

Go Green!
Be Sunny!



The Sunny College

The Sunny Biweekly

Summer Edition



伍宜孫書院
WU YEE SUN COLLEGE

29 May 2017

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1. Last Assembly of Fellows meeting Chaired by Professor Rance P.L. Lee



Our Founding College Master, Professor Rance P.L. Lee (李沛良教授) will be retiring from his position in the coming July and the Assembly of Fellows meeting held on 19th May was the last one chaired by Professor Lee before his retirement. After the meeting, Prof. Lee expressed his sincere gratitude to all Members of the Assembly of Fellows for their support in the past few years. The Fellows also shared their greatest appreciation towards Prof. Lee for his persistent efforts paid to the College development since its establishment and for his strong leadership with kindness and affability. Everyone wished Prof. Lee a pleasant and fruitful retirement life.



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2. Programme Exploration Days for S6 Students: 中大課程探索日書院攤位



Organized by the Office of Admissions and Financial Aid, the Programme Exploration Days held on 16th & 17th May aimed to help S6 JUPAS applicants develop a deeper understanding of their preferred programmes and get personal admission consultation in order to plan their future studies. Our student ambassadors greeted these prospective students and answered their enquiries at the college booth located in YIA. We very much look forward to welcoming them again in September!

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3. CUHK Information Seminar for School Counsellors 2017



About 10 school counsellors visited CUHK on 26th May. A guided tour was arranged for them to visit the college hostel rooms and the associated facilities provided for student residents. Our student ambassadors took the opportunity to share their college experience and answered questions raised by the participants. They also led them to visit the college learning and recreational facilities for a better understanding on our college's uniqueness.

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1. Freecycling Scheme at Hostel Check-out 退宿回收



College Green Team and "CU X Rubbish" are co-organizing a **freecycling scheme** at hostel check-out from 21 April to 29 May. Collection boxes have been placed at the G/F lift lobby of East Block and West Block. Items collected will be distributed to resident students of next year or donated to charities. Please join and contribute to a green environment!

一年一度的退宿時間即將到了！書院環保小組將聯同「免廢讀中大」於在4月21日至5月29日舉行退宿回收活動，東西座宿舍電梯大堂已放置回收箱，讓各位宿生將有用的物品分類回收再用，供下年宿生使用或捐贈予慈善機構。請大家積極參與，為環保出一分力。

Reminders 注意事項:

- 1) Please make sure the stuff is clean 請清潔乾淨所有物資
- 2) Food is not accepted, just share with your friends or share at the pantries 恕不接受食物，請找三五知己分享或放在樓層 pantry 共享
- 3) Boarders are welcome to take stuff they want during the collection period 歡迎宿生們在回收期間將有用的物資取走

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1. New College Member 新增書院成員

The following CUHK staff member has recently joined Wu Yee Sun College as a teacher affiliate. Warm welcome from all the Sunnies!



Professor TAN Jia 譚佳教授
BA (Tsinghua); MA, PhD (S. Calif.)

Professor Tan Jia is Assistant Professor of Cultural Studies in the Department of Cultural and Religious Studies. She received her doctoral degree in critical studies of cinema and television from the University of Southern California. Her research interests include film and media studies, television studies, documentary, gender and sexuality, liberalism and colonialism.

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2. Temporary Closure of College Catering Outlets at Tuen Ng Festival 端午節伍宜孫書院膳堂暫停營業

All catering outlets at Wu Yee Sun College will be temporarily closed on Tuesday, 30th May 2017 for Tuen Ng Festival.

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3. Temporary Suspension of Opening Hours of Table Tennis Table in Summer

Table Tennis Table at College Gallery will be temporarily closed during summer from 1st June onwards. The opening hours in the next semester will be announced in due course.

