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INSTINCT AND PLANS
An Interview with recipients of the Wu Yee Sun Award for the Most Distinguished Graduating Student 2017/18

隨性與規劃
專訪二零一七至一八年度伍宜孫最優秀畢業生獎得獎人

Student Reporter: Wai-man Wong (Journalism and Communication/ 3)
學生記者：黃惠敏（新聞與傳播學三年級）
At around 11am, the interview with the two recipients of the Wu Yee Sun Award for the Most Distinguished Graduating Student was interrupted by a call. After returning from the short conversation, the interviewer found that the casual talk between the two graduates turned into discussion on elderly services. A flush spread from Dawn Lok-hei Leung’s face to her neck owing to the intense discussion, while Vincent Yip-fung Chong’s carefully groomed hair lost its style.

Some people have masterplans for their whole university life, but Dawn Lok-hei Leung (Journalism and Communication/4) is not one of them. Although she had taken up posts such as chief editor of Sunzine, organiser of the College Anniversary activities, convener of Creativity Laboratory (c!ab), and even ‘Big Group Leader’ of College Orientation Camp, she fell into these posts unexpectedly. Even her admission to Sunny College and her active engagement in College activities were beyond her expectations.

JOINING c!ab FOR POCKET MONEY

It might sound surprising, but what attracted Dawn to step into c!ab for the first time was the hourly pay of $50 for serving as student helper in the club information session. I read from The Sunny Weekly that a group of secondary students would be visiting c!ab and the College was recruiting helpers to greet the visitors. I then applied. The promotion of club was not that prominent back in those years, and students were not really familiar with its features at that time. Dawn said frankly that she was attracted by and applied for the pay. This, however, brought her a group of like-minded friends, and she found the work in c!ab fascinating. She then stayed and started preparing for the club activities in the College Grand Opening.

When recalling the preparation process, Dawn sounded excited. I first suggested building a pond in c!ab, and showed them the sketch of my idea. The idea was however not realised due to worries in dousing the area. The interviewer asked if she could illustrate the pond, and she drew it in a split second. Although the sketch was brief, her elaboration sounded logical and interesting. ‘Someone then suggested building something with cardboard. We then made a plane and a piece of chess, which was of an adult’s height.’ When asked if she often had craftwork like this in the summer, Dawn said, ‘No, I had no related experience at all. There was a student teaching me the techniques, and I learnt while building. We often worked until two or three in the morning.’

It sounded like an easy task according to Dawn’s description, but her teammate did not think so. As they did not know the feasibility, they started with a smaller model then the real one after confirming their idea worked. It was quite a lot of work as cardboard pieces used were cut by hand and every single piece had to be the same size. They were linked with smaller cardboard pieces. Gluing the pieces together was a complicated step, and they were in such a mess after handling the cardboard. However she didn’t seem to mind at all and impressed her teammates with her frankness.

WU YEE SUN IS A PLACE FOR INSTIGATORS

Dawn admitted that her active engagement in College activities was never driven by any noble ambition, but interest and desire instead. She chose Wu Yee Sun College because of its cozy hostel and environment. As she engaged more in activities, she found the College an ideal place for stirring up things, and she found herself in the right place. What things did she mean? ‘Things which won’t become headlines of the next day: like making planes and chess with cardboard. In fact what makes this place so precious is that the College provided the resources and platform for trying out stuff which sounded meaningless.’

Dawn’s personality became more visible to others, and so did her outspoken character. Always speaking her mind, Vincent Yip-fung Chong (Laws/5) described her as a reckless person. She confessed that she had quite a number of fights with others due to her recklessness. ‘The most important lesson I had in the four years of College life was the art of communication and getting along with people.’

‘I once thought that beating around the bush for things which could be simplified was a waste of time.’ Dawn was still a Year One student back in the summer of 2015, but she banned the idea from one of the ‘Big Group Leaders’, who was big and tall compared to her. ‘His idea wouldn’t work at all,’ her voice cracked with laughter. Her friends indeed reminded her to be more smooth-tongued. ‘Or you would break everyone’s heart, they stressed.’

