1. High Table Dinner: Nurturing arts within medical humanities (Speaker: Dr Dana Lo) 書院論壇「醫學人文裡的藝術情愫」(講者：羅思敏醫生)
2. Hop Wai Workshop and Cultural Programme Workshop and Seminar 洽蕙藝文計劃:工作坊及講座
3. Reading Club of Soso Cheng 鄭素素《跑步時，我孤獨，但不寂寥》讀書會
4. Mosquito Repellent Workshop by Green Team 綠色小組活動：蚊膏製作坊
5. Hostel Floor Gatherings 宿舍層聚
6. GPS Career Development Facilitation Scheme Kick- off Ceremony GPS簡介會暨開幕典禮
7. CUHK Orientation Day for Undergraduate Admission 2017 中文大學本科入學資訊日
8. Meet with Dean Tea Gathering 與院長茶聚
9. WYS Toastmasters Regular Meeting – Summer Holiday 威理士交流會：暑假
10. Round Campus Run 環校跑
11. 防癌秘笈: 中西醫面面觀
12. A Taste on Wine: English through Wine Appreciation 品酒製作坊
13. Fitness Consultation Sessions 健身訓練諮詢
14. Stress Management Workshop 壓力管理工作坊
15. Alibaba Internship Programme with AIESEC in CUHK 威理士交流會
16. Exchange and Travel Grant/Loan 2017/18 交流及旅遊助學金
17. Meet the Dean” Hours 與院長時間
18. Student Pastoral Care 學生輔導服務
19. Wu Yee Sun College Sports Teams Tryouts 伍宜孫書院院隊選拔時間表
20. WYS’s Got Talents 威理士才華競賽

If you have problems viewing CHINESE words in this email, please right click the mouse and choose Encoding and then Unicode (UTF-8). You can also contact Mr. William Mak at williammak@cuhk.edu.hk or 3943 3989 for technical support.
The High Table Dinner entitled "Nurturing arts within medical humanities (醫學人文裡的藝術情愫)" was conducted by Dr. Dana Lo (羅思敏醫生), Senior Medical Officer, UHS of HK Polytechnic University, last Thursday. She shared with students the ethic issues and the relationship between doctor and patient, and how she promoted medical humanity through various art forms.

We were grateful to have Professor Albert Lee (李大拔教授), Associate Dean of General Education and Chairman of Health and Spiritual Well-being Committee, to moderate the Forum.

2. Hop Wai Art and Cultural Programme: Workshop and Seminar 洽蕙藝文計劃：工作坊及講座

The College is honoured to have invited Professor Hon-Ching Lee, Honorary Advisor (Art) of the College (書院藝術顧問利漢楨教授), to be the instructor of the Introductory Workshop: Printmaking and Sculpture (版畫和雕塑入門工作坊). Participants learnt the techniques of printmaking and carving using simple materials like wood, carving knives and even fire to create their unique art pieces. Professor Lee also shared the stories behind the exhibits displayed at "How I Work" – An Art Exhibition by Professor Hon Ching Lee at the "Meeting with the Artist" session held on 19th Oct. Participants had a more thorough understanding of the art creation and Professor Lee’s art journey.
The College invited Miss Soso Cheng, the author of the book “跑步時，我孤獨，但不寂寞”, to share her story in person on 17th Oct at The Lounge. Soso admitted that she started running just because of the trendy and cool look of the gadget – a premium sports watch. Yet, she found that running has brought her more benefits emotionally and socially on top of physical fitness, becoming healthier with better body shape. Participants from professional runners to the public joined us on that rainy night and had a great chat and sharing about the running experience in the cozy environment. Soso also signed her book on the spot for our Sunnies.

4. Mosquito Repellent Workshop by Green Team 綠色小組活動：蚊膏製作坊

Bothered by mosquito bites? Green Team knows how it is living on CUHK campus, and has therefore held a Mosquito Repellent Workshop (蚊膏製作坊) last Tuesday to ease your pain! 15 participants joined the workshop and made their own mosquito repellent using 100% natural ingredients. It’s a must-have item in your bag for every CUHK member! Such special gift was of course presented to College Master Professor Anthony T.C. Chan (院長陳德章教授), as well as other College guests! Would you like to join more green activities? Be a College Green Team member and spread green messages to everyone you know!

