Don’t let winter sabotage your training routines! A group of students and College staff members freshened up their endurance training on 23rd Jan with the professional trainers from NIKE+ Training Club. Followed the music rhythm, participants did low and high intensity exercises like burpee, squat, and plank. These tough trainings challenged the participants’ energy but helped them reach their fitness goals by building up the capacity of body endurance.
Let’s see how the upcoming three sessions “Mobility”, “Strength” and “Athlete Workout” will further strengthen our Sunnies!

2. Welcoming Dinner for Incoming Exchange Students of 2016-17 Term 2 2016-17年度下學期交換生歡迎晚會

38 incoming exchange students from 13 different countries are joining our College this semester! The International Team and the College organized a dinner to present our warmest welcome to them on 23rd Jan. Professor Chu Ming-chung (朱明中教授), Chairperson of Student Exchange Committee (學生交流委員會), and Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students, represented our College to greet the exchange students and encourage them to enjoy College life as well as the culture of Hong Kong. College Master Professor Rance P.L. Lee (李沛良教授) and fellow College members also attended the event to show their welcome to the new comers.

With the efforts by International Team, participants enjoyed buffet dinner and played mini quiz to learn more about CUHK and Hong Kong. Besides, they had a taste on the Chinese tradition to write red banners for celebrating the Chinese New Year.

3. Spanish Movie Night

International students, local students and incoming exchange students enjoyed a Spanish movie called “Real Women have curves” in the Lounge, House of Sunny Living on 24th Jan. We were grateful to have Miss Maria Consuelo Vega Leon, College Member and Assistant Lecturer, Department of Linguistics and Modern Languages to be the moderator of the event and the presence of Dr. Lancelot W.H. Mui (梅維浩博士), Associate Dean of Students and Professor Albert Lee (李大拔教授), College Members.

After watching the movie, participants from different cultural background discussed the different parenting style of their home countries and also learned more about Spanish history.

4. clab x Music Team Band Show
The unplugged show returned on 23rd Jan! Student band performed rock and roll music with our newly acquired drum set. Some students just went on stage to play pop songs with guitars and lead the audience to sing together. The beautiful singing and chilling atmosphere lingered around club for hours.

Miss the show? Review the highlights at https://drive.google.com/open?id=0B2golWY8xS2Bc1JnVENBZEFPSDA. If you want to use the drum set and other music team equipment, register as Music Team member now!

5. Lunch with Scholarship Recipients

College Master Professor Rance P.L. Lee (李沛良教授) invited a group of scholarship recipients, including Chan Ka-chun (陳嘉俊, CHLL), Dai Jingyun (戴靖沄, SOCI), Lam Karpio Marlise (林家佩, PHAR), Louie Yan (雷恩, SOCI) and Pun Chun-sang (潘駿生, CHEM) to dine in the College Staff Dining Room last week. Prof. Lee gave his heartfelt congratulations to the students and they also shared their school life with each other during the fruitful lunch.

1. International Cultural Festival—French Movie Night

Bonjour (Hello)! Do you know who Édith Piaf is? She is a popular French singer and actress. We are going to show a musical film called “La vie en rose” which talks about her life in “International Cultural Festival—French Movie Night” with details as blow. The movie is spoken in English with English subtitles.

**Event Details**
Date: Wed, 8th Feb 2017  
Time: 6:30 – 8:30pm  
Venue: The Lounge, House of Sunning Living (right above the college gym room)  
Instructor: Mr. Louis Jean Munsch (Department of Linguistics and Modern Languages)  
Program Content:  
- Watch French Movie “La vie en rose”  
- Small chat  
- Light refreshment provided

Registration:
https://cloud.itc.cuhk.edu.hk/webform/view.php?id=2701500
Registration deadline: 10.00am, 6th Feb 2017

Enquiries:  
Kathy (kathyfong@cuhk.edu.hk / 3943 3942)  
Katie (katieyu@cuhk.edu.hk / 3943 3935)
2. International Cultural Festival—French SURVIVAL Language Activity

Imagine one day you go to France and would like to say hello to a charming French boy or girl, do you know how to greet him/her? And do you know what to say when you go shopping in France especially when you want to bargain for a cheaper price? If you want to learn basic French for SURVIVAL in France and try some French food, come to the “French SURVIVAL Language Activity”.

Event Details
Date: Wed, 15th Feb 2017
Time: 6:45 – 8:15pm
Venue: Room W112-114, WYS College
Quota: 25 (priority given to students who DO NOT speak any French; first-come-first-served)
Instructor: Mr. Louis Jean MUNSCH [Department of Linguistics and Modern Languages]
Program Content:
- Learn basic French for greeting and survival via interactive activities
- French food tasting (Macaron, Cheese, Baguette, etc.)

Registration:
Registration deadline: 2:00pm, 9th Feb 2016
Enquiries:
Kathy (kathyfong@cuhk.edu.hk / 3943 3942)
Katie (katieyu@cuhk.edu.hk / 3943 3935)

3. 參觀[源・區]及堆填區

Visit to T-Park and Landfill (25.02.2017)

T· PARK [源・區] 配備自給自足的運作系統及不同類型的設施，包括每天可處理達高達二千公噸污泥的污泥焚化爐、發電系統、海水淡化廠，以及教育和自然生態設施，體現「轉廢為能」的優點。

啲明？同 Green Team 一齊去親身體驗啦！

T· PARK, located in Tuen Mun, combines a variety of advanced technologies into a single complex and has a well-designed self-sustaining operational system, bringing together sludge incinerators with a treatment capacity of up to 2000 tonnes of sludge per day, with power generation, desalination, educational and ecological facilities to showcase the benefits of the waste-to-energy approach in waste management.