Dawn later realised that she was to bear the consequences of being too outspoken. ‘If my expression leads to unpleasantness among team-
AN INTERVIEW WITH RECIPIENTS OF THE WU YEE SUN AWARD FOR THE MOST DISTINGUISHED GRADUATING STUDENT

Dawn as ‘Big Group Leader’ in Orientation Camp 2016

Vincent answered the call for establishment of the CUHK Store

Vincent had also gone through similar experiences in earlier years and he knew exactly what Dawn meant. He joked, ‘I was the same weird person as Dawn was. With many opinions, but never grasped the art of mingling with others.’ What made him change? Vincent thought for a while and said, ‘I ran for a post in the student union in high school, but my fellows kicked me out of the game in the first round. I was in shock, but at the same time understood the importance of interpersonal relationships.’

Vincent avoided the same mistake after entering the University. He continued his volunteer work from high school and joined the Social Service Team of CUHK. He met a group of friends who shared the same passion, and the seed of establishing the CUHK Store, which focused on buying local products, was planted. ‘I participated in the College Exchange Programme in Canada in the second semester of Year Two, and learnt about the social enterprises like Ronald McDonald House Charities through programmes in the local institution. I have gotten into the field since then.’ In fact, he admitted that he did not know much about social enterprises, and had not thought of establishing one after returning to Hong Kong. The establishment of the CUHK Store was led by his friend. ‘Some of my teammates in the Social Service Team joined summer internships related to community development, and they invited me to participate in the start-up. The CUHK Store was born.’ Since the summer of his second year of studies, he has been committed to administrative work in the Store.

In Year Three, he and some other friends, including Dawn, formed a team and proposed an extension project ‘Community Store’, which aimed to recruit secondary students as interns for the Store and to arouse attention and interest of the general public to community culture. The project was awarded in the College’s Sunny Passion Programme. Dawn then introduced their roles in the team. ‘Once we formed the group, I noticed that Vincent had a clear mind on each of our roles. I, for instance, could focus on brainstorming; Vincent took on the administrative work and budget, and analysed whether my ideas were feasible or not.’

One followed her instinct in her own way; and the other planned every step with logic. The two Sunnies seemed to be very different people, but at the same time shared a common virtue: persistence. There are not many in the world who could truly defend their beliefs. Our best wishes to the two awardees: stay gold and continue to shine upon the earth.
If my expression leads to unpleasantness among teammates, it would be me suffering at the end of the day, though I was always fighting for the greater good.

If I was for大局著想而提出意见，但到头来因为我的沟通方式而导致合作不顺利，浪费的终究是自己的心血。
組隊為山城士多設計「小店實習生」計劃，贏得書院「愛陽光計劃」獎項。說起計劃的細節，Dawn 即娓娓而談：「一開始組隊便感受到 Vincent 對團隊成員明確定位，例如我只管拋出意念，給團隊衝擊；他就負責行政工作，會理性分析我的點子如何執行，又會幫忙管帳。」Vincent 在旁一直默默點頭，直到 Dawn 笑說大家設計完計劃便沒再跟進下去，他才假裝失意地說：「唉，他們拋下了我，最後我一個人把它帶回山城士多去實踐。」

每年冬天都去一次服務學習之旅

除了上莊和辦社企之外，Vincent 還喜歡參與海外義工服務。在大五之前，他每年冬天都會參加書院舉辦的服務學習之旅，單是柬埔寨他就已經去了兩遍。「第一次去柬埔寨是大二的冬天，旅程結束翌日我就要登機出發到加拿大交流，一下子由三十三度的熱帶國家就跑到零下三十三度的雪地。」這個數字可能有點誇張，但 Vincent對服務學習的熱衷程度實在是可見一斑。為什麼服務學習會有這么大的吸引力，以致他一直孜孜不倦地參加呢？

「第一次服務學習是去四川當地的小學義教英文。事實上，我們才去探訪幾天，教給孩子的英文他們都未必記得，但至少給他們留下了衛生教育的印象。」原本一本正經的 Vincent 忽然忍俊不禁：「當時我們要教導小朋友們正確的刷牙方法，團友在一邊唱著刷牙歌，我則即席示範刷牙，結果小朋友們都指著我哈哈大笑。」想像身高差不多一米八的 Vincent 站在課室中央，對著幾十位小朋友張大嘴巴，跟著音樂節奏刷牙，也難怪他的舉動引來哄堂大笑。「真的很尷尬，我甚至刷得有點反胃。」但事隔兩年後，Vincent 聽說四川的小朋友仍然記得他，「他們可能記得有個奇怪的大哥哥教刷牙，這代表我有機會以生命影響生命，已經足夠了。」