5. Hostel Floor Gatherings 宿舍層聚
Hostel life is of great fun. Every month, Resident Tutors organize floor gatherings to mingle with resident students and create occasions for residents to meet their fellow floor-mates. They also shared the joy of reunion and celebrated Mid-Autumn Festival together. Don’t miss the chance to make the most of your hostel life and make new friends with students from different walks of life!

6. GPS Career Development Facilitation Scheme Kick-off Ceremony 職涯 GPS簡介會暨開幕典禮

Our pilot collaboration with The School of Continuing and Professional Studies, CUHK (CUSCS) (中大專業進修學院) for GPS Career Facilitation Service Scheme aims at providing our students career guidance and enriching their self-understanding through one-to-one consultation meeting with Global Career Development Facilitator (GCDF). Professor Man-hong Lai (黎萬紅教授), College Dean of Students warmly encouraged the students to explore their future paths in her opening remarks. Ms. Kalia Ho (何詠嘉女士), Trainer of GCDF at CUSCS, introduced the programme goals.

After the presentation of confirmation letters, 8 participants enjoyed their first encounter with GCDF and talked about the upcoming 4 meetings.

7. CUHK Orientation Day for Undergraduate Admission 2017 中文大學本科入學資訊日
The sunny sky on last Saturday welcomed thousands of visitors to the CUHK Orientation Day for Undergraduate Admissions 2017. This annual event offers secondary school students, teachers and parents an opportunity to obtain useful information about CUHK and to learn more about the admission requirements of different academic programmes.

The College booth located at the University Mall was well received with our student ambassadors highlighting College’s core values and sharing of their College life to interested visitors. More than 60 participants joined our guided tours to visit the different campus facilities. The Creativity Laboratory team also gave a mini demonstration to introduce the various equipment offered to students for realizing their creativity.

1. Meet with Dean Tea Gathering 與輔導長茶聚
Any thoughts, comments, suggestions about College life, or even your personal development, our Deans of Students are more than happy to listen and talk to you.

Share with us and enjoy afternoon tea together!

**Date**: 25th Oct, 15th Nov  
**Time**: 4:30pm  
**Venue**: College Staff Dining Room  
**Registration**: [https://goo.gl/gqGvAj](https://goo.gl/gqGvAj)

*Students can join either one or both sessions.*

Enquiries: Miss Sonia Yu (3943-3937 / soniayu@cuhk.edu.hk)

#### 2. WYS Toastmasters Regular Meeting – Summer Holiday

Missing your summer vacation already? What have you done during your summer? Busy travelling, eating, studying or working? We’re eager to hear your wonderful stories!

**Date**: 24th Oct 2017 (Tue)  
**Time**: 7-9pm (Reception starts at 6:30pm)  
**Venue**: W116  
Free refreshment will be provided.

For enquiries, please feel free to contact Tommy at 9681 7386  
Or Email us: wystmc1314@gmail.com  
Or Facebook pm us: WYS Toastmasters Club

Speak to Succeed,  
Dare to Exceed

#### 3. Drama Performance: Three Kingdoms 三國

College members are most welcome to join the Drama Performance: Three Kingdoms 三國, which is co-organized by Wu Yee Sun College, Shaw College, United College & Chung Chi College. The show is produced by Hong Kong Theatre Works (香港戲劇工程).
4. **Round Campus Run 環校跑**

<The content is drafted by Sports Association 内容由體育學會撰寫>

🏃♀️伍宜孫書院一年一度嘅環校跑又嚟啦🤤
📚摺完幾個禮拜lib溫 midterm？.Factory
問い合わせ運動舒展筋骨？🤤♀️
咁仲等咩呀？快啲報名參加宜孫環校跑啦！😍
📅日期：十一月三日（星期五）
🕒時間：11:30 - 13:00
👩🏻報名資格：中大學生（伍宜孫書院學生優先）
‼️名額：300位
✖️截止報名日期：十月二十七日（星期五）
傳送門：https://goo.gl/forms/y6IfE4wlavlbZUVY2