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4. Summer Opening Hours of College Catering Outlets 書院膳堂暑期營業時間

The summer opening hours of College catering outlets are as follows:
書院膳堂暑期營業時間如下：

Student Canteen 學生飯堂

1/6 - 30/6	
Mon to Sat 星期一至六	0745 - 2045
Sun & Public Holiday 星期日及公眾假期	Closed 暫停營業
12/7 - 26/8	
Mon to Sat 星期一至六	1100 - 2045
Sun & Public Holiday 星期日及公眾假期	Closed 暫停營業

Staff Dining Room 教職員飯堂

1/6 - 30/6 & 12/7 - 26/8	
Mon to Fri 星期一至五	1200 - 1500 & 1800 - 2045
Weekend & Public Holiday 周末及公眾假期	Closed 暫停營業

All catering outlets at Wu Yee Sun College will be temporarily closed on **1 July 2017** for HKSAR Establishment Day and from **2 to 11 July 2017** for annual overhaul.

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5. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours & Lunch will be closed during summer vacation. Any students who wish to meet Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication; Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature; and Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care may email Miss Sonia Yu (soniayu@cuhk.edu.hk) or Miss Katie Yu (katieyu@cuhk.edu.hk) for arrangement.

The events will resume next semester with further notice. Enjoy your summer!

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6. Scholarships for Academic Excellence 2016/17 年度學業優異獎學金



To recognize college students with outstanding academic performance, the College is pleased to offer:-

Master's List - Honor Award

To acknowledge Top College student of each academic programme of each class, with year GPA not less than 3.5 in 2016/17 academic year

Quota: One student from each programme of each class will be awarded

Academic Excellence Scholarship - HK\$10,000 (Selection Criteria, Quota and Award Amount UPDATED)

To acknowledge students with excellent academic performance - Highest 2016/17 Year GPA in each Faculty (with not less than 3.4)

Quota: 25 [Arts(3), Business Administration(4), Education(2), Engineering(3), Law(2), Medicine(4), Science(3), Social Science(4)]

Academic Improvement Award - HK\$5,000

To recognize Top 3 College students who have shown the greatest improvement in terms of Term 1 & Term 2 GPA of 2016/17 academic year

Quota: 3

Application to the above scholarship is NOT required. Scholarship recipients will be notified in August and awards will be presented in the College Inauguration Assembly in Sep 2017.

For more details about eligibilities, please go to <http://www.wys.cuhk.edu.hk/scholarships.php> (College Life & Support > Scholarships & Financial Aid > Sort by Type > Scholarships for Academic Excellence)

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936) or Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932)

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7. Drum Set and other Music Equipment Available for Booking



To promote music atmosphere on campus, the College recently arranged a drum set and other music equipment at College Theatre and made available for booking. You can come for practice, rehearsal or performance! Be a Music Team member and enjoy all the fun!



Booking Period:	Monday 19:00-22:00; Wednesday 14:00-17:00 (except public holidays & special situations) <i>*Other than the time specified above, please consult College Dean of Students' Office ONE working day prior to the proposed booking time.</i>
Registration:	BEFORE submitting booking request to College Dean of Students' Office, applicants must 1) be Wu Yee Sun College Students; 2) register as a member of Music Team via https://goo.gl/AMzk0z ; 3) attend a briefing about the proper use of music equipment; and 4) read through the " Rules & Regulations For Music Equipment " and complete the booking form <i>*For other student bodies' bookings, please follow the rules and procedures stated in the "Rules & Regulations For Music Equipment".</i> The briefings will be organized again in the next semester. If you would like to register as music team member and use the music equipment, please contact Sonia / Kan.
Enquiries:	Sonia (3943-3937/ soniayu@cuhk.edu.hk) / Kan (3943-9767/ kanpoon@cuhk.edu.hk)

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8. Exchange and Travel Grant/Loan 2016/17

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. **For programmes/activities held in Jun - Sep 2017, the application is now open from 19th Apr to 14th Aug 2017.**

For programmes/activities held in Aug 2017 - Jan 2018, application will be open from 15th Aug to 14th Dec 2017.