不僅如此，對 Vincent 而言，參加服務學習依然是訓練自己對社會的觸覺的好機會。他舉例說：「例如第二次去柬埔寨時，我們在檢討會上探討了周邊農業環境和失業問題如何導致貧民窟的出現。」雖然對部分團友來說，這種嚴肅的討論略為沈悶，但作為團長的他仍堅持自己的做法：「如果不探究背後的結構性問題，我們參加這些短期的服務學習很難解決當地人真正的需要。」筆者終於明白，為何 Vincent 畢業前會雙主修法律及社會學。

一個感性，喜歡跟著感覺走自己的路；一個理性，從選科上莊到服務學習都有其邏輯。二人性格看似大相逕庭，但其實有著一個共通點 — 固執。世上能夠真正擇善固執的人不多，希望兩位得獎者能一直守護自己心中的寶貴園地，繼續發熱發亮。

“
If we did not dig into the structural problem underneath, participants in short trips like us would never be able to solve the locals’ problems.

如果不探究背後的結構性問題，我們參加這些短期的服務學習很難解決當地人真正的需要。
The academic year was concluded at the College Closing Assembly in April. College Master Professor Anthony T.C. Chan encouraged students to find their own purpose in life, and reminded students the ‘power of kindness’ and to be kind to themselves and to others.

Sharing by students then followed: the ‘Every Act Matters’ team introduced their College Senior Seminar project which was later put into practice and awarded in Sunny Passion Programme. Mr. Timothy K.C. Cheng (Government and Public Administration/ 5) then reviewed his University and College life after five years of study, and urged fellow students to stay hungry and embrace changes in life. After witnessing students’ achievements in the Scholarship and Award Presentation and taking the group photo, students welcomed the exciting summer and new challenges.

College students delivered outstanding performance in the University Sports Federation of Hong Kong Competitions (USFHK). Jeremiah S. Chan took part in CUHK Soccer Team which entered the USFHK Soccer Competition Final and won First Runner-up. Cheria C.S. Heng won her third Women’s Individual Champion in USFHK Woodball Competition and assisted the CUHK Team to win the Women’s Champion. She also obtained the USFHK and CUHK MVP in Woodball again! Subsequent to the Men’s Champion in CUHK 10K Run, our College student Man-tsun Wu, captured Second Runner-up with Professor Edwin H.Y. Chan, Associate Vice-President of CUHK and two CUHK students Yu-hang Or and Man-hei Fan in Panasonic Pacers Charity Easter Run 2018 (Corporate Race).

Collegiate student of the University of Hong Kong (HKU) during the competition, these students excelled in various events. The University of Hong Kong women’s soccer team entered the USFHK Soccer Competition Final and won Second Runner-up. Inches C.S. Heng won her third Women’s Individual Champion in USFHK Woodball Competition and helped the CUHK team win the Women’s Champion. She also obtained the USFHK and CUHK MVP in Woodball again! Subsequent to the Men’s Champion in CUHK 10K Run, our college student Man-tsun Wu, captured Second Runner-up with Professor Edwin H.Y. Chan, Associate Vice-President of CUHK and two CUHK students Yu-hang Or and Man-hei Fan in Panasonic Pacers Charity Easter Run 2018 (Corporate Race).
To enhance students’ exposure to social issues, two College Forums were organised in March and April. Mr. Jayden Y.Y. Lam shared on the topic ‘Between Teaching and Billboards’, introducing how the tutorial industry actually runs, and what he wishes to teach students other than knowledge and skills for achieving good grades. Professor Stephen W.K. Chiu then went through the history and connection between Hong Kong and countries along the Belt and Road, and discussed the opportunities brought by the Initiative.