聽講男女子組頭五名仲可以拎到靚靚獎盃獎牌添！🏆🏅
快啲拉埋朋友仔同我地一齊跑啦👣
名額先到先得架😼

**Date:** 3rd Nov 2017  
**Time:** 11:30-13:00  
**Eligibility:** CUHK full-time undergraduate students (priority will be given to WYS students)  
**Quota:** 300 (first-come-first-served)  
**Deadline:** 27th Oct 2017  
**Application:** https://goo.gl/forms/y6IfE4wlavlbZUVY2

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5. **防癌秘笈：中西醫面面觀**

**Drama Performance: Three Kingdoms 三國**  
**Date & Time:** 31st Oct & 1st Nov 2017 16:00-18:00  
**Venue:** Shaw College Lecture Theatre  
**Language:** Cantonese  
**Production:** Hong Kong Theatre Works (香港戲劇工程)  
**Application:** Please register with Kathy by sending email to kathyfong@cuhk.edu.hk on or before 25th Oct (Wed).

*The event is co-organized by Wu Yee Sun College, Shaw College, United College & Chung Chi College*

**Enquiries:** Kathy Fong (3943-3942/ kathyfong@cuhk.edu.hk)
Aroma, Round, Thin…..Do you understand Wines? Do you know how to order wines at restaurants? Come and join our workshop to learn more about wine selection through interactive role play!
Date: 14th Nov 2017 (Tue)
Time: 7:00pm-9:00pm
Venue: W112, Wu Yee Sun College
Speakers: Ms. Anna Tam & Mr. Tank Tan

Biography of Speakers:

Ms. Anna Tam has a few identities, that’s why she is busy: a boutique wines importer, marketing solution provider, food and wine writer, WSET course tutor and wine judge for hotel wine sommelier cup, and she is not sure if she will take more roles in the future. Enjoying her happy hectic life and taking the WSET Diploma course, she never forgets to dance like there’s no tomorrow and save the water like there’s no tomorrow too.

Pay attention to your radio when you drive, you may hear her voice sharing her opinions on wines and travelling. Take a look at the Food and Beverages magazines when you are in hotel lobby, you may find her articles introducing wine and cheese stories and pairing techniques.

Being a mysterious Scorpio, Mr. Tank Tan is considered to be the hottest sommelier in town even he drinks 2 cans of beers every night before he sleeps. He is a holder of Wine and Spirit Education Trust Advance Certificate and Court of Master Sommeliers. This young man currently works as a hotel sommelier and restaurant manager at Westin Shenzhen. Before he joins the Starwood group, he spent 6 years in Shangri-la Hotel Ningbo. If you would like to hang out with Tank, remember to update your google map and GPS, since it is his daily routine to get lost no matter where he is. Surprisingly, he never gets lost in the world of wine aromas. If you would like to see his wild side, give him Pu’er tea and take him to the dance floor. If you would like to see a charming gentleman, go to his restaurant and order a glass of wine, you will be definitely impressed by his perfect serving skills and smart advice on food and wine pairing.

Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3769349
Eligibility: Students aged 18 or above
Deadline: 7th Nov 2017
Deposit: $100 (Refundable with completion of the activity)
*Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation.
Enquiries: Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

7. Fitness Consultation Sessions

If you want to keep fit or build up your body, join us in the College’s Gymnasium! Fitness consultation sessions are NOW available. You can seek instructor’s advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 7th Sep – 30th Nov (Every Thursday, except Public Holidays)
Time: Thursday 6:30-8:30pm
Venue: College Gymnasium
Instructor: Ms. Ka-cheuk Leung (Thursday)
Target: Wu Yee Sun students and staff (no prior application is required)
Enquiries: Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943 3942)

1. Temporary Closure of College Catering Outlets at Chung Yeung Festival

All catering outlets at Wu Yee Sun College will be temporarily closed on 28th October (Saturday) for Chung Yeung Festival.

2. Exchange and Travel Grant/Loan 2017/18

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes/activities held in Oct 2017 - Jan 2018, the application is now open until to 14th Dec 2017.

For programmes/activities held in Feb – May 2018, application will be open from 15th Dec 2017 to 14th Apr 2018.

Check out the following link for more information including eligibility: http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1502848874ExchangeandTravelGrantandLoan2017182nd.pdf

For enquiries, please contact Miss Rebecca Wong at rebecca_wong@cuhk.edu.hk or Miss Yolinda Wong at yolindawong@cuhk.edu.hk

3. “Meet the Dean” Hours

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor of Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature
- Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care

Every Sunny is welcome!

