Mentorship Programme 2015-16 – Open for Application

Explore your future in Mentorship Programme!

Whether you are in search of personal goals or career path, sharpening your people skills and self-initiative are essential for your lifelong journey.

Mentorship Programme gathered distinguished professionals from diversified fields as mentors, who will guide you through your difficulties and aspirations with their stories of successes and challenges. A wide array of exposure and experiences about workplace, family, interpersonal relationship and even dreams are within your grasp!

Programme Details
Period: Jan 2016 to Dec 2017
Model: Group-to-group Mentor-mentee Model
Eligibility: WYS Year 2 & 3 students (Priority will be given to Year 2 students)
Details: http://www.wys.cuhk.edu.hk/pg/mentor
Mandatory Events:
Mentee Briefing: 15th Jan, 2016, 12:30pm
Mentorship Gathering – “Meet Your Mentor”: 5th Mar, 2016, 3:00pm

Enquiries: Miss Sonia Yu (3943-3937/ soniayu@cuhk.edu.hk)

2. Health Conference supported by the College – Open for registration
Wu Yee Sun College proudly serves as one of the Associate Organizations for The College of Professional and Continuing Education (CPCE) Health Conference to be held on Monday, 11th Jan 2016. CPCE of The Hong Kong Polytechnic University is commissioned to organize this Conference with the aim to share scholarly work pertinent to aging, health and long term care. It also takes the opportunity to promote interdisciplinary education and research on the topics. Dr. Wing-man Ko (高永文醫生), Secretary for Food and Health (食物及衞生局局長), will be the officiating guest of the conference.

Registration and details: http://healthconf2016.cpce-polyu.edu.hk/
Enquiries: healthconf2016@cpce-polyu.edu.hk

On top of the Conference, there will be a Workshop entitled The Continuum of Care – How Yee Hong serves the changing needs of the Chinese seniors in Canada on Tuesday, 12th Jan 2016 from 10:30am to 12:30pm at Lecture Hall UG05, PolyU Hung Hom Bay Campus. Please click here for details of the Workshop.

Registration: yffong@speed-polyu.edu.hk via Dr. Ben Fong

3. Herbs: A New Idea for Cooking! 香草新煮意
Are you interested in cooking? Is it difficult to add flavour to your dishes without salt or fat? Here comes a simple solution: herbs!

Green Team has prepared different types of herbs which can be found in the hostel common room of every floor. Herbs provided can be cooked with meat, seafood, and you could use it in making dessert! You are welcome to take a couple of the herbal leaves to spice up your dishes more healthily. If you don’t have any ideas regarding the ways of cooking, don’t worry! Recipes are provided for your reference in common rooms, and you could be a cook right away if you scan the QR code and follow the steps in the menu. Enjoy the herbs!

4. Fitness Consultation Sessions 健身訓練諮詢
If you want to keep fit or build up your body, join us in the College’s Gymnasium! Fitness consultation sessions are NOW available. You can seek instructors’ advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 8th Sep – 5th Dec (Every Tuesday & Thursday, except Public Holidays)
Time: Tuesday, 7:00pm-9:00pm
Thursday, 6:00pm-8:00pm
Venue: Gymnasium
Instructor:
Ms. Ka-cheuk Leung (Tuesday)
Mr. Tsun-sing Wong (Thursday)
Target: Wu Yee Sun students and staff (no prior application is required)
Enquiries: Miss Rainbow Luk (rainbowluk@cuhk.edu.hk / 3943 3942)
1. **Opening Hours of College Catering Outlets at Winter Solstice and Christmas**

   Opening hours of all catering outlets at Wu Yee Sun College at Winter Solstice and Christmas are as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, 22nd Dec 2015</td>
<td>8:00 am - 5:00 pm</td>
</tr>
<tr>
<td>Friday to Sunday, 25th – 27th Dec 2015</td>
<td>Closed</td>
</tr>
</tbody>
</table>

2. **Complimentary Fruit at College Student Canteen**

   To show their support to students during the examination period, the caterer will offer complimentary fruit to Wu Yee Sun College students who purchase any meal (drinks excluded) from 9 to 23 December 2015 (Monday to Friday; Dinner session only) at the Wu Yee Sun College Student Canteen. Please present your CU Link Card as verification. Offers limited to 40 fruits per day and first-come-first-served.