Organised by the Office of Academic Links, a delegation from Stanford University Bing Overseas Studies Program visited the College in April. College Master Professor Anthony T.C. Chan and College Secretary Ms. Sandy P.S. Lee took the guests on a campus tour. The delegation was impressed by the creative project Precious Plastic demonstrated at the Creativity Laboratory and various student facilitaties. A delegation of government officials and representatives from Sichuan Province visited the College in May. They enjoyed the sharing of the College’s Service-learning Programme, particularly the Service-learning Trip to Sichuan, and toured around the campus. Mr. Wai-hung Tang, Director of College Service-Learning Programme, received the delegation.

The High Table Dinner entitled ‘New Sight’ was conducted by Dr. Joyce Samoutou in March. Dr. Samoutou shared with students how she and her husband help people who suffer from blindness or visual impairment in the Republic of Congo to restore their sight, and bring smiles and hope to them.

By exchange arrangements, the University College of the Honorary Senate of the University of Hong Kong, was visited by a delegation of students from the University of St Andrews, UK and Regent's University, London, who met the Dean of Students, Mr. John Hill, and the College Executive Committee on 25 April. The delegation also met the College Master, Professor Anthony T.C. Chan, and the College Secretary, Ms. Sandy P.S. Lee. During their visit, students from the two universities exchanged views on their academic and social experiences. The delegation also attended the College Forum on the topic of ‘Social Justice’ on 23 April. The forum was opened by Dr. Joyce Samoutou, Director of the Social Justice Programme. The forum provided an opportunity for students from both universities to engage in lively discussions on a range of social issues.

In May, a group of students from the City University of Hong Kong visited the College for a campus tour and a meeting with the College Secretary, Ms. Sandy P.S. Lee. The students were warmly welcomed by the College Secretary and had an opportunity to interact with students and staff from the College. During their visit, the students had the chance to learn more about the College’s academic and co-curricular activities, and gained a better understanding of the College’s culture and traditions.
LEAD A GREEN AND HEALTHY LIFE
綠色健康生活

Escaping from the hustle and bustle, we indulged ourselves in nature under the lead of Professor Kwai-cheong Chau, Chairperson of Campus Environment Committee, visiting Lai Chi Wo, which is a well-conserved Hakka village with more than 300 years of history, and contributing to enrich biodiversity by tree-planting at weekends.

While being in nature represents a green lifestyle, spiritual well-being and finding peace in nature is another approach to a green lifestyle. Horticultural therapy demonstrates how horticulture and aesthetics are integrated to improve spiritual well-being. Partaking in the interactive leaf rubbing workshop, participants decorated and brought home their own handkerchiefs with natural paints – pigments from leaves of different colours.

Free-cycling is on the checklist of every resident during hostel check-out. This year is of no exception. Dedicated Green Team members selected useful items for donation and picked up recyclable items from hostel floors and categorized trash for recycling. They will re-distribute collected goods to residents during hostel check-in, and prepare some communal cooking utensils for residents.

Congratulations to Tsung-yi Hung (Laws/3), who was awarded Bronze Award in the Best Essay Award 2016-17 of General Education Foundation (GEF) Programme! The Best Essay Award recognises excellent student essays written for the two GEF courses, In Dialogue with Humanity and In Dialogue with Nature, which demonstrate innovative ideas and critical thinking. Hung wrote on the topic ‘The Interaction between Science and Law’ in the course In Dialogue with Nature.

With the passion for green living and local tourism, the student-initiated organisation, V’air, has created an online platform showcasing local attractions in Hong Kong with articles on environmental conservation. The innovative idea captured attention among media and they were recently interviewed by the Standard and on.cc. With the Dorsett Young Entrepreneur Scholarship 2018, they continued their work in running their non-profit organisation and reached out to the CUHK community and the general public.

www.wys.cuhk.edu.hk/page.php?
name=vair
Creativity Laboratory (c!ab) is the place where creative minds meet, intersect and talk! Sunnies are welcome to be the makers, lead workshops and share craftsmanship skills. A number of student-initiated workshops were led by professional instructors or senior students.

Mr. Tsz-ming Woo, an artisan in wooden craftwork, made use of leftover wood to lead a series of upcycling workshops. Students learnt how to create wooden trays with no raw wooden material wasted. The students also created their own wooden craftwork by designing the shape of holders they preferred. After the intense workshop, they not only owned their own wooden tray, but were also entitled to use advanced equipment with mark 'training required' in c!ab afterwards.