Academic Year 2017-18
Date: Every Wednesday
Time: 4:30 – 5:30pm
Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

If you would like to register or have any questions, please feel free to contact Miss Sonia Yu (soniyu@cuhk.edu.hk / 3943 3937) or Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

“Meet the Dean” Tea Gathering

Any thoughts about College life? Join the afternoon tea and share with our Dean of Students and Associate Deans of Students.

Date: 25th Oct, 15th Nov
Time: 4:30 – 5:30pm
Venue: College Staff Dining Room
Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4050386

4. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost , alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T
afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call 3943 3942 for arrangement.

2) You may also approach the University’s Student Counselling and Development Service at 3943 7208 for help.

3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is 5400 2055.

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5. **Wu Yee Sun College Sports Teams Tryouts (1st term, 2017-2018)**

For the tryout of Athletic Team (Men and Women), please contact Mr. Nelson LAM (nelsonlam@cuhk.edu.hk / 39433987) to arrange according to Field/Track Events before 27th Oct.

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6. **WYS’s Got Talents**

Are you interested in or excellent at *photography, video-production, art & design, simultaneous interpretation* or being the *Master of Ceremonies*? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly…etc. Registered students may be invited to assist in different occasions. Don’t hide your talents, shine in the College!

**P.S. CREATIVITY COUNTS!!!**

Let us know what you are interested in and excellent at: [https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838](https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838)

Enquiries: Miss Kathy Fong (3943 3942/ kathyfong@cuhk.edu.hk)
Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College’s sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College’s sports activities and gain prizes!

**How to join?** You will be enrolled into the Scheme after joining your first sports activity!


**Updated Activities:**
- **Round Campus Run** (15 points)

Enquiries: Miss Kathy Fong ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942)

3. **Be Entrepreneurial! Funding Scheme** 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply “Be Entrepreneurial!” Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to $20,000!!!
Maximum Funding Amount: HK$20,000

Eligibility
- All WYS undergraduate students
- Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
- Applications are welcome all year round.

What are you waiting for? Click HERE to find out more information!

Enquiries: Ms Florence Tsui (florencetsui@cuhk.edu.hk / 3943 9767)

Programme Length | Programme nature | Maximum Award amount
---|---|---
Short-term | Shorter than one month | Self-initiated programmes, *Participating in organized programmes | HK$12,000 or 100% of particular items (whichever is lower)
Long-term | One to six months | Self-initiated programmes, *Participating in organized programmes | HK$15,000 or 100% of particular items (whichever is lower)

*Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by sending request to kathyfong@cuhk.edu.hk. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Application is opened twice a year - Winter and Summer Round.

<table>
<thead>
<tr>
<th>Round</th>
<th>Applying for trips taken during</th>
<th>*Application period</th>
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<tbody>
<tr>
<td>Winter</td>
<td>1st Nov – 30th Apr (for trips overlapping both rounds, first date of the trip shall determine the application period)</td>
<td>1st May – 31st Oct</td>
</tr>
<tr>
<td>Summer</td>
<td>1st May – 31st Oct</td>
<td>1st Nov – 30th Apr</td>
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*Application documents shall be submitted to DOS Office by the last working day within the application period.
Know more about the details and apply! Please contact Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943 3942) if you have any enquiries.

5. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the website for more info.

Enquiries: Katie (katieyu@cuhk.edu.hk / 3943 3935)


Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit “Sports for Everyone”.

应用及详情：https://www.soc.cuhk.edu.hk/services/sports/apply.php
The College will subsidize the application fee of sports events/competitions/activities organized by organization(s) OTHER THAN College. Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five are some of the examples.

**Funding Amount:** $500 or 80% of application fee (whichever is lower)


**Application:** Please submit application at [https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668](https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668) at least 14 working days BEFORE the start date of the activity. We will notify applicants the results within two weeks.