3. **Extended Opening Hours of Study Room during Examination Period**

   The College Study Room (Room 117, 1/F, West Block) will be open to College students 24 hours a day during the examination period (now until 23rd Dec). Please access the room with your CU Link Card.

4. **College Photo Day for Graduating Students**

   The College Photo Day for Graduating Students has been scheduled for 1 April 2016 (Friday). More information regarding the date and venue for collecting and returning gown will be announced shortly.

   For enquiries, please contact Miss Yolinda Wong at yolindawong@cuhk.edu.hk / 3943 3932.

5. **“Meet the Dean” Hours & Lunch Gathering**

   “Meet the Dean” Hours & Lunch hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication, will be closed during exam period and winter break. The events will resume next semester with further notice. Any students who wish to meet Professor Lee may email Miss Sonia Yu (soniayu@cuhk.edu.hk) or Miss Zalon Wong (zalonwong@cuhk.edu.hk) for arrangement. All the best for examination!

6. **Reaching Out Award 2015/16 - Now open for application**

   Wu Yee Sun College full-time undergraduate students are now invited to apply for the Reaching Out Award 2015/16 (ROA) offered by the HKSAR Government. The award, in the amount of HK$10,000 for each successful applicant, aims to support students in participating in events/competitions (e.g. conferences/forums/workshops/seminars/training camps/competitions/service projects etc.), internships or placements (credit-bearing/non-credit bearing), field/study trips or courses (e.g. foreign language immersion programmes/academic exchange programmes etc.) which are conducted outside Hong Kong in 2015/16 academic year (1st Sep 2015 – 31st Aug 2016).

   Learn more about the Selection Criteria and supporting documents required at [http://www.wys.cuhk.edu.hk/sl/scholarships/Reaching-Out-Award](http://www.wys.cuhk.edu.hk/sl/scholarships/Reaching-Out-Award)

   Application Deadline: Monday, 15th Feb 2016

   Enquiries: Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932) or Miss Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936)

7. **WYS’s got TALENTS?**

   Are you interested in or excellent at photography, video-production, art & design, simultaneous interpretation or being the Master of Ceremonies? Or do you have any other talents to showcase? The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly…etc. Registered students may be invited to assist in different occasions. Don’t hide your talents, shine in the College!
P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=62434

8. Creativity Laboratory - Equipment Available On Loan 創意實驗室器材借用

Check out the Creativity Laboratory (c!ab) website - https://clab.wys.cuhk.edu.hk/ now to learn more about the creative ideas that have been generated by our College students. You are also welcome to post your innovative ideas and invite other College students to form teams to realize your dream. A list of equipment including iMac, DSLR camera, video camera, lighting equipment, sewing machine, and oven are also available on loan to facilitate your creative work. Simply login to c!ab official website then click “Booking” on the top right hand corner for equipment reservation.

For first-time login, please click “Login”, then click “Forgot password”, input your CUHK webmail address (XXXXXXXXXX@link.cuhk.edu.hk). The system will then automatically email a new password to you.

Don’t forget to like c!ab Facebook page a WYS lab CUHK, for the latest updates!

Questions? Contact Mr. Kan Poon (kanpoon@cuhk.edu.hk / 3943 9767) or Mr. Johnny Wong (johnnywong@cuhk.edu.hk / 3943 3989)

9. Establishment of a social networking association

A year four College student is looking for College-mates interested in forming a social networking association. Below are more details of the idea.