Before the graduation photo day, c!ab student conveners led a unique, organic and waste-free veggie bouquet workshop. Seasonal organic vegetables including bamboo shoots, chard, butter lettuce, red salad lettuce, kale and cauliflower were freshly delivered from Hong Kong Organic Farm for our students to create their own edible bouquets, which can be served on a dining table after photo-taking. Participants had successfully created their own scented candles, which are desirable as both ornaments and mind-relaxing tools.

Scented candles help relax one’s mind and body. c!ab student conveners initiated a scented candle workshop, teaching participants how to create their personalised product with different dried flowers and essence oil provided from scratch. Participants had successfully created their own scented candles, which are desirable as both ornaments and mind-relaxing tools.

clab student conveners also seized the current trend of technology, and organised a workshop introducing some basic function of Amazon Web Service. Students from different disciplines exchanged ideas on using Amazon Web Service. They believed the platform is well-developed and worth further promotion to benefit fellow students and to support their final year projects or startup ideas. Stay tuned for the upcoming workshops!

BE THE CREATOR!
落手創造！

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創意實驗室是創新思維相遇、相交及相知之地！我們更歡迎手作達人於 c!ab 舉行工作坊，與同學分享創作技巧。過去，我們曾多次舉辦由學生主導的工作坊，並邀得專業導師或高年級學生主持活動。

clab 邀得木匠工藝師胡子明先生舉辦工作坊，以廢木作原材料製作環保文件盤。參加者可按各自喜好設計盤子造型，並善用木塊加工，製成可疊式文件盤。同學不但能擁有獨一無二的成品，更可於日後使用註有「須受訓練」的工具，實在是輕鬆愉快，而又滿載而歸的活動！
KNOW THYSELF AND THY TEAM
知己知彼　團隊合作

There is no doubt that we all have our own strengths and character, but do you really know your own winning formula? Can you work well with people in a variety of situations? The College organised three personal growth and team-building activities in the second semester to help students find out!

The series kick-started with a LEGO® SERIOUS PLAY® methodology workshop, which began with participants putting together the colourful blocks in their own playful yet serious way. Little did they know their unique product would subtly reveal their inner thoughts and lead them to a journey of self-discovery, reflection and understanding of their potential.

Fourteen College students then took more of a physical challenge at the Hong Kong Air Cadet Corps Ha Fa Shan Camp. The group tasks such as city hunt, wild cooking, night walk and trust circle guided them to both personal breakthroughs and team unity. The training was particularly useful for the College Student Union cabinet members who had recently taken office.

The last challenge, Team-Building Baking Workshop, split participants into two teams. Students showed their patience, communication skills and understanding of others while baking a cookie house together. Be it as participants, experts or newbies of bakery, everyone learnt something new in the workshop through the roller coaster of laughter, argument, and sense of achievement!

VISITING ARTIST ON CAMPUS
藝術家來訪

Thanks to the generous support of Hop Wai Tong, Wu Yee Sun College joined hands with Chung Chi College and United College to invite Mr. Chun-chieh Chen, a Taiwanese retired dental surgeon specialised in Chinese painting and calligraphy, to visit the three Colleges this spring. The programme comprised an art exhibition showcasing some of Mr. Chen’s best works, and a talk titled ‘The Art Journey of a Dental Surgeon’ in which Mr. Chen encouraged the audience to find their passion in life. Participants also had the chance to practise and learn concepts in Chinese calligraphy at the workshop led by Mr. Chen. The three Colleges also organised an ‘Art East and West’ seminar, in which Ms. Yang Gao, PhD candidate and Dr. Wai-yeung Cheung, Part-time Lecturer at the Department of Fine Arts, shared the art collections they appreciated in Europe and Kyoto.
STUDENT ACTIVITIES

*ENJOY SPORTS WITH FRIENDS!* 與友同樂

We value the participation of staff members, alumni and students in sports development. The Wu Yee Sun Lunar New Year Cup gathered staff team and student team for a football friendly match in late February. The 2-2 draw indeed presented a friendly finale. The College also expressed appreciation to College athletes' hardwork in the Annual Athletic Dinner in April. New activities like Wing Tsun Night and Fitball Training were organised, and the Sports Association also initiated Bowling Fun Day.