Check out the following link for more information including eligibility:

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1493026691ExchangeandTravelGrantandLoan2017181st.pdf

For enquiries, please contact Ms. Carol Cheng at carolcheng@cuhk.edu.hk or Miss Yolinda Wong at yolindawong@cuhk.edu.hk

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9. WYS's Got Talents

Are you interested in or excellent at **photography, video-production, art & design, simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Kathy Fong (3943 3942/ kathyfong@cuhk.edu.hk)

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10. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the University's Student Counselling and Development Service at **3943 7208** for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is **5400 2055**.

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College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

1. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

How to join? You will be enrolled into the Scheme after joining your first sports activity!

What are the prizes? 30 points for Sports Towel & 40 points for Water Bottle

How to redeem prizes? Prize redemption will be arranged every semester!

Upcoming Sports Activities:

Please stay tuned for updates

Check your accumulated points at <http://bit.ly/WYSSportsForLife!!>

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

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2. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to **\$20,000!!!**



Maximum Funding Amount: HK\$20,000

Eligibility

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries: Mr. Kan Poon (3943-9767 / kanpoon@cuhk.edu.hk)

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3. Global Learning Award Scheme (Winter Round) 寰宇學習獎勵計劃 (冬季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$8,000 or 100% of particular items (<i>whichever is lower</i>)
		#Participating in organized programmes	HK\$8,000 or 80% of particular items (<i>whichever is lower</i>)
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items (<i>whichever is lower</i>)
		#Participating in organized programmes	

#Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	Nov 1 st – Apr 30 th	May 1 st – Oct 31 st
Summer	May 1 st – Oct 31 st	Nov 1 st – Apr 30 th

#application documents shall be submitted to DOS Office by the last working day within the application period.

Contact Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk) now if you have any ideas in mind. Know more about the [details](#) and [apply](#) here!

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4. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's [Service-learning Project Funding Scheme](#) supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the [website](#) for more info.

Enquiries: Katie (katieyu@cuhk.edu.hk / 3943 3935)

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5. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit “Sports for Everyone”.

The College will subsidize the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

Funding Amount: \$500 or 80% of application fee (whichever is lower)

Guidelines: <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

Application: Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days **BEFORE** the start date of the activity. We will notify applicants the results within two weeks.

Enquiries: Kathy (3943-3942/ kathyfong@cuhk.edu.hk)

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6. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The

Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

For more info, please visit: <http://www.wys.cuhk.edu.hk/exchange.php?lang=zh&cat=others>

For enquiries, please contact Miss Katie Yu at katieyu@cuhk.edu.hk or 3943 3935

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Other Activities & Announcements 其他活動及宣佈事項

1. Targeted Training Programme for Scholarships

To better equip our students for scholarship applications, the Office of Admissions and Financial Aid will organize a targeted training programme in which students will be given counselling on scholarship application including preparation for curriculum vitae and personal statement. Mock interviews will be arranged for students, and faculty mentors will be assigned to them for coaching.

College students who have interest in this targeted training programme with cumulative GPA of at least 3.3 and are planning to compete for renowned scholarships may send in their 1) SID, 2) Name, 3) Programme, 4) Year of Study, and 5) CGPA to Miss Yolinda Wong at yolindawong@cuhk.edu.hk on or before 12 July 2017.

The College will nominate suitable applicants to participate in this programme. As the programme is intended to last for a year, priority will be given to Year 3 or above students but not in their final year of study in 2017/18.

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2. 網上心理健康計劃—《心導遊》

(由香港中文大學心理學系舉辦)



簡介:

在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為到自己既心理健康做些什麼？《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大眾生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中，我們會從旁輔助你。希望你在過程之中，學習、練習、以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

詳細內容：

- i) 對象：18 歲以上，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。
 - ii) 《心導遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。
 - iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。
 - iv) 為鼓勵參與，首 180 名完成課程及課後各階段評估的參加者，可獲得港幣\$100，最高合共\$300 的答謝金（答謝金將為現金或同等金額的現金券）。答謝金將於會面評估後派發。
- 有興趣參加的人士，可於網上登記（<http://www.psy.cuhk.edu.hk/tourheart/>），並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估，以確定符合參加條件。
- 如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 swywong@psy.cuhk.edu.hk。

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