Theme: social networking

Goal: Provide a formal platform for senior students to make contact with people from other disciplines in the university.

Activity: Regular meetings targeting senior students will be held every month with different themes but the same goal that is social networking. Participants put into groups to get along with people from different fields. The meetings can be wine tasting, manner workshop, or jewelry appreciation etc. The main point is letting the students socialize, in a mature and formal way for the preparation of their future career.

If you wish to know more about the team or interested in joining as a committee, please feel free to contact me (Moniz Chan) at 9093 1015 (Whatsapps are welcomed).

1. Sunny Passion Programme

Make a Difference! Unleash your creativity for positive social impact!

Sunny Passion Programme is calling for proposals on whatever ideas which echo the core values of the College: Creativity, Entrepreneurship and Social Responsibility.

Any wild ideas and preliminary thoughts are welcome!!! Brainstorming session will be organized to let you receive feedback from fellow
teams and College students, and polish the ideas before submitting proposals!

- **Eligibility**
  All WYS students can apply individually or in group
  (A group MUST comprise of 50% WYS students and the other 50% may be students from other colleges.)

- **Award**
  Gold Award - $10,000
  Silver Award - $6,000
  Bronze Award - $4,000

- **Guidelines & Application**
  Click [HERE](#) (Application Deadline: 22nd Jan, 2016)

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

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2. **Global Academic Exposure Award Scheme (Summer Round)** 寰宇學術探索計劃 (夏季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Academic Exposure Award. The maximum award amount varies for programmes of different length and nature.

<table>
<thead>
<tr>
<th>Programme Length</th>
<th>Programme nature</th>
<th>Maximum Award amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short-term</td>
<td>Self-initiated programmes</td>
<td>HK$8,000 or 100% of particular items (whichever is lower)</td>
</tr>
<tr>
<td></td>
<td>*Participating in organized programmes</td>
<td>HK$8,000 or 80% of particular items (whichever is lower)</td>
</tr>
<tr>
<td>Long-term</td>
<td>Self-initiated programmes</td>
<td>HK$15,000 or 100% of particular items (whichever is lower)</td>
</tr>
<tr>
<td></td>
<td>*Participating in organized programmes</td>
<td></td>
</tr>
</tbody>
</table>

*Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents.

<table>
<thead>
<tr>
<th>Round</th>
<th>Applying for trips taken during (for trips overlapping both rounds, first date of the trip shall determine the application period)</th>
<th>Application period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter</td>
<td>Nov 1 – Apr 30</td>
<td>May 1 – Oct 31</td>
</tr>
<tr>
<td>Summer</td>
<td>May 1 – Oct 31</td>
<td>Nov 1 – Apr 30</td>
</tr>
</tbody>
</table>

*Application documents shall be submitted to DOS Office by the last working day within the application period.

Contact Miss Zalon Wong (3943 3935 / zalonwong@cuhk.edu.hk) now if you have any ideas in mind.

Know more about the details and apply [here](#)!

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3. **Be Entrepreneurial! Funding Scheme** 創出我天地！資助計劃

Life begins at the end of your comfort zone!

A SMALL change can make a BIG difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply for Be Entrepreneurial! Scheme.

To provide more support to students, the maximum funding amount has been raised to $20,000!!!
Maximum Funding Amount: HK$20,000

Eligibility

- All WYS undergraduate students
- Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
- Applications are welcome all year round.

What are you waiting for? Click HERE to find out more information!

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

4. Sports for Life Award Scheme

Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College’s sports activities and exercising regularly for a healthy life. Students can earn award point(s) for participating in College’s sports activities and gain prizes!

Stay tuned for more upcoming sports activities!

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

5. Service-learning Project Funding Scheme

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College’s Service-learning project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the website for more info.

Enquiries: Miss Zalon Wong (3943 3935 / zalonwong@cuhk.edu.hk)

6. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students.

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK$100 subsidy for the activity.