**Enquiries:** Kathy (kathyfong@cuhk.edu.hk / 3943 3942)

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1. **Stress Management Workshop**

   ![Stress Management Workshop](image)

   **日期:** 2017年11月13日 (一)
   **時間:** 6:00-7:30pm
   **地點:** 康本國際學術園401室
   **語言:** 廣東話
   **內容:** 透過分享、互動遊戲及練習及練習，讓同學掌握有效管理壓力的竅門。包括:
   - 明白壓力的癥狀與影響
   - 掌握有效管理壓力的方法
   - 如何進行鬆弛練習
   **對象:** 中大全日制學生
   **名額:** 30人
   **報名:** [https://webapp.itsc.cuhk.edu.hk/ras/restricted/eventlist?id=67](https://webapp.itsc.cuhk.edu.hk/ras/restricted/eventlist?id=67)
   **查詢:** 3943 7208 / wacc@cuhk.edu.hk

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2. **Alibaba Internship Programme with AIESEC in CUHK**

   ![Alibaba Internship Programme](image)

   **<The information is prepared by AIESEC in CUHK>**

   This 6-month-long internship targets at YEAR 3+ university students. As you have entered our company, opportunities are awaiting where you will be able to gain hands-on experience to work under the Alibaba ecosystem. The entrepreneurial mindset you are going to acquire, is all that you need for developing your future career!

   - **Apply for Internship Programme:** [ent-fund.org/en/hongkong/internship/program](https://ent-fund.org/en/hongkong/internship/program)
   - **More information:** [goo.gl/v1QHpA](https://goo.gl/v1QHpA)

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3. **HSBC Overseas Scholarship 2018/19 Now Open for Application**

   The scholarship will enable local non-final year full-time undergraduate students to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK$300,000, which can only go towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.
Details of the Scholarship and its application form can be downloaded from http://admission.cuhk.edu.hk/ (Financing Your Studies à Scholarships → Open for Applications). The application deadline is 28th Dec 2017.

For enquiries, please contact the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid at 3943 7204 or sfas@cuhk.edu.hk.

4. Edwin S H Leong Hughes Hall Scholarship 2018/19

To enable students of outstanding academic merit from CUHK who need support to pursue postgraduate study at The University of Cambridge, Dr. Edwin Leong will donate a scholarship tenable at Hughes Hall in Cambridge for an outstanding graduate from CUHK to pursue a one-year full-time study at Master's level, either for a taught or research degree, in the academic year 2018-19.

The maximum value of the Scholarship is £32,000 (subject to confirmation) which may cover, in full or in part, the following:

• the University Composition Fee;
• the College fee;
• a maintenance allowance to take care of board and lodging set each year by the Cambridge Overseas Trust and a settling-in fee;
• the cost of one return airfare between Hong Kong and the United Kingdom by the most economical route

The Scholarship shall only be awarded to the CUHK alumni who graduated within the recent 3 years (i.e. 2015, 2016 and 2017 classes). It may also be awarded to a final-year student contingent upon graduating from CUHK before taking up the Scholarship.

Details of the Scholarship and its application form can be downloaded from our website at http://admission.cuhk.edu.hk/ (Financing Your Studies à Scholarships → Open for Applications). Completed application together with ALL the supporting documents must reach the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park by 5:30 p.m., 1st Dec 2017 (Hong Kong time). Late or incomplete applications will not be processed.

For enquiries, please contact the Office of Admissions and Financial Aid at sfas@cuhk.edu.hk or 3943 7204.

5. International Symposium on Health Care Communication

The International Symposium on Healthcare Communication, organized by the Australian National University (ANU) Institute for Communication in Health Care (ICH), will be held at Australian National University in Canberra on 12th & 13th Feb 2018. The Institute will be launched at its new location at ANU, and the Institute’s ongoing role as the Asia-Pacific Healthcare Hub of Charter for Compassion International will be honoured.

The Symposium will feature, amongst others, the following speakers:

• Associate Professor E. Angela Chan (Hong Kong Polytechnic University),
• Dr. Suzanne Eggins (Australian National University),
• Dr Sam Heard (Medical Director, Central Australian Aboriginal Congress),
• Dr. Katarzyna Jankowska (Nicolaus Copernicus University, Poland),
• Professor Rodney Jones (University of Reading - UK),
• Professor Emerita Suzanne Kurtz, (Washington State University -US and University of Calgary - Canada)
• Professor May O. Lwin (Nanyang Technological University - Singapore),
• Professor Christian Matthiessen (Chair Professor, Hong Kong Polytechnic University),
• Prof. Dr. Elizabeth Rider (Harvard Medical School - US),
• Prof. Peter Schulz (University of Lugano - Switzerland),
• Dr. Marilyn Turkovich (Exec. Director, Charter for Compassion International).