Care to take a look together with Green Team? After visiting T· PARK, we will also take a look at the West New Territories Landfill, where you will actually see the importance of waste reduction!

日期 Date: 25/2/2017 (星期六 Saturday)

集合地點及時間 Gathering Time and Location:
12:40pm @ 伍宜孫書院大堂 College Gallery, Wu Yee Sun College
12:45pm @ 大學港鐵站 University MTR Station
1:30pm @ 屯門 Tuen Mun (視乎需要；地點待定 If necessary; exact location to be confirmed)

參觀完結時間 Visit End Time: 5:15pm
(回程亦有專車接送 Shuttle bus for return journey will also be arranged.)

領隊 Leader:
校園環境委員會主席邹桂昌教授 Professor Chau Kwai-cheong, Chairman of Campus Environment Committee

報名 Enrollment (名額有限，先到先得 First-come First-served):

查詢 Enquiry: Andy (3943 3941 / andy_cheung@cuhk.edu.hk)

4. Rooftop Farming @ Wu Yee Sun College 書院天台種植

訪廢為能咩黎架？食得架？睇片先：
What is waste-to-energy?
https://www.youtube.com/watch?v=j8oo0KkjRyw
<Below message is drafted by Green Team 以下訊息由環保小組提供>
書院西座天台嘅農田開放俾大家種植啦，如果大家想體驗一下做農夫嘅滋味，就快啲報名啦！

Wanna try farming at the College Rooftop Garden? Come and join us by filling the application form!

報名表格 Application Form: goo.gl/6FLPgb
Facebook page: https://www.facebook.com/WYS-Green-Team-CUHK-867238849989475/?fref=nf
查詢 Enquiries: wysgreenteam@gmail.com

Sunny Sports Committee offers a series of sports activities this term! Energizing your new year with movement and fun! Kickstart the Chinese New Year Darts on football pitch! WYS Lunar New Year Cup welcomes both students and teachers for friendly football match, then enjoy dinner at Chung Chi College Staff Canteen after the event https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2624984.

Don’t forget to register Fitness Training, Hip-Hop Dance Class and Yoga Class at https://goo.gl/2ym8la too!

<table>
<thead>
<tr>
<th>Fitness Training-Muscle Building 健身教學－增肌訓練</th>
<th>Fitness Training-Cardio Training 健身教學－帶氧運動</th>
<th>Yoga Class 紓壓瑜伽班</th>
<th>Hip-Hop Dance Class (Performance-based) 街頭舞班</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Date &amp; Time</strong></td>
<td><strong>Mar 9, 16, 23 (Thu)</strong></td>
<td><strong>Mar 21 – Mar 28 (Every Tue)</strong></td>
<td><strong>Feb 15 – Apr 12 (Every Wed)</strong></td>
</tr>
<tr>
<td><strong>Feb 9, 16, 23 (Thu)</strong></td>
<td><strong>19:30-20:30 @ College Gym</strong></td>
<td><strong>Class A: 19:00-20:00 @ W112-113</strong></td>
<td><strong>20:00-21:30 @ Pommerenke Centre Room 303</strong></td>
</tr>
<tr>
<td><strong>Mid-Mar</strong></td>
<td><strong>19:30-20:00 @ College Gym</strong></td>
<td><strong>Class B: 20:00-21:00 @ W112-113</strong></td>
<td></td>
</tr>
</tbody>
</table>
### 6. Chinese New Year Hiking & Poon-Choi Banquet 新春行大運暨盆菜宴

Begin your lunar new year with fascinating natural landscape and delicious Poon-choi banquet (盆菜宴)! A weekend getaway for the beautiful view of Starling Inlet (沙頭角海) - The College will organize Chinese New Year Hiking along the Tiu Tang Lung Trail. Everyone will enjoy the Poon-choi Banquet after hiking.

**Date:** 11th Feb, 2017 (Sat)  
**Gathering Time & Venue:** 13:45 – Wu Yee Sun College Main Entrance  
14:00 – University Station Piazza (near to The Statue of Goddess of Democracy)  
**Hiking Route:** Luk Keng Wong Uk (鹿頸黃屋) Kuk Po San Uk Ha Tsuen (谷埔新屋下村) (Via Tiu Tang Lung Trail 經吊燈籠徑)  
**Level of Difficulty:** 1 star (5 stars the highest)  
**Poon-choi Banquet:** Student Canteen, Wu Yee Sun College

*Please wear sports shoes, bring personal hiking gear, water, insect repellent, sun screen, etc.

**PE Marks:** 3 marks  
**Sports for Life Award:** 15 marks

### Application:  
Students – Please submit a refundable deposit of $100 to College Dean of Students’ Office on or before 5pm, 3rd Feb (Fri) for registration. *(The deposit will be refunded after completion of the WHOLE activity)*  
College Staff Members – Please email to janewu@cuhk.edu.hk with your full name, contact number and contact email on or before 5pm, 3rd Feb (Fri) for registration. $100 fee will be charged per person.  
**Enquiries:** Jane (3943-3934/ janewu@cuhk.edu.hk)

### 7. THE DARK SIDE OF CHOCOLATE – Documentary Screening

**THE DARK SIDE OF CHOCOLATE – Documentary Screening**

When does chocolate become bitter?  
The moment when human trafficking and child labour become a reality, trapping thousands of lives across the world…  
Come and learn about the relationship between poverty, exploitation and the cocoa industry and choose to invest in fair trade chocolate this Valentine’s Day.