For more info, please visit: http://www.wys.cuhk.edu.hk/index.php/zh/news-a-events/news/439-mingle-fund-english-only-

For enquiries, please contact Miss Zalon Wong (zalonwong@cuhk.edu.hk or 3943 3935).

1. CUHK Jockey Club Initiative Gaia Green Ambassador Scheme 2015/16

You are invited to a unique opportunity to open a new vista of knowledge and broaden your horizon.

The Green Ambassador Scheme of the Jockey Club Museum of Climate Change (MoCC) offers you an excellent learning opportunity and career-enhancing experience. The first of its kind in the world, the MoCC has the mission to keep students, teachers, and the community-at-large aware of the latest developments in climate change, environmental conservation and sustainability by interactive and multimedia means.
To help promote green living on campus, the MoCC is now looking for a selected number of committed Wu Yee Sun College students to join the Green Ambassador Scheme, which runs from January to August 2016. It is not necessary to be an expert in environmental issues in order to be a Green Ambassador; anyone who is interested in “greening” his or her college life, and is enthusiastic about museum work as well as guiding visitors around the campus is welcome to apply.

Online application (Deadline at 5:00pm on 28 December 2015): https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1249855


Enquiries: Miss Yoyo Chiu (Tel: 3943 9632; Email: yoyochiu@cuhk.edu.hk)

2. The Hong Kong Jockey Club Scholarships – Graduate Scholarship at the University of Oxford 2016/17

Three Scholarships for up to three academic years will be awarded for full-time graduate studies at the University of Oxford in any discipline.

The scholarship will provide in full the tuition and college fee, and a maintenance grant commensurate to the national minimum doctoral stipend of the UK Research Councils, which shall reflect the average living costs figure for all graduate students, up to a maximum amount per Scholar of GBP 75,254 per year for three academic years.

For more information about eligibility, please visit the website of the University of Oxford:
http://www.ox.ac.uk/admissions/graduate/fees-and-funding/fees-funding-and-scholarship-search/scholarships-1#hkjc

3. Innovation and Technology Scholarship Award Scheme 2016

The Innovation and Technology Scholarship Award Scheme (the Scheme) aims to provide recognition to outstanding undergraduates in universities in Hong Kong as well as opportunities to widen their international/Mainland exposure and gain industry experience. Twenty-five science undergraduates, to be nominated by the six local universities and selected by an Awardee Selection Committee of the Scheme, will each be awarded a scholarship of up to HK$150,000. The Scheme comprises the following components:

(a) Financial support for Overseas/Mainland Attachment Programme(s) between 1 June 2016 and 30 June 2017 (at least one of the attachment programmes must be longer than three weeks)
(b) Mentorship Programme
(c) Service Project Programme
(d) Local Internship Programme (optional)

Eligibility and Selection Criteria

The Scheme is open to full-time, non-final-year undergraduates who meet the following criteria:
- Hong Kong Permanent Residents with the right of abode in Hong Kong.
- Students majoring in the University Grants Committee-funded programmes offered by the Faculty of Engineering, Medicine or Science.
- Preferably cumulative GPA of 3.3 (or equivalent) or above.
- A minimum total TOEFL score of 90 (Internet-based test) with scores for individual sections not lower than 21 on reading, 22 on listening, 21 on speaking, and 17 on writing; or a minimum IELTS (Academic Test) overall band score of 6.5, with no component below 6.0. All tests must have been taken on or after 20th February 2014.
- Have passion in innovation and technology, and intention of pursuing this as a career.
- Well-rounded, have participated in extra-curricular and/or community service activities.
- Able to demonstrate commitment to Hong Kong.
- Possesses good communication skills.
- Have not received an award under this Scheme.

Application Procedures
2. Applications must be sent to the Office of Admission on or before 18th January 2016.
3. For enquiries, please contact OAFA at 3943 7204 or sfas@cuhk.edu.hk