... plus international leaders in the field of healthcare communication

Registration can be done on Eventbrite (formal sale of tickets to follow).

More info on the symposium
More info on the Institute for Communication in Health Care
7. The Standard Chartered Hong Kong Marathon – CUHK Marathon Team

The Standard Chartered Hong Kong Marathon will be held on 21st Jan 2018 (Sunday). CUHK will form its own marathon team once again. We welcome all CUHK/CUSCS students, staff, alumni and their relatives and friends to join the team and take up the challenge together!

Each team member will be entitled to the following exclusive benefits:
1) A CUHK running tee-shirt or singlet specially designed for sports runners, sponsored by Antonhill Co. Ltd.
2) Participation in marathon seminar and training to be conducted by the professionals from the Department of Sports Science and Physical Education, the Physical Education Unit and the Department of Orthopaedics and Traumatology, CUHK.
3) On-field physiotherapy provided by the CUHK Sports Medicine Team on the race day.
4) A souvenir from the CUHK booth located at the finishing area.
5) Support from CUHK cheerers along the racing routes.
6) Taking photos along the race routes and at the CUHK booth (You are welcome to download the photos as mementos, for free, from our website).

Registration procedure is as follows:
Step 1
To be a member of the CUHK Marathon Team, a runner must be a successful registrant who has received a reference number (eg. R-12345678 / C-12345678) from the Organiser of the Standard Chartered Hong Kong Marathon in the result announcement of its public ballot system released on 21st Sep 2017.

Step 2
Starting from now, successful registrants of the Standard Chartered Hong Kong Marathon can then register for the CUHK Marathon Team on the CUHK Marathon website. Registration will be closed on 17th Nov 2017.

To know more about the CUHK Marathon Team, please check out our website at www.cuhk.edu.hk/cpr/marathon. For enquiries, please email to marathon@cuhk.edu.hk, or call 3943 3173.

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8. Student Residence Bursary Scheme 2017/18 學生宿舍助學金計劃 2017/18

To be eligible to apply for the CUHK Student Residence Bursary 2017/18, applicants must:

(1) be local full-time undergraduate students;
(2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the term;
(3) have average monthly household income (during 1st April 2016 to 31st March 2017) lower than the median of the monthly household income published in the most recent Quarterly Report on General Household Survey by the Census and Statistics Department (Please refer to the Guidelines for the monthly household income bandings);
(4) be not able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than $1,300 per term under the CCF hostel subsidy.

Amount of Bursary
1. For eligible needy students who are not able to benefit from CCF hostel subsidy, the value of each bursary will be $1,300 per term.
2. For eligible needy students who receive less than $1,300 per term under CCF hostel subsidy, the value of each bursary will be the difference between $1,300 and the approved amount of CCF hostel subsidy.
3. The maximum amount of bursary for residents of all types of shared rooms will be the same.

Application Procedures
1. Eligible students who live in hostel for the first term or the whole year should submit their online application in Chinese University Student Information System (CUSIS) (Website: [http://www.cuhk.edu.hk/cusis](http://www.cuhk.edu.hk/cusis); MyCUHK > CUSIS and MyStudy > Financial Aid Online Appl Form > Public Application > click the magnifying glass to select “Student Residence Bursary”) during the application period from 4th September to 31st October 2017.
2. Applicants should print out Section 7 of the online application form and submit together with the supporting documents to the College on or before the application deadline.

For enquiries, please contact the Office of Admissions and Financial Aid at 3943 1898 or 3943 7205.

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9. 網上心理健康計劃—《心導遊》

(由香港中文大學心理學系舉辦)

簡介:
在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為到自己既心理健康做些什麼？《心導遊》是一個為期八至十個星期的網上心理健康研究計劃，目的旨在提升大眾生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中，我們會從旁輔助你。希望你在過程之中，學習、練習、以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

詳細內容：
i) 對象：18歲以上，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。

ii) 《心導遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。

iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。

iv) 為鼓勵參與，首180名完成課程及課後各階段評估的參加者，可獲得港幣$100，最高合共$300的答謝金（答謝金將為現金或同等金額的現金劵），答謝金將於會面評估後派發。

如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理黃小姐 3943-4189 或電郵 swywong@psy.cuhk.edu.hk。