**Activities include:**  
Blind chocolate tasting – can you differentiate which chocolate is more friendly to our community?  
Documentary screening and discussion – short discussion after the screening
Fair trade exhibition – learn how you can support fair trade

Date & Time: 8 Feb 2017 (Wed) 7:00 – 9:00pm
Venue: College Theatre, UG/F, Wu Yee Sun College
Enquiries: cgh.sdg@cuhk.edu.hk

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**8. 山城士多「小店實習計劃」

【問世間小店是何物】

有好多 People ask 過小編點解小店咁 Important，
Well，我唔直接答佢地，用 Example 答佢地，
但好多 people 經過我一番 Explanation 都係唔 understand！
唔緊要，因為 this，所以今年山城士多同 find 左幾間小店合作，
比大家 directly 像小店做去了解下小店既 value～

我地今次合作既店鋪有四間（待定*），
當中有傳統糖果店，餅家，
亦有係生活雜貨店同市面上去小店採購傳統貨品既網店，
係實習裡面大家可以發掘下傳統手藝，街坊網絡同認識更多小
店。

依次實習比較講求大家主動去幫手同埋比大家發揮創意，
無一個好既定既框架，因為我地相信每個人既期望唔同，自然唔
可以用一套方法決定所有人既實習內容。

*部分合作細節仍在確認

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實習詳情:
時期: 由二月中至四月頭（最少八星期）
時數: 每週最少 8 小時（安排由同學與店鋪商討）
按金: $300（入選後提交，完成實習要求後發還）
實習地點或包括大埔、火炭、元朗。

實習簡介會:
25/1/2017 (星期三) 晚上 7-8 時 黃福元樓 502 室
實習訓練***: 6/2/2017 (星期一) 晚上 7-9 時 黃福元樓 502 室
簡介會報名網址: https://goo.gl/forms/nkb6oXR1cUizsGKjF2
實習報名網址: https://goo.gl/forms/nBHgBKDkekmt5AsI3
截止報名: 1/2/2017 (星期三) 23:59
**如入選必須出席
查詢: cuhk.buy@gmail.com/94883554 (Vincent)

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本計劃由賽馬會“創不同”學院 - 「累積學習計劃」及伍宜孫書院
「愛陽光計劃」計劃支持

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**9. English through Art Painting

The primary aim of the workshop is to help participants observe and enjoy nature's beauty while painting a landscape. The workshop will consist of a short talk and discussion on the subject of painting, followed by a guided painting session. The materials needed will be supplied by the College.

Instructor: Mr. Pradip Nath (English Language Teaching Unit)
Date: 10th Feb 2017 (Friday)
Time: 12:30pm - 3:15pm
Venue: W112, Wu Yee Sun College
Deposit: $50 (Refundable upon completion of activity)
Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2601913
Deadline: 6th Feb 2017

*Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation.

Place is limited. First-come, first-served. Time of deposit payment will be the determinant.
Enquiries: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)
10. International Cultural Festival – Salsa Dance night

Salsa is a kind of Latin dance, which is fun and good for health. By listening to music and moving your body, you can wipe away your daily stress.

Instructor: Miss Maria Consuelo VEGA LEON (Department of Linguistics and Modern Languages)

Date:
Class B: 16 Mar 2017 (Thu) (application deadline: 10 Mar 2017)
Time: 7:00-8:00pm
Venue: Multi-purpose Sports Room in WYS House of Sunny Living (伍宜孫書院如日坊 - 多用途活動室)
Quota: 10 / per class
Deposit: $50 (Refundable upon completion of activity)

Registration:
*Please submit the deposit to the College Office before application deadline for successful registration and seat reservation. Place is limited. First-come, first-served. Time of deposit payment will be the determinant.
**Participants please wear sport shoes

Enquiries: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

11. English through Bird Watching 觀鳥學英語

Long Valley is a large and diverse area of farmland near Sheung Shui which was saved from being destroyed by the construction of a railway line thanks to a campaign led by Hong Kong Bird Watching Society members in 2001. Parts of Long Valley are now managed for birds and birdwatchers by Hong Kong Bird Watching Society staff and volunteers and the site is one of the best in Hong Kong for birdwatching. Waterbirds and farmland birds have quickly adjusted to the bird-friendly environment and are far more approachable than anywhere else in Hong Kong.

Instructor: Mr. Richard Lewthwaite
Richard Lewthwaite is a part-time English Language Teaching Unit instructor. He is also an active birdwatcher in Hong Kong and also enjoys going on birdwatching trips to China, especially Guangdong and Hainan. He is one of the co-authors of "The Avifauna of Hong Kong" and has written papers on a variety of birds including owls and nightjars of Hong Kong, waterbirds of Guangdong and forest birds of Southeast China.