*RELAX AND ENJOY A TASTE OF DIFFERENT CULTURES* 忙裡偷閒 細味文化

Time to take a break! Two Tea Ceremony sessions were held in March at The Lounge in House of Sunny Living. Students not only appreciated different kinds of tea, they also learnt more about the background of Chinese tea and tea etiquette. Students also practised using tea pots to make nice tea with correct techniques.

Let’s relax with dancing, cooking and movie watching before examinations. Students enjoyed the Salsa Dance Night and Spanish Cooking Class together with Miss Maria Consuelo Vega Leon, College Member and Assistant Lecturer of Department of Linguistics and Modern Languages. Another group of Sunnies, together with Maria, enjoyed a Spanish movie entitled ‘Volver’ at the Lounge. Through joining different College activities, participants wiped away daily stress from their busy life.
STUDENT ACTIVITIES

LANGUAGE LEARNING FUN
輕鬆語文體驗

To arouse students’ interest in language, a series of activities were organised. A professional makeup artist and former instructor from the English Language Teaching Unit (ELTU), Miss Wong, was invited to conduct the English through Makeup Workshop, at which English terms related to makeup and basic techniques were introduced. Some of our Sunnies enjoyed a painting workshop with Mr. Pradip Nath, former instructor at ELTU and learnt related English expressions. Dr. Christelle Davis, Lecturer at ELTU, was also invited to conduct three sessions of Social English Workshops again this term.

Dr. Liang-liang Chen from CUHK (Shenzhen) was invited to speak at the Chinese Culture Table in March, going through many Chinese traditional love stories with students.

WYS Toastmasters Club also organised a movie night on the animation ‘Inside Out’ in February. Exchange students and locals practised English through discussion after the film and had an enjoyable evening.

TIPS ON EYE HEALTH
護眼要訣

To arouse College students’ awareness on eye health, Dr. Poemen P.M. Chan, Assistant Professor at the Department of Ophthalmology and Visual Sciences, was invited to conduct a Talk on Eye Health in April. Dr. Chan introduced different common eye disorders and symptoms to the participants. He also suggested ways to protect one’s eyes to reduce worsening of the eye defects which can badly affect daily life and even cause blindness. Participants also underwent fundus examination and got to know more about their eye health after the talk.

書院於過去數月舉辦多項語文活動，讓同學加強對語言及文化的認識。「化妝學英語」活動由前英語教學單位講師及專業化妝師黃小姐主講，她除了教授關於化妝的英文詞彙外，亦指導同學基礎化妝、見工和日常上班化妝的技巧及注意事項。

前英語教學單位導師 Mr. Pradip Nath 再次開辦西洋繪畫班，讓同學在過程中認識繪畫用語。在導師悉心的指導下，同學們參考自然景觀的照片，創造出自己獨一無二的作品。今個學期，書院亦再次邀得英語教學單位 Dr. Christelle Davis 為同學教授三堂的社交英語工作坊。

書院於三月份邀得中大(深圳)人文社科學院陳亮亮博士為文化桌擔任嘉賓，以《古典戲曲與古典愛情》為題，與同學分享多個中國古代愛情故事。

英文演講學會於二月份舉辦了一場《玩轉腦朋友》的電影分享會，交換生與本地同學於輕鬆的氣氛下訓練英語演說技巧，並度過一個難忘的晚上。
Do you know the myths and realities of job searching? How should you prepare for a job interview and what will make you stand out among your peers? Thanks to the group of enthusiastic alumni sharing their career advice and real experience with our fellow students in the ‘Alumni Career Sharing Session’ held in March, this was the first-ever activity organised by Wu Yee Sun College Alumni Association (WYSAA) since its official formation in January. In May, the WYSAA organised another networking event aiming to reunite alumni with College friends and connect with new members. It was such a fun-filled evening with games! With the establishment of WYSAA, we believe the College alumni network will continue to grow and expand!

Ms. Kam Ling, a famous travel writer, conducted a reading club activity on her latest publication again this year. Apart from sharing the historical background and the love story in her book, Ms. Kam Ling also talked about how she became an author from a professional nurse. At the end of the reading club, she guided participants to rethink the values of and reasons for travelling.

