校長以外另一個中大 BB
伍宜孫這一家個花老爺 會拍片，去舞會，點歌俾老婆聽 好樂意 selfie

活動無論大小，
也一一出席
有魅力，
不用出聲大家就支持

從來唔鬧人，可能唔識鬧
不怕風險，值得就做
好多知識，更多關心
行政溝通，禮賢下士

貼地

OPEN，心都 OPEN
佢會用自己既方式關心你，會將學生放喺心入面
校友說：院長，說書院

吳桂芳（Nicolle / 華文社會學系學士畢業）、張永成（Nicolle / 哲學系學士畢業）、
鄺建良（Gundam / 專業進修學術碩士）

在校長（AK / 華文社會學系博士畢業）

民除了苦苦掙扎，他亦十分熱誠。我們都承認他對學生的投入
和熱忱，民會以真心與學生交心，而絕不是客場上客套淡淡。
主講的熱忱，學生們深感不一樣。同學們與學生們相互交流，
和諧相處。民的熱忱，和真誠，對學生的熱忱，讓學生們感
受生活，讓他們喪失對學生的熱情。和諧的熱忱，讓學生們感
受生活，讓他們喪失對學生的熱情。和諧的熱忱，讓學生們感
受生活，讓他們喪失對學生的熱情。和諧的熱忱，讓學生們感

伍宜強的院長

每一週伍宜強院長會與學生們進行一次簡單的交流，讓學生們感
受到院長的熱忱和熱心。伍宜強院長一直堅持學生的意見至
上，哪怕是最微小的建議也會被重視。伍宜強院長的熱忱和
熱心，讓學生們感到了他對學生的關懷。

GUNDAM

尼克爾（Nicolle）

伍宜強熱忱的院長

伍宜強院長總是在熱忱地和學生們互動，學生們喜歡和他交流。

GUNDAM

尼克爾（Nicolle）

送給院長的話

學生們對院長的熱忱和關懷表示非常感謝，他們認為院長的熱忱
和關懷，使他們感到了學校是一個大家庭。院長的熱忱和關懷，
使學生們感到了他對學生的關懷和熱忱。
from architectural planning, foundation laying, space allocation, to landscape design - so that our students can enjoy their fruitful college life in the campus as their second home.

In the past ten years, our members, students and alumni had identified with our College’s mission and worked wholeheartedly for the development of the College. Looking back, it is their collective support and contribution which I am most proud of. In 2012, the first cohort of students was admitted to the College, and I tried to build their own traditions together with students, teachers and alumni. Despite the setbacks they experienced, they persevered and built an excellent foundation for the College’s future while chasing their own dreams.

To realize our dreams, strategies and innovation are essential, while a broad horizon with global perspective and both physical and mental health are equally important. For this reason, the College focuses on creativity, sunny living, global exposure and experiential learning for student development, preparing students to pursue their dreams.

As I have stressed from time to time, while professional knowledge is important, soft skills are also indispensable. Therefore, we set up the Creativity Lab to encourage collaboration among students from different disciplines. Various sponsorship schemes are also provided for students to broaden their horizons through exchange programmes. Meanwhile, the College received support from different parties to set up service-learning and internship programmes to offer students experiential learning opportunities. To take care of the mental and physical wellness of students, the House of Sunny Living was set up to promote green living style, health and spiritual well-being, and sports for life so that students can always face different challenges with optimal performance.

The number of students in the College has grown from 300 in the very beginning to 1,200 in four years. We have also bid farewell to our first batch of graduates last year. It is the most beautiful dream come true, but we have no reason to stop here. As we look back on the past decade, I am proud of what we have achieved. Looking back on the past decade, I am most proud of what we have achieved. Looking back on the past decade, I am most proud of what we have achieved.
我並非真的離開伍宜孫，退休後仍會回來幫忙。
做人應該不拘小節，
但感人於小節。