Date: Saturday, 11 February 2017
Activity Time: 3:30pm - 6:00pm
Gathering time and location: 2:45pm @ College Gallery
3:00pm @ University MTR Station Exit A
Location: Long Valley, Sheung Shui (Shuttle bus will be arranged for round trip)
Quota: 10
Deposit: $50 (Refundable upon completion of the activity)

Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2122101
Deadline: 3rd Feb 2017

*Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation. Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Enquiries: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)
導師：雷紹華老師（主修書法篆刻國畫。於香港大學專業進修學院、香港中文大學專業進修學院及自己的書法工作室任教，教授課程涉及篆隷楷行書五種書體，教學方法系統而理性。）

日期：3月1日、8日、15日、22日及29日（逢星期三，共五堂）

時間：晚上7:00至9:00

地點：伍宜孫書院西座112室

按金：港幣$100 (出席四堂可獲退回全部按金)


截止日期：2月22日

*名額有限，先到先得，報名次序以遞交按金先後次序為準。請將按金交至書院辦公室。

查詢：Miss Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

13. WYS Toastmasters Demo Meeting

What do we do in a Toastmasters meeting? It's always the biggest question for the students. Here comes a chance for you to observe how we practice English together! Come to our Demo Meeting and you will gain a lot of valuable experience!

Date: 7th Feb 2017 (Tue)
Time: 7-9pm
Venue: College Theatre

*Refreshment will be provided.

14. 音樂放鬆分享會 Relaxation through Music

音樂可以陶冶性情，令人心情放鬆。經過繁忙的一天，最好靜下來聽一聽音樂，放鬆一下心情，把整天的繁瑣拋諸腦後。音樂有這麼多種類，那些音樂可以幫助我們放鬆心情、紓緩日常的壓力呢？在這次的音樂會，鍾教授會跟同學們一起唱唱他的作品。屆時，鍾教授亦會與大家分享他如何在擔任研究工作之外，繼續追求自己的興趣，並把研究工作與音樂創作兩者取得平衡，同學們不容錯過！

活動由音樂人鍾一諾教授（Prof. Roger Chung）帶領

香港中文大學公共衞生學院助理教授，香港男歌手，作曲及填詞人：與其兄鍾一匡組成的鍾氏兄弟是香港知名音樂組合，並獲得多位華語樂壇重要獎項，包括2012年全球華語金曲獎「年度最佳爵士藝人」、2014年華語音樂傳媒大獎「最佳組合」、2014年CASH金帆音樂獎「CASH最佳歌曲大獎」、「最佳歌詞」、「最佳合唱演繹」等殊榮。2014年推出本地話題大碟《極》，榮獲華語金曲獎七月份十大唱片首位，並被多間國際樂評網站選為年度最佳大碟。主打歌《時代的顛覆者》更一度被瘋傳於網絡，及被多個傳媒報章稱為「時代之歌」。文學泰斗李歐梵亦曾公開點名鍾氏兄弟為「香港音樂的出路」。

音樂試聽：https://www.youtube.com/watch?v=LFOXiz4LyvA

日期：2017年2月21日（星期二）
時間：晚上6:30至8:00
地點：伍宜孫書院如日坊 The Lounge
歡迎同學、教職員及教職員家屬參加

查詢：Miss Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

1. College Photo Day 2016/17

The College Photo Day will be held on 31st Mar 2017 (Friday). For college student bodies or departmental societies who wish to organize celebratory activity during the Photo Day, please complete below online form for application by 5th Feb 2017.


Enquiries: Contact Rebecca at rebecca_wong@cuhk.edu.hk / 3943 3941
2. Invitation for Suggestions for the Next College Master of Wu Yee Sun College

The Committee for the Appointment of the Next College Master of Wu Yee Sun College has collected views from College members via the online consultation conducted from January 4 to 13, 2017 as well as the consultation forum held on January 16, 2017 on the expected qualities of the next College Master. All the valuable opinions are well received and much appreciated. Based on the opinions collected thus far, a list of six selection criteria in the order of priority has been summarized as below. College members are welcome to express your views on the priority via the online form (https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2718406) on or before February 3, 2017.

1) Determination to uphold the College missions and commitment to the development of the College
   承辦書院理念，有承擔及致力發展書院
2) Respect for academic freedom, and with high academic standing
   崇尚學術自由，具學術成就
3) Passion for establishing close rapport with College students and enthusiastic support for student activities
   視心及尊重學生，能與生生建立互信關係，並積極支持學生活動
4) Excellent leadership and rich administrative experience, and familiarity with the University and College system
   具領導才能及豐富行政經驗，熟悉中大及書院制度
5) Open- and fair-minded, care for staff wellbeing
   处事開明，因才善用，關愛員工
6) Fundraising ability and experience
   具籌款能力及經驗

Invitation for suggestions for the next College Master of Wu Yee Sun College is open from January 17, 2017 until February 3, 2017. You are welcome to pass the name and department/faculty of the suggested candidates to College Secretary Ms. Sandy Lee by email or by post.

Email: leesandy@cuhk.edu.hk
Address: College Office, Wu Yee Sun College, The Chinese University of Hong Kong, Shatin, N.T., Hong Kong

Information of the Six Fellows for contact:

<table>
<thead>
<tr>
<th>Name</th>
<th>Department</th>
<th>Tel</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professor Sunny KWONG</td>
<td>Department of Economics</td>
<td>3943 8198</td>
<td><a href="mailto:kansunkwong@cuhk.edu.hk">kansunkwong@cuhk.edu.hk</a></td>
</tr>
<tr>
<td>Professor Anthony CHAN</td>
<td>Department of Clinical Oncology</td>
<td>2632 2119</td>
<td><a href="mailto:anthonytcchan@cuhk.edu.hk">anthonytcchan@cuhk.edu.hk</a></td>
</tr>
<tr>
<td>Dr. Jose LAI</td>
<td>English Language Teaching Unit</td>
<td>3943 7464</td>
<td><a href="mailto:joeselai@cuhk.edu.hk">joeselai@cuhk.edu.hk</a></td>
</tr>
<tr>
<td>Professor Diana LEE</td>
<td>The Nethersole School of Nursing</td>
<td>3943 6227</td>
<td><a href="mailto:joeselai@cuhk.edu.hk">joeselai@cuhk.edu.hk</a></td>
</tr>
<tr>
<td>Professor PUN Kong Pang</td>
<td>Department of Electronic Engineering</td>
<td>3943 8293</td>
<td><a href="mailto:kppun@ee.cuhk.edu.hk">kppun@ee.cuhk.edu.hk</a></td>
</tr>
<tr>
<td>Professor WONG Kam Fai</td>
<td>Department of Systems Engineering and Engineering Management</td>
<td>3943 8220</td>
<td>kf <a href="mailto:Wong@se.cuhk.edu.hk">Wong@se.cuhk.edu.hk</a></td>
</tr>
</tbody>
</table>

3. Say Cheers \口腔健康標語海報創作比賽 Oral Health Poster and Slogan Making Contest

為加強同學對口腔衞生的意識, 伍宜孫書院現正舉辦口腔健康標語海報創作比賽。比賽設冠、亞、季軍各一名及優異獎，得獎者可獲贈書券以作鼓勵。得獎海報亦會張貼於書院宿舍及大學保健處內，進一步推廣口腔健康的信息。

With a view to raising the awareness of students on Oral Health, Wu Yee Sun College is organizing a Poster and Slogan Making Contest on Oral Health. 1st Prize, 2nd Prize, 3rd Prize and consolation prize with book coupons will be awarded to winners as tokens of appreciation. The winning posters will be put up at Hostel in the College and University Health Service (UHS) to further promote the importance of oral health.

參加者請將海報，連同你的姓名、學生證號碼及電話號碼，電郵至 valentinatsang@cuhk.edu.hk。請於電郵標題註明「口腔健康標語海報創作比賽」，書院收到作品後，會發出確認電郵予參加者。

Please submit your poster to valentinatsang@cuhk.edu.hk with your name, student ID and telephone number via email. Please mark "Oral Health Poster and Slogan Making Contest" on the subject of the email. The College will issue a confirmation email after receiving the poster.

作品要求 Poster requirement:
標語形式 Slogan: 中英均可 Chinese/English
海報大小 Poster size: A4
稿件格式 File format: JPEG
稿件大小 File size: 不大於 2M, less than 2M
4. **College Hostel Grant 2016/17 - Application Now Open (for resident students reside in Term 2 ONLY) 2016/17年度書院住宿助學金 - 現已開始接受申請 (只限下學期宿生)**

College resident students (local undergraduates reside in College for Term 2 ONLY) with financial needs may apply for College Hostel Grant. The grant amount for 2016/17 will be maximum HK$1,800 (one term).

Application is now open until Friday, 10th Feb. Students with Term 2 residence only are eligible to apply.

Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Block) before the application deadline. Late applications or incomplete forms will not be considered.


Enquiries: Ms. Carol Cheng ([carolcheng@cuhk.edu.hk](mailto:carolcheng@cuhk.edu.hk) / 3943 3936)

5. **College Student Grant/Loan 2016/17 - Application Now Open (for Freshmen ONLY) 2016/17年度書院學生助學金/貸款 - 現已開始接受申請 (只限新生)**

College students who have financial difficulties may apply for College Student Grant/Loan 2016/17. Application is now open for freshmen ONLY until Monday, 27th Feb. Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Block) before the deadline.


Enquiries: Ms. Carol Cheng ([carolcheng@cuhk.edu.hk](mailto:carolcheng@cuhk.edu.hk) / 3943 3936)

6. **Exchange and Travel Grant/Loan 2016/17**

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes/activities held in in Feb - May 2017, the application is now open from 15th Dec 2016 to 18th Apr 2017.

For programmes/activities held in Jun - Sep 2017, application will be open from 19th Apr to 14th Aug 2017.

Check out the following link for more information including eligibility:


For enquiries, please contact Ms. Carol Cheng at [carolcheng@cuhk.edu.hk](mailto:carolcheng@cuhk.edu.hk) or Miss Yolinda Wong at [yolindawong@cuhk.edu.hk](mailto:yolindawong@cuhk.edu.hk)

7. **Reaching Out Award 2016/17 - Now open for application 外展體驗獎 2016/17 現已接受申請**

Wu Yee Sun College full-time undergraduate students are now invited to apply for the Reaching Out Award 2016/17 (ROA) offered by the HKSAR Government. The award, in the amount of HK$10,000 for each successful applicant, aims to support students in participating in events/competitions (e.g. conferences/forums/workshops/seminars/training camps/competitions/service projects etc.), internships or placements (credit-bearing/non-credit-bearing), field/study trips or courses (e.g. foreign language immersion programmes/academic exchange programmes etc.) which are conducted outside Hong Kong in 2016/17 academic year (1st Sep 2016 – 31st Aug 2017).

Learn more about the selection criteria, supporting documents required and application procedures:


Application Deadline: Wednesday, 15th Feb 2017

Enquiries: Contact Carol at [carolcheng@cuhk.edu.hk](mailto:carolcheng@cuhk.edu.hk) / 3943 3936 or Yolinda at [yolindawong@cuhk.edu.hk](mailto:yolindawong@cuhk.edu.hk) / 3943 3932

8. **Drum Set and other Music Equipment Available for Booking**

To promote music atmosphere on campus, the College recently arranged a drum set and other music equipment at College Theatre and made available for booking. You can come for practice, rehearsal or performance! Be a Music Team member and enjoy all the fun!
Booking Period: Monday 19:00-22:00; Wednesday 14:00-17:00 (except public holidays & special situations)

*Other than the time specified above, please consult College Dean of Students’ Office ONE working day prior to the proposed booking time.