The College International Team (i-Team) organised the workshop ‘The art of drawing on the water – Ebru’ to introduce one of the oldest Turkish arts, which means painting on water. Participants learnt how to draw by sprinkling and brushing colour pigments on a pan of oily water. While creating their own piece of art work, local and international students mingled and chatted about their own culture.

The i-Team and the College also co-organised a dinner in April to bid farewell to exchange students in our College. Participants had a great time chatting and sharing cultures of their hometowns; they all looked forward to meeting each other again in the future.
由書院同學主辦的宜嘰依夜壹捌為各位師生呈獻舞會及歌唱比賽，讓同學的優美歌聲及曼妙舞姿閃耀舞台。
於三月初舉行的歌唱比賽（盲選初賽）有超過四十個參選單位參與，由院長陳德章教授、音樂學會顧問陳雋騫先生、Adlib Studio總監杜永晟先生及Red House主音鍾浩賢先生組成的評判團給予各參加者不少意見，期望他們盡展才能。出線的參加者亦不負所望，在同月舉行的決賽迷倒所有現場觀眾。

三月中的舞會充滿活力的旋律與舞蹈，亦為同學帶來熱鬧的一夜。書院輔導長黎萬紅教授與其丈夫領舞，邀請年青紳士與淑女共舞。歌唱比賽的出線者獻唱助興，令氣氛更為熾熱。播放營火會歌曲時更將氣氛推至高峯，迎新營的美好回憶在大家同唱同跳時一一湧現。

The amazing voices and beautiful dances shined through the darkness on stage of Sunny Yeah. Initiated by students, Sunny Yeah presented the Ball and the Singing Contest for fellow Sunnies to demonstrate their talents. More than 40 contestants sang aloud in the blind auditions of the Singing Contest held in early March. Professor Anthony T.C. Chan, College Master; Mr. Phoebus Chan, Consultant for Music Society; Mr. Jamez To, Director of Adlib Studio; Mr. Keith Chung, Vocal of Red House advised the young talents, hoping to bring the best out of them. The shortlisted contestants captivated the audience in the Final.

The ball brought us a lively evening filled with music and dance in mid-March. Led by Professor Man-hong Lai, College Dean of Students, and her husband, the first dance invited young gentlemen and ladies to join the dance floor. The shortlisted contestants of Singing Contest sang exclusively for the dancing pairs. The atmosphere reached a climax when everyone danced along with the campfire music that threw back all the good old memories of orientation camp.
Vivien Cheuk-yiu Ng (Pharmacy/2)
Vivien is a cabinet member of the College Student Union. She and her teammates joined the Team Building and Outward Bound Camp at the Hong Kong Air Cadet Corps Ha Fa Shan Camp in late March.

The two days of team building and outward bound camp was quite a thrilling experience. As a member of the Wu Yee Sun College Student Union, the majority of our society signed up for the camp together with the aim for a closer bond between the members of our society. Although our society members were split off into two groups, it allowed us to meet new friends from the College.

Throughout the two days, there were many team building activities organised by the programme, such as city hunt, wild life cooking, and training. The activities provided by the programme brought our team together, and allowed us to exemplify excellent teamwork.

During the city hunt, cash was only given after we accomplished designated tasks. After completing the tasks, we were given a limited amount of cash for travelling to the campsite and purchasing ingredients for dinner and breakfast for the next morning. Although we were tight on time, it was a pleasant experience as we managed to discuss a lot as a group. Each of us demonstrated various aspects of leadership skills by guiding each other towards our common goal.

After arriving at the camp site, we were given ten minutes for our minds to rest. Those ten minutes were precious to me as there were not many chances for us to clear our minds. In reality, we attempt to utilise every second and minute of our life thinking.

Not long after, we were introduced to a new game of shuttlecock where we used our hands to pass the shuttlecock instead of our feet. It was quite an interesting experience as it diverges from the traditional rules of playing shuttlecock.

At night, we started to cook our dinner using the ingredients we bought during city hunt. Different from other camps, we had to light up and maintain the fire by picking up branches and dried leaves in the nearby area. It was quite a unique experience as I have never tried to light the fire with natural resources from the wild, instead I normally use coal for burning and cooking in camps. Although it was not the best meal, we were all satisfied with our finished dishes.