Registration: BEORE submitting booking request to College Dean of Students’ Office, applicants must

1) be Wu Yee Sun College Students;
2) register as a member of Music Team via https://goo.gl/AMzk0z;
3) attend a briefing about the proper use of music equipment; and
4) read through the “Rules & Regulations For Music Equipment” and complete the booking form

*For other student bodies’ bookings, please follow the rules and procedures stated in the “Rules & Regulations For Music Equipment”.

Enquiries: Sonia (3943-3937/ soniayu@cuhk.edu.hk) / Kan (3943-9767/ kanpoon@cuhk.edu.hk)

Updates: The booking of the equipment will be temporarily suspended on 6 Feb (Mon) due to student activities and will resume on 9 Feb (Thur).

The upcoming briefing will be held at February. Details will be announced later.

9. WYS’s Got Talents

Are you interested in or excellent at photography, video-production, art & design, simultaneous interpretation or being the Master of Ceremonies? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly…etc. Registered students may be invited to assist in different occasions. Don’t hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

Enquiries: Miss Jane Wu (3943 3934/ janewu@cuhk.edu.hk) 

10. “Meet the Dean” Hours & Lunch Gathering

“Meet the Dean” Hours

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication, Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature, and Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care. Every Sunny is welcome!

Date: Every Wednesday
Time: 2:30 – 3:30pm
Venue: Dean of Students Office, Room UG09, Wu Yee Sun College
Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937) and Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

“Meet the Dean” Lunch Gathering will be held every other Wednesday. Individual students or representatives of student organizations are all welcome to register for the Gathering. Please email Sonia before the *closest Monday noon to register for the event.

*remarks: registration has to be made on the previous working day if the closest Monday is public holiday

Upcoming gathering

Date: Wednesday, 8th Feb 2017
Time: 12:30 – 2:00pm
Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937) and Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

11. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call 3943 3942 for arrangement.

2) You may also approach the University’s Student Counselling and Development Service at 3943 7208 for help.
1. Sunny Passion Programme 2016-17 - Call for Creative Ideas – Deadline on Next Friday!

Make a Difference! Unleash your creativity for positive social impact!

Sunny Passion Programme is calling for proposals on whatever ideas which echo the core values of the College: Creativity, Entrepreneurship and Social Responsibility.

Any wild ideas and preliminary thoughts are welcome as long as it is innovative and able to benefit the society! Brainstorming session will be organized to let you receive feedback from fellow teams and College students, and polish the ideas before submitting your proposals!

- **Eligibility**
  All WYS students can apply individually or in group.
  (A group MUST comprise of at least 50% WYS students and the other 50% may be students from other colleges.)

- **Award**
  - Gold Award: HK$ 10,000
  - Silver Award: HK$ 6,000
  - Bronze Award: HK$ 4,000

- **Guidelines & Application**
  Click [HERE](#).

- **Application Deadline**
  10th Feb, 2017 (submission of 1-page Executive Summary and Application Form to College Office)

Enquiries: Mr. Kan Poon (kanpoon@cuhk.edu.hk / 3943-9767)

2. Sports for Life Award Scheme

Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College’s sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College’s sports activities and gain prizes!

**How to join?** You will be enrolled into the Scheme after joining your first sports activity!

**What are the prizes?** 30 points for Sports Towel & 40 points for Water Bottle

**How to redeem prizes?** Prize redemption will be arranged every semester!

**Upcoming Sports Activities**
- Fitness Training - Muscle Building – 25 Marks
- Fitness Training – Cardio Training – 25 Marks
- Hip-Hop Dance Class – 25 Marks
- Yoga Class – 25 Marks
- WYS Lunar New Year Cup – 15 marks


Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

3. Be Entrepreneurial! Funding Scheme

Life begins at the end of your comfort zone!
A SMALL change can make a BIG difference!
If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply “Be Entrepreneurial!” Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to $20,000!!!

Maximum Funding Amount: HK$20,000
Eligibility
✓ All WYS undergraduate students
✓ Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
✓ Applications are welcome all year round.

What are you waiting for? Click HERE to find out more information!
Enquiries: Mr. Kan Poon (3943-9767 / kanpoon@cuhk.edu.hk)

4. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)
If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!
The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on! Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

<table>
<thead>
<tr>
<th>Programme Length</th>
<th>Programme nature</th>
<th>Maximum Award amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short-term</td>
<td>Self-initiated programmes</td>
<td>HK$8,000 or 100% of particular items (whichever is lower)</td>
</tr>
<tr>
<td></td>
<td>*Participating in organized programmes</td>
<td>HK$8,000 or 80% of particular items (whichever is lower)</td>
</tr>
<tr>
<td>Long-term</td>
<td>Self-initiated programmes</td>
<td>HK$15,000 or 100% of particular items (whichever is lower)</td>
</tr>
<tr>
<td></td>
<td>*Participating in organized programmes</td>
<td></td>
</tr>
</tbody>
</table>

*Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

<table>
<thead>
<tr>
<th>Round</th>
<th>Applying for trips taken during (for trips overlapping both rounds, first date of the trip shall determine the application period)</th>
<th>Application period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter</td>
<td>Nov 1st – Apr 30th</td>
<td>May 1st – Oct 31st</td>
</tr>
<tr>
<td>Summer</td>
<td>May 1st – Oct 31st</td>
<td>Nov 1st – Apr 30th</td>
</tr>
</tbody>
</table>

*application documents shall be submitted to DOS Office by the last working day within the application period.

Contact Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk) now if you have any ideas in mind. Know more about the details and apply here!

5. Service-learning project Funding Scheme 服務學習項目資助計劃
If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College’s Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the website for more info.

Enquiries: Katie (katieyu@cuhk.edu.hk / 3943 3935)

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit “Sports for Everyone”.

The College will subsidize the application fee of sports events/competitions/activities organized by organization(s) OTHER THAN College. Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five are some of the examples.

Funding Amount: $500 or 80% of application fee (whichever is lower)
Application: Please submit application at https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668 at least 14 working days BEFORE the start date of the activity. We will notify applicants the results within two weeks.
Enquiries: Sonia (3943-3937/soniayu@cuhk.edu.hk)

7. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK$100 subsidy for the activity.

For more info, please visit: http://www.wys.cuhk.edu.hk/exchange.php?lang=zh&cat=others
For enquiries, please contact Miss Katie Yu at katieyu@cuhk.edu.hk or 3943 3935

1. Information Session on Asian Future Leaders Scholarship Programme

The Asian Future Leaders Scholarship Program (AFLSP) 2017/18 is now open for application. AFLSP supports Asian students who wish to study abroad within Asia at the designated universities (e.g. Kyoto University in Japan). For eligibility requirements and details of AFLSP, please visit the website of the Bai Xian Asia Institute (BXAI) at http://www.bxai.org/.

Representatives of BXAI and Kyoto University (Kyoto U) will introduce AFLSP and the programmes offered by Kyoto U respectively on CUHK campus in mid-February. If you would like to learn more about AFLSP and are interested in further studies at Kyoto U, please join the upcoming Information Session.

Date: 15 February 2017 (Wednesday)
Time: 4:30 p.m. – 6:00 p.m.
Venue: Multi-purpose Room, 1/F, Yasumoto International Academic Park, CUHK
Language: English
Speakers: Representative of BXAI and representative of Kyoto University

To reserve a seat for the Information Session, please complete and submit by 8 February 2017 an online registration form which is available at our website at http://www.oafa.cuhk.edu.hk/ (Scholarships & Financial Aid → Open for Application). If your registration is successful, confirmation will be sent to you by SMS and email on 9 February 2017. Event reminder will also be sent by SMS and email.

For enquiries about the Information Session, please contact our Office at sfas@cuhk.edu.hk or 3943 7204.

2. The SEI Team – Sunny Team for promoting education and intercultural-ties

<Below message is drafted by the SEI Team>

The Sunny Team for Promoting Education and Intercultural-ties (SEI) is funded by the Internationalization Activity Fund of the University. It is a team of self-initiated students from the Chinese University of Hong Kong. The team aims at promoting internationalization and intercultural exchange opportunities among university students and ethnic minority students and to help the latters’ better integrated into the local community.

The project will cooperate with one of the minority schools in the city, in the pursuit of
(1) helping ethnic minorities students develop a positive attitude by finding direction for future study;
(2) helping ethnic minorities students integrate into the local community through mentorship program led by university students.
Choices of Workshops

Workshop 1: Cultural exploration and service inspiration workshop  (9 Feb 2017, Thursday, 7-9pm, venue to be confirmed)

Workshop 2: Mass games designing workshop  (16 Feb 2017, Thursday, 7-9pm, venue to be confirmed)

Workshop 3: STEM innovative product Workshop (23 Feb 2017, Thursday, 7-9pm, venue to be confirmed)

Workshop sessions will be held at CUHK campus.

To view date, time, venue and apply, please visit the following links https://drive.google.com/open?id=1KlpKr_sfoUjosjv97JMQoVZ5TASwcdqH4FLOAX9_YQ

Recruitment

1) SEI core teammate
2) STEM product designer
3) Teaching assistant

# A selection interview may be arranged

Service Period: March - May 2017

Fee: Free of Charge

Enrollment: Interested students should register online on or before 2 Feb 2017.

Enquiries

Please contact Kimberly at 6925 5181 or Eunis at 6488 6496.

Or by email, thesunnyteam.sei@gmail.com

SEI計劃的成立旨在改善本港少數族裔的年輕人的權益，希望透過 STEM 教育拓展他們的潛能，打破隔膜，讓這班初中學生發揮到自己

的興趣，同時亦能點燃起年輕中學生們對未來的夢想。參與計劃的中大同學可以用自己所長，例如利用工程學所學的知識教導這些年輕

中學生，令他們可以早一步了解工程的知識和看到科技的世界的進步，開拓更多可能性，期望有助於他們確立人生目標與方向，與此同

時也想藉與中學生的互動，推廣社會共融。

參加此計劃的中大學生在參與工作坊後，將會教授少數族裔中學生有關 STEM 學科的知識，並共同創作出一些作品。此外，亦會與少數

族裔中學生結為友伴，擔當大哥哥大姐姐的角色，互相交流，也達至教學相長。

學生可選報以下工作坊：

工作坊一：文化探索與服務啟發工作坊  (2017 年 2 月 9 日，星期四下午 7 時 - 9 時，地點待定)

工作坊二：課堂遊戲設計工作坊  (2017 年 2 月 16 日，星期四下午 7 時 - 9 時，地點待定)