As the last activity to end the day, we hiked up to the top of the mountain during the night. Although the rugged roads made the path slightly difficult to pass through, the scenery upon our arrival was breathtaking. For at least ten minutes, no one spoke at all. We were able to appreciate and admire the city of Hong Kong without any barriers. In my opinion, I enjoyed that moment the most throughout the entire camp.

On the second day, we started off with a group training activity, known as 「橫陣」. The goal of the activity was to safely transfer everyone from one side to the other, with a maximum of two people on the top of the log. We managed to swiftly and safely transfer everyone from one side of the log to the other since we trusted one another throughout the entire process.

A sharing session was held to wrap up the camp. We got to intuitively pick our own cards that represented a certain mood or behaviour and shared our personal feelings accordingly. I listened to many different stories and also talked to different people to relieve my feelings and concerns.

Overall, as a whole, I believe building our own tent, cooking our dinner with branches and completing different group training tasks were all memorable experiences to me. To wrap up, for me, every bit and piece of the camp was able to aid my personal development especially in the social and independence aspects.
Dressed in graduation gowns, the College’s third cohort of graduands carried bouquets on the College Photo Day held on 23 March celebrating successes in the glorious sunshine.

Various student associations decorated their booths with vivid balloon arches, prepared different props and colour crackers for their graduands for photo-taking with their classmates and friends. The College Master, Professor Anthony T.C. Chan, attended the celebration along with more than 20 College Members to share the joy with the graduating class.
College Closing Assembly
書院結業禮

5/ Group photo
大合照

6/ Presentation of College scholarships and awards
頒授書院獎學金及獎項
Inauguration of Student Bodies
學生團體就職

7/ The moment of passing the torch to the next cabinet of student bodies had come. The Fifth Executive Council and Publication Committee of College Student Union hosted the inauguration ceremonies in April. The Sixth Sports Association completed the transition with inauguration ceremony held in March.

又到學生團體薪火相傳之時間，第五屆學生會幹事會及出版委員會於四月舉行交職典禮。第六屆體育學會亦於三月完成交棒工作。

Chinese New Year Hiking and Pun Choy Banquet
新春行大運及盆菜宴

8/ Weekend getaway to Tsung Tsai Yuen – Blue Walk in February led by Mr. Steve C.M. Wong, our mentor, relieved the participants from their hectic routines. The pine trees on the way were skyscraper-tall and smelled fresh. The beauty of natural landscapes comforted participants' hearts, while the subsequent Pun Choy banquet appealed to their appetites. What made it better was the participation of Professor Rance P.L. Lee, College Overseer and Founding College Master, and four alumni.

學長黃志明先生於二月帶領一眾師生出走松仔園藍線，忙裡偷閒，享受片刻寧靜。高聳入雲的杉樹林既宏偉，又散發著清新氣息。自然景致的美態安撫人心，其後的盆菜宴則讓人大飽口福，而最高興的莫過於書院院監及創院院長李沛良教授與四位校友同享盛宴。

Kick-off Ceremony for Summer Programmes 2018
二零一八年度暑期活動啟航禮

9/ This year, around 100 students will be joining the College’s various outbound activities, ranging from cultural exposure, language learning, professional attachment to service-learning. Leading teachers and participating students were invited to attend the Kick-off Ceremony in May, marking the commencement of a fruitful summer.

本年度約有一百位同學參與由書院舉辦的暑期交流團，包括文化交流、語文學習、專業研習和服務學習活動。領隊老師和參加同學於五月出席「暑期活動啟航禮」，象徵豐富多姿的暑假的開幕。
Go Green! Be Sunny!

The publicity name of Wu Yee Sun College is 'The Sunny College': half word-play on Dr. Wu's name and half the College vision. May the College and its members radiate positive energy and be a passionate force that makes the world a better place.

書院的別名是The Sunny College，它既從伍宜孫博士的「孫(Sun)」演化而來，也寓意書院朝東，學生第一時間感受到太陽東升的朝氣與光芒，有活力有熱誠，矢志追求理想，造福人群。