工作坊三：STEM 創新科技工作坊  (2017 年 2 月 23 日，星期四下午 7 時 - 9 時，地點待定)

工作坊地點：中大校園內

報名方法：請到以下網址瀏覽項目的詳細日期、時間、地點及報名表
https://drive.google.com/open?id=1KlpKr_sfoUjosjv97JMQoVZ5TASwcdqH4FLOAX9_YQ

有興趣的學生請於 2017 年 2 月 2 日或之前填妥網上報名表格

參與要求：中大學生

現正招募：
1) SEI Team 核心成員
2) STEM 開發人員
3) 義師

費用：全免

查詢：

Kimberly (6925 5181)
Eunis (6488 6496)
thesunnyteam.sei@gmail.com

3. Student Residency Bursary Scheme 2016/17  (for students who reside in hostel for the second term only)

To be eligible to apply for the CUHK Student Residence Bursary, applicants must:

(1) be local full-time undergraduate students;
(2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the semester;
(3) have an average monthly household income of roughly less than $20,000 (during 1st Apr 2015 to 31st Mar 2016); and
(4) not be able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than $1,000 per semester under the CCF hostel subsidy.

The value of bursary will be maximum $1,000 per term. Eligible students who live in hostel for the second term only should submit their online application via CUSIS from 9th January – 28th Feb 2017. Applicants are required to print out Section 8 of the online application form and submit together with supporting documents to the College Office on or before 28th Feb 2017. Students who reside in hostel for whole year and have submitted their applications in the first term need not submit their application again. For more details, please visit http://www.oafa.cuhk.edu.hk

For enquiries, please contact the Office of Admissions and Financial Aid at 3943 1898.

4. 網上心理健康計劃－《心遊》

(由香港中文大學心理學系舉辦)

簡介:
在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為自己既心理健康做些什麼？《心遊》是一個為期八至十個星期的網上心理健康研究計劃，目的旨在提升大家生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心遊這個旅程之中，我們會從旁輔助你。希望你在過程之中，學習、練習，以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

詳細內容：
i) 對象：18 歲以上，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。
ii) 《心遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。
iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。
iv) 為鼓勵參與，首 180 名完成課程及課後各階段評估的參加者，可獲得港幣 $100，最高合共 $300 的答謝金（答謝金將為現金或同等金額的現金劵）。答謝金將於會面評估後派發。

有興趣參加的人士，可於網上登記（http://www.psy.cuhk.edu.hk/tourheart/），並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估，以確定符合參加條件。
如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 swywong@psy.cuhk.edu.hk。

5. ACU Summer School 2017 - Environmental Humanities

The Association of Commonwealth Universities (ACU) will organize its annual summer school at Bath Spa University, UK this August on the theme of “Environmental Humanities”. Students from across the Association (CUHK is a member) will come together for a week to explore the way environmental change is reflected in the arts and humanities, and examine interrelationships between humans and other living beings, and between cultural practices and environmental problems. They will work on the creation and depiction of environmental narratives through history, art, music, heritage, literature, and tourism. In addition, they will have the opportunity to visit historic sites of Bath, Oxford, and Avebury.

The programme is open to final year undergraduates (who should have started their final year) and current postgraduates (master’s and PhD). The registration fee is £350 and subsidies are available from ACU. Applications are now open and will close on 15 February 2017.

For more information, please refer to www.acu.ac.uk/events/commonwealth-summer-school/commonwealth-summer-school-2017

Every year, the Hong Kong Management Association organizes a Seminar on “The Way to Become a Top Trainer” jointly with Recruit Magazine. Many distinguished guest speakers were invited from various renowned companies to share their successful experience in training and development.

The activity details are as follows:

**Date:** Friday, 17 February 2017

**Time:** 3:00 pm – 5:00 pm

**Venue:** CYMA Charity Fund Management Development Centre

Room 201 2/F PICO Tower

66 Gloucester Road

Wanchai, HONG KONG

**Language:** Cantonese

**Speakers of Seminar on “The Way to Become a Top Trainer”:**

- Mrs Claudia Hodges, Director of Agency Training, Agency Administration, Prudential Hong Kong Limited;
- Mr Collin Lam, Regional Director, Human Resources and Administration, Fantastic Natural Cosmetics Limited; and
- Mr Tolar Ng, Director, APAC Learning and Development, Ralph Lauren Asia Pacific Limited.

**10 complimentary seats** will be offered for our students. Interested students please complete application at [https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2656994](https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2656994) on or before 8th Feb, 2017.

Enquiries: Miss Jane Wu (3943-3934 / janewu@cuhk.edu.hk)

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**7. Rioja Group Scholarship 2016/17**

Rioja Group Limited will offer two creativity awards to encourage students to think out of the box and turn ideas into execution. One award of HK$6,000 and one award for HK$4,000 will be offered.

**Eligibility and Selection Criteria**

- Applicants must be full-time Year 2 or above undergraduate students of any discipline.
- Applicants must be demonstrate creativity in the fields of humanities or natural science.
- Only individual project in creativity will be eligible.

**Application Procedures**

- Interested students can download an application from the Office of Admissions and Financial Aid (OAFA) at [http://www.oafa.cuhk.edu.hk](http://www.oafa.cuhk.edu.hk) (Scholarships & Financial Aid > Open for Application)

- Completed application form together with all requisite documents should be submitted IN PERSON to the Scholarships and Financial Aid Section, OAFA, Room 1202, 12/F, YIA during office hours on or before 15th Feb 2017.